



ASSOCIATION *for* APPLIED
SPORTPSYCHOLOGY SM



30th ANNUAL CONFERENCE
October 14–17

JW Marriott Indianapolis
Indianapolis, Indiana, USA

2015 Conference
Schedule-at-a-Glance



FULL CONFERENCE SCHEDULE

TUESDAY, OCTOBER 13, 2015

10:00 am – 5:00 pm 204/205

Professional Ethics and Standards in Sport and Exercise Psychology

*Ed Etzel**, West Virginia University, USA
Open to Course Enrollees Only

6:00 pm – 9:00 pm 101

**CE WORKSHOP: What’s Your “Thing”?:
Developing a Unique Value Proposition,
Brand, and Performance Model for your
Consulting Business**

*Jim Taylor**, Dr. Jim Taylor, USA
Pre-Registration Required

WEDNESDAY, OCTOBER 14, 2015

9:00 am – 12:00 pm 101

**CE WORKSHOP (continued): What’s
Your “Thing”?:
Developing a Unique Value
Proposition, Brand, and Performance Model
for your Consulting Business**

*Jim Taylor**, Dr. Jim Taylor USA
Pre-Registration Required

9:00 am – 12:00 pm 102

**WORKSHOP: Marketing Communications
(co-sponsored by Media in Sport SIG)**

*Betty Weibel**, Yopko Penhallurick Public
Relations, USA; *Michelle Kerulis**, Adler
University, USA
Pre-Registration Required

9:00 am – 4:00 pm 203

**CE WORKSHOP: Prevention & Treatment for
Sexual, Dating & Domestic Violence in
Athlete Populations**

*Mitch Abrams**, Learned Excellence for Athletes,
USA
Pre-Registration Required

9:00 am – 12:00 pm 204/205

**Professional Ethics and Standards in Sport
and Exercise Psychology**

*Ed Etzel**, West Virginia University, USA
Open to Course Enrollees Only

* Denotes Presenters

1:00 pm

AASP CONFERENCE BEGINS



1:00 pm - 2:00 pm 103/104

**WKSP-01: Multimedia Approaches to
Pedagogy: Enhancing the Student
Experience through Media**

*Noah Gentner**, Humber College, Canada;
*Ashwin Patel**, Humber College, Canada

1:00 pm - 2:00 pm White River AB

**PAN-01: Multiculturalism in Sport Psychology
Consulting: Issues and Challenges**

*Alexander Yu**, University of North Texas, USA;
*Thomas Nguyen**, University of North Texas, USA;
*Wendy Borlabi**, Acumen Performance Group,
USA; *Chris Carr**, St. Vincent Sports
Performance, USA; *Elena Estanol**, Synapse
Counseling LLC, USA; *Nohelani Lawrence**,
University of Southern California, USA;
*Trent Petrie**, University of North Texas, USA

1:00 pm - 2:00 pm White River CD

LEC-01: Clinical Issues

**LEC-01A: Risk of Exercise Addiction in
Recreational and Competitive Runners**

*Jason Grindstaff**, Cumberland University, USA;
Duncan Simpson, Barry University, USA; *Greg
Young*, James Madison University, USA

**LEC-01B: The Mediating Role of Identity
on the Relationship between Inattention
and Academic Service Use in NCAA
Student-Athletes**

*Jeffrey Pauline**, Syracuse University, USA;
Kevin Antshel, Syracuse University, USA;
Laura Vanderdrift, Syracuse University, USA

**LEC-01C: The Influence of Collegiate
Softball Coaches on the Alcohol Use of
their Athletes**

*Graig Chow**, Florida State University, USA;
Michelle Pitts, University of Nevada, Las Vegas,
USA; *Yanyun Yang*, Florida State University,
USA

1:00 pm - 2:00 pm

White River GH

LEC-02: Consulting/Private Practice**LEC-02A: Teaming Up: A Collaborative Consulting Model for Working with Small Universities**

Aimee Kimball*, KPEX Consulting, USA;
Samantha Monda, Robert Morris University, USA

LEC-02B: Do titles matter in sport psychology? Performer attitudes toward professional titles and the effect of a brief intervention

Chris Harwood*, Loughborough University, UK;
Toby Woolway, Loughborough University, UK

LEC-02C: Bottom-Up, Top-Down, and Culturally Relevant: Gaining Entry for Sport Psychology Service Delivery

Amber Lattner*, University of Missouri, USA

1:00 pm - 2:00 pm

White River IJ

PAN-02: Passing on the Torch: Intergenerational Perspectives on Sport Psychology Supervision

Angela Breitmeyer*, Midwestern University, USA;
Bart Lerner*, West Coast University, USA;
Jack Watson II*, West Virginia University, USA;
Ed Etzel*, West Virginia University, USA;
Stephanie Hatch*, Midwestern University, USA

2:15 pm - 3:30 pm

101/102

WKSP-03: Passport to recovery: Helping student athletes surmount injury

Mark Cole*, Western Illinois University, USA

2:15 pm - 3:30 pm

103/104

WKSP-04: Collaborative Approaches in Sport Psychology Work with Teams: Privileging Athlete Voices

Andrew Vincent*, Springfield College, USA;
Julia Rizzo*, Springfield College, USA;
Stephanie Jarosik*, Salisbury University, USA;
Andrew Toce*, Springfield College, USA

2:15 pm - 3:30 pm

201/202

SYM-01: Career Paths for Young Professionals: Engaging in Applied Sport Psychology Post-Graduation

Samantha Monda*, Robert Morris University, USA;
Sean Fitzpatrick*, John F. Kennedy University, USA;
Trey McCalla*, USA;
Chelsea Wooding*, Expression Dance Studio, USA

Discussant: Jack Watson II

2:15 pm - 3:30 pm

White River AB

SYM-02: "So What's It Like Being a Girl?" Experiences of Female Consultants Who are Thriving Working with Male Teams

Cindra Kamphoff*, Minnesota State University, USA;
Cecilia Clark*, Cleveland Indians, USA;
Angela Fifer*, USA Military Academy, USA

2:15 pm - 3:30 pm

White River CD

SYM-03: Application of Mindfulness in a Range of Sport & Exercise Settings: Dancers, Athletes to a Positive Youth Development Setting

Amy Baltzell*, Boston University, USA;
Jessyca Arthur-Cameselle*, Manhattanville College, USA;
Greg Cartin*, GC3 Performance Consulting, USA;
John McCarthy*, Boston University, USA;
Dejan Stankovic*, Boston University, USA

2:15 pm - 3:30 pm

White River GH

WKSP-02: Teach your athlete well: Development and delivery of a parent workshop

Vanessa Shannon*, IMG Academy, USA;
Michael Lewis, IMG Academy, USA;
Taryn Morgan*, IMG Academy, USA;
David Hesse, IMG Academy, USA;
Christian Smith, IMG Academy, USA;
David da Silva, IMG Academy, Athletic & Personal Development, USA;
Angus Mugford*, IMG Performance, USA;
DJ Andreoli, , USA;
Lindsey Hamilton, IMG Academy, USA

2:15 pm - 3:30 pm

White River IJ

LEC-03: Social and Cultural Diversity

LEC-03A: The Experience of Minority Female Coaches within Intercollegiate Athletic Departments

Nohelani Lawrence, University of Southern California, USA*

LEC-03B: Association Between Activist and Athletic Identities

Erica Beachy, Springfield College, USA; Britton Brewer, Springfield College, USA; Judy Van Raalte, Springfield College, USA*

LEC-03C: Using a MG-M Imagery Intervention to Enhance the Sport Competence of Young Special Olympics Athletes

Kelley Catenacci, Georgia Southern University/ Evert Tennis Academy, USA; Brandonn Harris, Georgia Southern University, USA; Jody Langdon, Georgia Southern University, USA; Melinda Scott, Georgia Southern University, USA; Daniel Czech, Georgia Southern University, USA*

LEC-03D: High School Coaches' Perceptions of Efficacy to Work with Gay, Lesbian, and Bisexual Athletes

Meghan Halbrook-Galloway, West Virginia University, USA; Jack Watson II, West Virginia University, USA*

3:45 pm - 5:00 pm

101/102

SYM-04: The Experience of Burnout in Sport: Perspectives from North American and European Athletes and Coaches

Natalie Durand-Bush, University of Ottawa, Canada; Marte Bentzen*, Norwegian School of Sport Sciences, Norway; Kylie McNeill, University of Ottawa, Canada; Gro Jordalen*, Norwegian School of Sport Sciences, Norway; Goran Kentta*, The Swedish School of Sport and Health Science, Sweden; Nicole Dubuc-Charbonneau*, University of Ottawa, Canada; Pierre-Nicolas Lemyre, Norwegian Research Center for Training and Performance in Youth Sports, Norges Idrettshogskole, Norway; Kristen Dieffenbach, West Virginia University, USA; Tammy Sheehy, West Virginia University, USA; Peter Olusoga, Sheffield Hallam University, UK*
Discussant: Thomas Raedeke

3:45 pm - 5:00 pm

103/104

WKSP-07: First steps: A hands-on guide to establishing a successful psyching team

Jasmin Hutchinson, Springfield College, USA; Dolores Christensen*, Springfield College, USA; Erica Beachy*, Springfield College, USA; Britton Brewer, Springfield College, USA*

3:45 pm - 5:00 pm

201/202

LEC-05: Exercise and Health Behaviors

LEC-05A: Physical Activity Helps Prevent Cognitive Decline: How to Tackle the Challenge of Inactivity in Older Adults?

Matthew Thomas, IU Health Goshen Hospital, USA; Selen Razon, Ball State University, USA; Leonard Kaminsky, Ball State University, USA; Jocelyn Bolin, Ball State University, USA*

LEC-05B: Identity Perceptions of Adult Recreational Sport/Physical Activity Competitors

*Kimberly Hurley**

LEC-05C: Stoking the Flames of Wellness: An Exploration of Factors that Influence West Virginia Firefighters' Health Behaviors

Chelsea Wooding, Expression Dance Studio, USA; Sam Zizzi, West Virginia University, USA; Malayna Bernstein, West Virginia University, USA*

LEC-05D: High School Athletes' Perceptions of Their Sport Team Climate and Their Willingness to Report Concussion Symptoms

Theresa Brown, University of Kansas, USA; Mary Fry, University of Kansas, USA; Mike Breske, University of Kansas, USA; Susumu Iwasaki, University of Kansas, USA; Todd Wilkinson, University of Wisconsin - River Falls, USA*

3:45 pm - 5:00 pm

White River AB

PAN-03: Reaching beyond sport: Training graduate students to work with performance populations

Jamie Shapiro, University of Denver, USA; Steve Portenga*, iPerformance Psychology, USA; Ashley Anderson-Corn*, GUTS Coaching Services, LLC, USA; Scotty Hanley*, University of Denver, USA; Kate F. Hays*, The Performing Edge, Canada*

3:45 pm - 5:00 pm

White River CD

LEC-04: Mental Training/Interventions

LEC-04A: Mindfulness and Performance Enhancement: Where do we stand? A Systematic Review of the Literature

Kathryn Longshore, Temple University, USA;*
Ryan Sappington, Temple University, USA*

LEC-04B: Mental Toughness: Issues, Applications and Future Directions

Robert Weinberg, Miami University, USA;*
Valeria Freysinger, Miami University -Ohio, USA;
Kathleen Mellano, Miami University-Ohio, USA;
Elizabeth Brookhouse, Miami University -Ohio, USA

LEC-04C: The Effectiveness of a Mental Toughness Training Program with High School Boys' Basketball Players

Robert Harmison, James Madison University, USA;
Richard Erik Inglis, James Madison University, USA;*
Chris Hulleman, University of Virginia, USA;
Monica Erbacher, James Madison University, USA;
Kelly Foelber, James Madison University, USA

LEC-04D: The Evaluation of a Season-Long Organizational Stress Management Intervention in Professional Sport

James Rumbold, Sheffield Hallam University, UK;*
David Fletcher, Loughborough University, UK;
Kevin Daniels, University of East Anglia, UK

3:45 pm - 5:00 pm White River GH

WKSP-05: You Need More Than a Toolbox: A Neurological Framework for Optimizing Performance Consultation

Charles Brown, Get Your Head In The Game, USA*

3:45 pm - 5:00 pm

White River IJ

WKSP-06: I Don't See Color. Where Are you Really From Though? Power, Privilege, and Microaggressions in Sport

Thomas Nguyen, University of North Texas, USA;*
Alexander Yu, University of North Texas, USA*

4:15 pm - 4:45 pm

204

Student Volunteer Training

4:30 pm - 5:15 pm

Griffin Hall

New Member Meet & Greet

5:30 pm - 7:00 pm

White River EF

Welcome:

Robert Schinke, Laurentian University, Canada

Conference Overview:

Jon Metzler, SAIC/CSF2, USA

COLEMAN GRIFFITH LECTURE

Past Present, and Future: Reflections from a Counseling Sport Psychologist

Chris Carr, St. Vincent Sports Performance, USA

7:00 pm - 9:00 pm

Griffin Hall

Opening Reception

THURSDAY, OCTOBER 15, 2015

7:00 am - 8:00 am

Grand Ballroom 3-4

CC-AASP Breakfast

(by invitation only)

8:15 am - 9:30 am

101/102

SYM-06: Program Evaluation: a Scientific Approach to Assessing and Building Capacity with Sport Communities and Athletes

Jedediah Blanton, Minnesota State University, Mankato, USA;*
Andrew Driska, Michigan State University, USA;*
Andrew Mac Intosh, Michigan State University, USA*

Discussant: Larry Lauer

8:15 am - 9:30 am

103/104

WKSP-08: Counseling on the Move: Applying your counseling skills in a physical activity-based youth development program

John McCarthy, Boston University, USA;*
Val Altieri, Boston University, USA;*
Jacob Cooper, Boston University, USA*

8:15 am - 9:30 am

201/202

LEC-06: Exercise and Health Behaviors

LEC-06A: Perceived instructor support in a group physical activity program for people with Parkinson's Disease

*Tammy Sheehy**, West Virginia University, USA;
Meghan McDonough, Purdue University, USA;
Elizabeth Zauber, Indiana University School of Medicine, USA

LEC-06B: Step it Up! Use of encouragement in a pedometer intervention

*Theresa Brown**, University of Kansas, USA

LEC-06C: Effects of a Peer-Supported Physical Activity Program on College Students with Mood Disorders

*Linda Keeler**, Western Washington University, USA; *Brook Skidmore*, Western Washington University, USA

LEC-06D: Middle School Athletes' Perceptions of Their Sport Team Climate and Their Willingness to Report Concussion Symptoms

*Mary Fry**, University of Kansas, USA;
Theresa Brown, University of Kansas, USA;
Susumu Iwasaki, University of Kansas, USA;
Michael Breske, University of Kansas, USA;
Todd Wilkinson, University of Wisconsin - River Falls, USA

8:15 am - 9:30 am

White River AB

SYM-05: Treating Athletes with Addiction

*LaTisha Bader**, Center for Dependency, Addition and Rehabilitation (CeDAR), USA;
*Harlan Austin**, University of Colorado Hospital CeDAR, USA; *Nick Edwards*, Center for Dependency, Addiction, and Rehabilitation, USA

8:15 am - 9:30 am

White River CD

Nuts and Bolts of Becoming a CC-AASP

*Taryn Morgan**, IMG Academy, USA;
*Doug Hanks**, Auburn University, USA

8:15 am - 9:30 am

Grand Ballroom 3-4

Case Studies for CC-AASP: Opportunities for Peer Consultation

*Kristen Dieffenbach**, West Virginia University, USA; *Lois Butcher-Poffley**, Temple University, USA

9:30 am - 4:00 pm

White River Foyer

Exhibits Open

9:45 am - 11:00 am

White River EF

KEYNOTE SESSION

Mind, Body & Sport: Understanding and Supporting Student-Athlete Mental Wellness

John Parsons, NCAA Sport Science Institute, USA;
Mary Wilfert, NCAA Sport Science Institute, USA

Post-Presentation Panel:

Shannon Baird, CSF2, USA;
Ian Connole, K-State Athletics, USA;
Kristen Dieffenbach, West Virginia University, USA;
Scott Goldman, University of Michigan, USA

11:30 am - 12:30 pm

101/102

WKSP-09: Developing A Community Consulting Program within a University Setting

*Megan Byrd**, West Virginia University, USA;
*Ashley Coker-Cranney**, West Virginia University, USA; *Leigh Bryant**, West Virginia University, USA;
*Michael Berrebi**, West Virginia University, USA

11:30 am - 12:30 pm

201/202

WKSP-10: Mindless Mindfulness: Using Mindfulness Practices to Help Athletes Experiencing Extreme Performance Anxiety

*Jacob Jensen**, California State University-Northridge, USA; *Ashley Samson**, California State University, Northridge, USA

11:30 am - 12:30 pm

White River AB

Wellness Issues in the Performing Arts - The Athletes and the Arts Initiative

*Jim Whitehead**, American College of Sports Medicine, USA; *Alyssa McPherson**, Indiana University, USA; *David Murray**, Butler University, USA

*Moderator: Kate F. Hays**, The Performing Edge, Canada

11:30 am - 12:30 pm

White River CD

PAN-04: Under the Microscope: Consulting with Collegiate Teams Undergoing University or NCAA Investigation

*Jennifer Schumacher**, California State University, Fullerton, USA; *Eric Bean**, Strong Mind, USA; *Kenneth Ravizza**, California State University, Fullerton, USA; *David Yukelson**, Penn State University, USA

11:30 am - 12:30 pm

White River GH

PAN-05: Mental health in elite sport: Managing the risks for athletes, coaches and practitioners

*Tadhg MacIntyre**, University of Limerick, Ireland; *Britton Brewer**, Springfield College, USA; *Judy van Raalte**, Springfield College, USA; *Deirdre O'Shea**, University of Limerick, Ireland; *Charlie Brown**, Head in the Game Consultants, USA

11:30 am - 12:30 pm

White River IJ

LEC-07: Professional Issues and Ethics**LEC-07A: High School Coaches' Perceptions of Sport Psychology Consulting: Barriers and Future Directions**

*Jessica Ford**, Ithaca College, USA; *Sydney Masters*, Ithaca College, USA; *Justine Vosloo*, Ithaca College, USA; *Miranda Kaye*, Ithaca College, USA

LEC-07B: The implementation of a season-long athlete leadership development intervention: An examination of enhancing human and social capital

*Ashley Duguay**, University of Windsor, Canada; *Todd Loughhead*, University of Windsor, Canada; *Krista Munroe-Chandler*, University of Windsor, Canada

LEC-07C: Elite sport coaches' engagement with sport psychology services

*Lee-Ann Sharp**, University of Ulster, UK; *Ken Hodge*, University of Otago, New Zealand

12:30 pm - 1:30 pm

Committee Meetings

See page 21 for schedule and room assignments.

12:30 pm - 2:00 pm

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Past Presidents Luncheon

1:30 pm - 2:15 pm

Special Interest Group (SIG) Meetings

See page 15 for schedule and room assignments.

2:30 pm - 3:45 pm

101/102

SYM-08: Life skill development through sport in Wales

*Rich Neil**, Cardiff Metropolitan University, UK; *Hamish Cox**, Cardiff Metropolitan University, UK; *Ceri Bowley*, Cardiff Metropolitan University, UK; *Charlotte Williams*, Cardiff Metropolitan University, UK; *Toby Nichols*, Cardiff Metropolitan University, UK; *Brendan Copley*, Cardiff Metropolitan University, UK; *Jon Oliver*, Cardiff Metropolitan University, UK; *Tim Woodman*, Bangor University, UK; *Ian Mitchell*, Swansea City Football Club, UK

2:30 pm - 3:45 pm

103/104

LEC-08: Motivation and Self-Perceptions**LEC-08A: The relationship between the psychosocial climate and sport commitment in adolescent athletes: A multilevel analysis**

*Morgan Hall**, University of Utah, USA; *Aubrey Newland*, University of Utah, USA; *Andrea Stark*, University of Minnesota, USA; *Stephen Gonzalez*, Digital Consulting Services, Armstrong State University, USA; *Brian Baucom*, University of Utah, USA; *Maria Newton*, University of Utah, USA; *Leslie Podlog*, University of Utah, USA

LEC-08B: A Positive Psychosocial Intervention's Effect on College Women's Exercise Regulations and Social Physique Anxiety

*Ana Alvarez**, University of North Texas, USA; *E. Whitney Moore*, University of North Texas, USA

LEC-08C: Understanding Incarcerated Women's Motivation to Exercise

*Erica Tibbetts**, Temple University, USA; *Michael Sachs*, Temple University, USA

LEC-08D: The Relationship between Experience and Mental Toughness in Distance Runners

*Ashley Samson**, California State University, Northridge, USA; *Greg Young*, James Madison University, UK; *Duncan Simpson*, Barry University, USA

2:30 pm - 3:45 pm

201/202

WKSP-12: To compete or not to compete? The “How” is the question!

*Cristina Fink**, High Performance Sports, Philadelphia Union, USA; *Peter Haberl**, USOC, USA

2:30 pm - 3:45 pm

White River AB

Five Slides in Five Minutes Session: Best Practices in Consulting

*Sarah Castillo**, National University, USA; *Ceci Clark**, Cleveland Indians, USA; *Greg Dale**, Duke University, USA; *Andrea Faull**, University of Worcester, United Kingdom; *Jon Hammermeister**, Eastern Washington University, USA; *Justin Su’a**, Boston Red Sox; *Nicole Detling**, University of Utah, USA

2:30 pm - 3:45 pm

White River CD

SYM-07: Understanding the Changing Landscape for Lesbian, Bisexual, and Transgender Athletes in College Sport

*Vikki Krane**, Bowling Green State University, USA; *Mallory Mann**, BGSU, USA; *Heather Barber**, University of New Hampshire, USA

2:30 pm - 3:45 pm

White River GH

WKSP-11: Addressing Athletes’ Resistance to Mental Skills Training: A Workshop on Motivational Interviewing

*Jonathan Fader**, Union Square Practice, USA; *Ryan Sappington**, Temple University, USA

2:30 pm - 3:45 pm

White River IJ

Providing Sport Psychology Services in Professional Sport Settings (MLB, NBA, NFL): Perspectives, Programs, and Ethics

*Jack Lesyk**, Ohio Center for Sport Psychology, USA; *Sam Maniar**, Cleveland Browns, USA; *Charlie Maher**, Cleveland Indians, USA; *Brent Walker**, Columbia University, USA

4:00 pm – 5:30 pm

White River EF

Graduate Program & Internship Fair

5:30 pm – 7:00 pm

Griffin Hall

POSTER SESSION I

6:00 pm – 9:00 pm

101/102

CE WORKSHOP: From the Green Flag to the Checkered Flag: Periodization, Planning, and Plot for Performance Consulting

*Tami Eggleston**, McKendree University, USA
Pre-Registration Required

6:00 pm - 9:00 pm

103/104

CE WORKSHOP: Sport Advocacy: Speaking for the Greater Good in Sport

*John Heil**, Psychological Health Roanoke, USA; *Shirley Durtschi**, Mountain Minds Matter, USA
Pre-Registration Required

7:00 pm – 8:00 pm

White River AB

Focus Area Committees-Town Hall Meeting

7:00 pm – 8:00 pm

201/202

Student Open Meeting

8:00 pm – 10:00 pm

Indianapolis Colts Grille
10 W. Washington St.

Student Social

FRIDAY, OCTOBER 16, 2015

7:00 am – 8:00 am

Committee Meetings

See page 21 for schedule and room assignments.

8:00 am

White River State Park

5K Fun Run & Walk

Pre-Registration Required

8:15 am - 9:30 am

White River AB

WKSP-13: Multiply Your Efforts: Teaching Coaches to Consistently Integrate Mental Skills into Sport

*Susannah Knust**, Digital Consulting Services, USA; *Aaron Shaull**, Springfield College, USA; *Steven Cohen**, Comprehensive Soldier and Family Fitness (CSF2), USA; *Justin Foster**, CSF2 Training Center, USA; *Brian Hite**, Comprehensive Soldier and Family Fitness, USA; *Devin Bueker*, Comprehensive Soldier and Family Fitness (CSF2), USA; *Mitchell Weaver**, Digital Consulting Services, USA

8:15 am - 9:30 am

White River CD

WKSP-14: Learn by Doing: Motivation, Concentration and Composure Activities to Help Athletes Grow and Perform to their Highest Potential

Taryn Morgan*, IMG Academy, USA;
 David da Silva*, IMG Academy, Athletic & Personal Development, USA;
 Lindsey Hamilton, IMG Academy, USA;
 Michael Lewis*, IMG Academy, USA;
 Angus Mugford, IMG Performance, USA;
 Vanessa Shannon, IMG Academy, USA;
 David Hesse, IMG Academy, USA;
 Christian Smith, IMG Academy, USA;
 DJ Andreoli, IMG Academy, USA

8:15 am - 9:30 am

White River GH

LEC-09: Novel Applications (music, dance, military)**LEC-09A: Under the big top: An exploratory analysis of psychological factors influencing circus performers**

Alexandra Ross*, Front Range Community College, USA; Jamie Shapiro, University of Denver, USA

LEC-09B: Examining the program effectiveness of a mental skills training intervention with Army Basic Combat Training Soldiers

Aspen Summerlin*, Fort Jackson CSF2TC, USA;
 Scott Barnicle*, Comprehensive Soldier & Family Fitness @ Ft. Jackson, USA;
 Alexis DeVries, USA; John Evans, SOCEP, USA;
 Richard Harris, CSF2, USA;
 Treva Anderson, CSF2-TC, USA;
 Sarah Anderson, DCS / US Army, USA

LEC-09C: Applied Performance Psychology with Injured and Underperforming Army Basic Combat Training Soldiers: Understanding Engagement and Skill Application

Treva Anderson*, CSF2-TC, USA;
 Scott Barnicle, CSF2, USA;
 Sarah Anderson, DCS / US Army, USA;
 John Evans, SOCEP, USA

LEC-09D: Assessing psychological readiness and stress coping behaviors in U.S. Army Soldiers: Relationships with physical performance in hand-to-hand combat training

Peter Jensen*, Center for Enhanced Performance, USA; Michael Pickering, College of Health Sciences & Public Health - Eastern Washington University, USA; Ryan Hill, Department of Physical Education - US Military Academy, USA; Cameron Turner, Department of Physical Education - US Military Academy, USA; Daniel Lorenzen, Department of Physical Education - US Military Academy, USA

8:15 am - 9:30 am

White River IJ

LEC-10: Youth Sport**LEC-10A: Diagnostics of psychological characteristics in early adolescence: How much information do we gain with regard to talent's future success?**

Oliver Höner*, University of Tübingen, Institute of Sports Science, Department Sport Psychology and Research Methods, Germany; Philip Feichtinger, University of Tübingen, Institute of Sports Science, Department Sport Psychology and Research Methods, Germany; Florian Schultz, University of Tübingen, Institute of Sports Science, Department Sport Psychology and Research Methods, Germany

LEC-10B: Core beliefs in the mental toughness of sub-elite adolescent female hockey players

Stephen Walker*, University of the Free State, South Africa; Petrus Nel, University of the Free State, South Africa

LEC-10C: Child, parent, and coach experiences of stress in youth swimming

Francesca Hayward, Swansea University, Wales; Camilla Knight, Swansea University, UK; Stephen Mellalieu*, Swansea University, UK

LEC-10D: The FUN MAPS Pattern-Matched Across Sex, Age, and Competition Level: Gender and Developmental Assumptions Debunked

Amanda Visek*, The George Washington University, USA; Heather Manning, The George Washington University, USA; Avinash Chandran, The George Washington University, USA; Sara Achrati, Boston University, USA; Lauren Beckley, The George Washington University, USA; Karen McDonnell, The George Washington University, USA; Loretta DiPietro, The George Washington University, USA

9:30 am – 3:00 pm

White River Foyer

Exhibits Open

9:45 am – 11:00 am

White River EF

KEYNOTE PANEL

Advancing Optimal Performance Psychophysiology

*Ben Strack**, ProBall, Inc, USA;
*Lindsay Thornton**, USOC, USA;
*Penny Werthner**, University of Calgary, Canada;
*Leonard Zaichkowsky**, Cyton8, USA

11:30 am - 12:30 pm

101/102

KEYNOTE DISCUSSION

*Ben Strack**, ProBall, Inc, USA;
*Lindsay Thornton**, USOC, USA;
*Penny Werthner**, University of Calgary, Canada;
*Leonard Zaichkowsky**, Cyton8, USA

11:30 am - 12:30 pm

103/104

WKSP-15: Giving athletes a sense of control: practical strategies for improving skill learning when coaching sports

*Kevin Becker**, University of Tennessee, USA;
*David Laughlin**, USA; *Jeffrey Fairbrother*, University of Tennessee, Knoxville, USA

11:30 am - 12:30 pm

201/202

SYM-09: Community engaged youth development research: Building partnerships to promote action research

*William Massey**, Concordia University Wisconsin, USA; *Laura Hayden**, University of Massachusetts Boston, USA; *Meredith Whitley**, Adelphi University, USA; *Lindsey Blom**, Ball State University, USA; *Amy Cook*, University of Massachusetts Boston, USA; *Megan Holliday*, Concordia University Wisconsin, USA; *Akanimo Akpan*, Ball State University, USA; *Courtney Fisher-Hess*, University of Wisconsin-Milwaukee, USA; *Lawrence Gerstein*, Ball State University, USA; *Megan Babkes Stellino*, University of Northern Colorado, USA

11:30 am - 12:30 pm

White River AB

PAN-06: Developmental Changes in Sport Psychology Consultants' Approaches to Working with Athletes and Teams

*Robin Vealey**, Miami University, USA; *Gloria Balague**, University of Illinois at Chicago, USA; *Chris Harwood**, Loughborough University, UK

11:30 am - 12:30 pm

White River CD

Shaping the Future of Certification and Practice: Results of the Job Task Analysis

*Jack Watson II**, West Virginia University, USA

11:30 am - 12:30 pm

White River GH

LEC-11: Social and Cultural Diversity

LEC-11A: Male and Female Cross Country Runners' Experiences of Street Harassment

*Emily Roper**, Sam Houston State University, USA; *Katherine Polasek*, SUNY Cortland, USA

LEC-11B: Body Image Concerns of Female Collegiate Athletes in Their Sport Uniform

*Emily Lauer**, University of Tennessee, USA; *Rebecca Zakrajsek*, University of Tennessee, USA; *Leslee Fisher*, University of Tennessee, USA; *Matthew Bejar*, University of Tennessee, USA; *Tiana McCowan*, Oklahoma Panhandle State University, USA; *Scott Martin*, University of North Texas, USA

LEC-11C: Female Athlete Perceptions of Gender Identity and Sexual Victimization

*Marina Galante**, Miami University, USA; *Rose Marie Ward*, Miami University, USA

11:30 am - 12:30 pm

White River IJ

PAN-07: Boundaries of Therapy, Mental Training, and Coaching: Who, What, Where, When, and How?

*Tim Herzog**, Human Performance Resource Center, USA; *Kate F. Hays**, The Performing Edge, Canada; *Kristine Eiring**, Private Practice Owner, USA; *Mark Hiatt**, Dartmouth College, USA; *Max Trenerry**, Mayo Clinic, USA

12:30 pm – 1:30 pm

204/205

Meet the Professionals Lunch

(Ticket required. Event sold out.)

12:30 pm – 1:30 pm

Committee Meetings

See page 21 for schedule and room assignments.

1:30 pm - 2:45 pm

103/104

WKSP-16: Did My Sport Psychology Consultant Mean for That to be Offensive? Using Inclusive Language to Enhance Applied Sport Psychology

Alicia Johnson*, University of Tennessee, Knoxville, USA; Leslie Larsen*, University of Tennessee, USA; Leeja Carter*, Long Island University - Brooklyn, USA; Leslee Fisher*, University of Tennessee, USA; Ryan Shuda*, Park Ridge Psychological Services, USA

1:30 pm - 2:45 pm

201/202

WKSP-17: From the Outside In and the Inside Out: A Multidisciplinary Treatment Approach to Eating Disorders with NCAA Division I Student-Athletes

Jennifer Thome*, Illinois State University, USA; Shawn Zeplin*, Illinois State University, USA

1:30 pm - 2:45 pm

White River AB

Five Slides in Five Minutes: Coaching

Lindsey Blom*, Ball State University, USA; Gordon Bloom*, McGill University, Canada; Goran Kentta*, The Swedish School of Sport and Health Science, Sweden; Larry Lauer*, United States Tennis Association, USA; Sarah McQuade*, Independent Consultant, USA; Melissa Thompson*, The University of Southern Mississippi, USA; Kristen Dieffenbach*, West Virginia University, USA

1:30 pm - 2:45 pm

White River CD

SYM-10: Signature sport psychology techniques that link theory and practice

Angus Mugford, IMG Performance, USA; Duncan Simpson*, Barry University, USA; Cecilia Clark*, Cleveland Indians, USA; Cindra Kamphoff*, Minnesota State University, USA; Traci Statler*, Cal State Fullerton, USA

1:30 pm - 2:45 pm

White River GH

LEC-12: Injury/Trauma/Rehabilitation**LEC-12A: When to make the call: Investigating athletic trainers' reasons and procedures for psychosocial referral**

Ashley Coker-Cranney*, West Virginia University, USA; Marc Cormier, University of Kentucky, USA

LEC-12B: Going beyond physical rehabilitation: An assessment of certified athletic trainers' abilities in psychosocial strategies and referral

Marc Cormier*, University of Kentucky, USA; Sam Zizzi, West Virginia University, USA

LEC-12C: Effects of a Psychoeducational CD-ROM on Rehabilitation Processes and Outcomes after ACL Surgery

Britton Brewer*, Springfield College, USA; Allen Cornelius, University of the Rockies, USA; Judy Van Raalte, Springfield College, USA

LEC-12D: Coaches' perceived roles and behaviors with sport-related concussions

Jeff Caron*, McGill University, Canada; Gordon Bloom, McGill University, Canada; Andrew Bennie, University of Western Sydney, Australia

1:30 pm - 2:45 pm

White River IJ

LEC-13: Elite Performance**LEC-13A: Implementing a Theory-based Coaching and Consulting Approach with the German National Badminton Team**

Sebastian Brueckner*, Saarbruecken Olympic Training Center, Germany; Anne Berner-Bratvogel, NPO Supporting Skill and High-Achiever Development, Germany; Jacob Øhlenschläger, German Badminton Association, Germany

LEC-13B: Mental Skills in Elite Rugby Refereeing

Ken Hodge*, University of Otago, New Zealand

LEC-13C: Behind the Visor: A Qualitative Exploration of the Psychological Skills Used by Former Formula One Race Car Drivers

Brett Gordon*, Temple University, USA

LEC-13D: Transition from Collegiate to Professional Tennis: Transitional Periods, Challenges, and Implications

Jacob Jensen*, California State University-Northridge, USA; Leslee Fisher, University of Tennessee, USA

3:00 pm - 3:30 pm

White River EF

PRESIDENTIAL ADDRESS**The Past is a Point of Reference, Not a Destination**

Brent Walker*, Columbia University, USA

3:30 pm – 5:00 pm

White River EF

Business Meeting

5:30 pm – 7:00 pm

Griffin Hall

POSTER SESSION II

6:00 pm – 7:30 pm

White River CD

Fellows Meeting

7:00 pm – 8:00 pm

201/202

USOC Update Meeting

By invitation only

SATURDAY, OCTOBER 17, 2015

7:00 am – 8:00 am

Committee Meetings

See page 22 for schedule and room assignments.

8:15 am - 9:30 am

101/102

WKSP-19: Coming Out or Inviting In: Exploring and Challenging LGBTQ Issues in Sport

*Lois Butcher-Poffley**, Temple University, USA;
*Jennifer Ciaccio**, Temple University, USA;
*Eric Dunn**, Temple University, USA;
*Kathryn Longshore**, Temple University, USA;
*Miriam Merrill**, Temple University, USA;
*Erica Tibbetts**, Temple University, USA

8:15 am - 9:30 am

103/104

LEC-14: Research Design (methodology, analyses)

LEC-14A: 17 Seconds: An examination of the validity of an application-based tool for collecting self-report data in collegiate athletes

*Ashley Samson**, California State University, Northridge, USA; *Holly Sirota*, California State University, Northridge, USA; *Graciela Salinas*, California State University, Northridge, USA

LEC-14B: Mentoring functions employed by athlete mentors in elite sport

*Matt Hoffmann**, University of Windsor, Canada; *Todd Loughhead*, University of Windsor, Canada; *Gordon Bloom*, McGill University, Canada

LEC-14C: The Effects of using Relaxing and Arousing Classical Music during Imagery for Fine-motor and Power Skill Tasks

*Garry Kuan**, Sports Science Unit, School of Medical Sciences, Universiti Sains Malaysia, Malaysia; *Tony Morris*, College of Sport and Exercise Science, and ISEAL, Victoria University, Melbourne, Australia; *Peter Terry*, Department of Psychology, University of Southern Queensland, Toowoomba, Australia

LEC-14D: Mobilizing performance psychology in the U.S. Army: A 5-day course targeting real-world application

*Brian Hite**, Comprehensive Soldier and Family Fitness, USA; *Susannah Knust*, Digital Consulting Services, USA; *Aaron Shaul*, Springfield College, USA; *Steven Cohen*, Comprehensive Soldier and Family Fitness (CSF2), USA; *Justin Foster*, CSF2 Training Center, USA

8:15 am - 9:30 am

201/202

SYM-11: Redefining Ability: A Multidimensional Analysis of the Intersection of Disability and Sport Psychology

*Amanda Leibovitz**, Adler School of Professional Psychology, USA; *Jeffrey Martin**, Wayne State University, USA; *Angel Brutus**, Synergistic Solutions, LLC, USA; *Leeja Carter**, Long Island University - Brooklyn, USA

Discussant: *Amanda Leibovitz*

8:15 am - 9:30 am

White River AB

SYM-12: TEACHING SIG SYMPOSIUM: Best teaching strategies from forming to adjourning

*Tami Eggleston**, McKendree University, USA; *Alan Kornspan**, University of Akron, USA; *Bruce Klonsky**, The State University of New York at Fredonia, USA; *Amber Shipherd**, Eastern Illinois University, USA; *John Coumbe-Lilley**, University of Illinois at Chicago, USA

Discussant: *Tami Eggleston*

8:15 am - 9:30 am

White River CD

SYM-13: From the front office to the playing field: Exploring leadership within sport teams

Todd Loughead*, University of Windsor, Canada; Jess Dixon*, University of Windsor, Canada; Gordon Bloom*, McGill University, Canada; Jeff Caron*, McGill University, Canada; Moe Machida*, Juntendo University, Japan; Ashley Duguay, University of Windsor, Canada; Scott Rathwell, University of Ottawa, Canada; Matt Hoffmann, University of Windsor, Canada; Alexandra Saffran, University of Windsor, Canada

8:15 am - 9:30 am

White River GH

WKSP-18: SLEEP: What Sport Psychology Consultants Need To Know About the Role of Sleep in Performance

Lindsay Thornton*, USOC, USA

9:30 am - 11:30 am

White River Foyer

Exhibits Open

9:45 am - 11:00 am

White River EF

KEYNOTE PANEL**Personal Stories of Resilience**

Cindy Abbott*, Cal State Fullerton, USA; Matt Stutzman*, USA;

Moderator: David Fletcher*, Loughborough University, UK

11:30 am - 12:30 pm

101/102

KEYNOTE DISCUSSION

Cindy Abbott*, Cal State Fullerton, USA; Matt Stutzman*, USA; David Fletcher*, Loughborough University, UK

11:30 am - 12:30 pm

103/104

The 50th Anniversary of the ISSP - Toward Cultural Epistemology of Knowledge in International Sport Psychology

Tatiana Ryba*, KIHU- Research Institute for Olympic Sports, Finland; Natalia Stambulova*, Halmstad University, Sweden; Robert Schinke*, Laurentian University, Canada

11:30 am - 12:30 pm

201/202

WKSP-21: Inside Look at Professional Ballet: Peering through the lens of a Dancer and Consultant

Sharon Chirban*, Division of Sports Medicine, Boston Children's Hospital, USA; Miriam Parrott*, PGSP-Stanford PsyD Consortium, USA

11:30 am - 12:30 pm

White River AB

PAN-08: Coaching the Mental Game: An expert coach's perspective on lessons learned from working with multiple sport psychologists over the years

David Yukelson*, Penn State University, USA; Rob Cooper*, Penn State University Head Baseball Coach, USA; Kenneth Ravizza*, California State University, Fullerton, USA; Lance Green*, Tulane University, USA

11:30 am - 12:30 pm

White River CD

WKSP-20: To the heart of the matter: Applied HRV assessment and training

Stephanie Zavilla*, Winter Park Competition Center, USA; Tim Herzog*, Human Performance Resource Center, USA; Elizabeth Mullin*, Springfield College, USA; Kojo Arhin*, Argosy University

11:30 am - 12:30 pm

White River GH

LEC-15: Burnout and Transition Out of Sport**LEC-15A: A Revolving Door: Release from Professional Baseball and the Role of Self-Determination**

Johannes Raabe*, University of Tennessee, USA; Rebecca Zakrajsek, University of Tennessee, USA; Andrew Bass, University of Tennessee, USA; Tucker Readdy, University of Wyoming, USA

LEC-15B: "I'm still molding myself into the person I want to be": A phenomenological study of physical activity during late emerging adulthood

William Way*, Ithaca College, USA; Justine Vosloo, Ithaca College, USA; Greg Shelley, Ithaca College, USA

LEC-15C: A Physical Activity Transition Program to Help Student-Athletes "Move on" and Keep Moving

Erin Reifsteck*, University of North Carolina at Greensboro, USA; DeAnne Brooks, Salem College, USA; Diane Gill, UNCG, USA

1:30 pm - 2:30 pm

101/102

Five Slides in Five Minutes Session: Special Interest Groups

*Mitch Abrams**, *Learned Excellence for Athletes, USA*; *Amanda Leibovitz**, *Adler University, USA*; *Melissa Madeson**, *Hardin Simmons University, USA*; *Tim Herzog**, *Human Performance Resource Center, USA*; *Ben Barone**, *University of Denver, USA*; *Lisa Miller**, *American Military University, USA*; *Mark Aoyagi**, *University of Denver, USA*

1:30 pm - 2:30 pm

103/104

PAN-09: The Elephant in the Room: Perspectives from Women of Color in Applied Sport Psychology

*Jasmin Jackson**, *Barry University, USA*; *Leeja Carter**, *Long Island University - Brooklyn, USA*; *Stephany Coakley**, *Maximum Training Associates, USA*; *Amanda Perkins**, *Missouri State University, USA*; *Vernice Richards**, *Evert Tennis Academy, USA*

1:30 pm - 2:30 pm

201/202

SYM-14: Delivering Comprehensive Sport Psychology Programming at an Elite University

*Robin Scholefield**, *USC, USA*; *Niki Sims**, *University of Southern California, USA*; *Nohelani Lawrence**, *University of Southern California, USA*; *Broderick Leaks*, *Clinical Psychologist, USC*

Discussant: Nohelani Lawrence

1:30 pm - 2:30 pm

White River AB

WKSP-22: Ethical Considerations in Teaching and Mentorship for Faculty and Students

*Ed Etzel**, *West Virginia University, USA*; *Brandonn Harris**, *Georgia Southern University, USA*; *Michael Sachs**, *Temple University, USA*; *Jack Watson II**, *West Virginia University, USA*

1:30 pm - 2:30 pm

White River CD

WKSP-23: Using Active Learning Strategies to Bring Sport Psychology “to Life” in the Undergraduate Sport Psychology Classroom

*Karen Appleby**, *Idaho State University, USA*; *Phyllis Wentworth**, *Wentworth Institute of Technology, USA*; *John Fitzpatrick**, *Idaho State University, USA*

1:30 pm - 2:30 pm

White River EF

Sport Psychology Utilization in Gymnastics

*Samantha Peszek**, *Olympian, USA*; *Jaycie Phelps**, *Olympian, USA*; *Ron Galimore**, *USA Gymnastics, USA*; *Nicole Detling**, *University of Utah, USA*

2:45 pm - 4:00 pm

101/102

WKSP-25: Partner Violence in Athlete Populations – Guidance from a Survivor’s Point of View

*Sarah Pakenham**, *Adler School of Professional Psychology, USA*; *Mitch Abrams**, *Learned Excellence for Athletes, USA*

2:45 pm - 4:00 pm

103/104

WKSP-26: Mindfulness Meditation Training for Sport (MMTS), Introduction and Practice

*Amy Baltzell**, *Boston University, USA*; *Trevor Cote**, *Boston University, USA*; *Chelsey Bowman**, *Boston University, USA*

2:45 pm - 4:00 pm

White River AB

SYM-15: Voices from the Field: Recommendations for Multicultural Practice with Racial and Ethnic Minorities in Sport Psychology

*Angel Brutus**, *Synergistic Solutions, LLC, USA*; *Leeja Carter**, *Long Island University - Brooklyn, USA*; *Sae-Mi Lee**, *West Virginia University, USA*; *Aaron Goodson**, *West Virginia University, USA*

Discussant: Angel Brutus

2:45 pm - 4:00 pm

White River CD

LEC-16: Coaching/Leadership

LEC-16A: Helping Coaches Help Themselves: Mindfulness Training for Coaches (MTC)

Kathryn Longshore, Temple University, USA;*
Michael Sachs, Temple University, USA

LEC-16B: Positive Coaching and Olympic Success: Case Studies of Track and Field Olympic Medalist Coach-Athlete Relationships

Brian Zuleger, Adams State University, USA;*
Rick McGuire, Adams State University, USA

LEC-16C: An Exploration of Positive Coaching as a Means to Gain Entry for Sport Psychology Consulting Services

Rick McGuire, University of Missouri, USA;*
Amber Lattner, University of Missouri, USA

LEC-16D: The Contributions of Coaching Efficacy and Goal Orientations to Transformational Leadership

Aubrey Newland, University of Utah, USA;*
Maria Newton, University of Utah, USA; E. Whitney Moore, University of North Texas, USA;
Andrea Stark, University of Minnesota, USA;
W. Eric Legg, University of Utah, Department of Parks, Recreation, and Tourism, USA

2:45 pm - 4:00 pm

White River GH

WKSP-24: Coaching and Parenting in the Age of Elite Travel Teams and Early Specialization in Youth Sport

Robert Harmison, James Madison University, USA;*
Gregory Dale, Duke University, USA;*
Bart Lerner, West Coast University, USA*

4:15 pm - 5:15 pm

201/202

Student Challenge Quiz Show

6:00 pm - 8:00 pm *NCAA Hall of Champions*
700 W. Washington St.

Closing Reception

SPECIAL INTEREST GROUP (SIG) MEETINGS

Thursday, October 15, 2015, 1:30 pm - 2:15 pm

Attendees are welcome to attend any SIG meeting; pre-registration is not required.

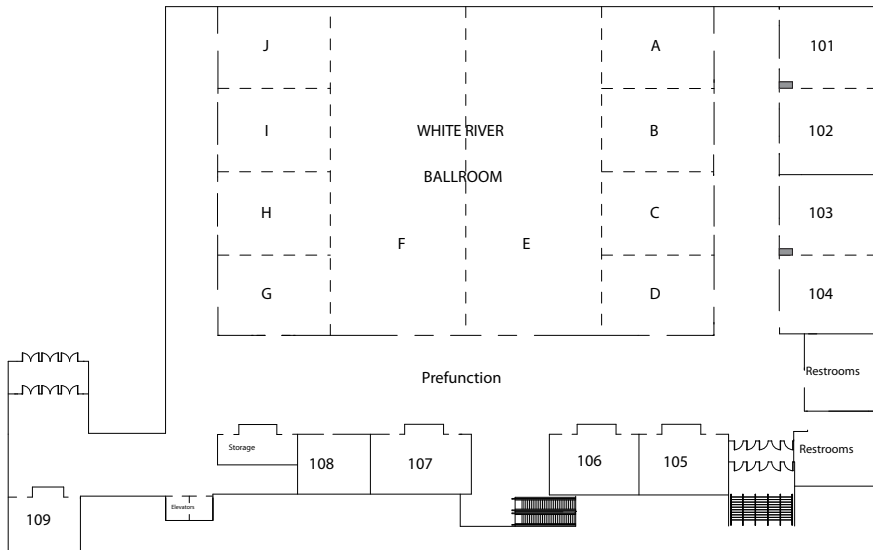
Achievement Motivation	Room 101/102
Anger & Violence in Sport	Room 101/102
Business Ownership in Sport Psychology	Room 103/104
Coaching Science	Room 103/104
College/University Counseling Center	Room 201/202
Disability Sport and Exercise	Room 201/202
Eating Disorders	White River AB
Exercise Psychology and Wellness	White River AB
Fencing	White River AB
International Olympic Sport Psychology	White River CD
Media in Sport	White River CD
Military Performance	White River CD
Performance Consulting in Collegiate Sport	White River AB
Performance Psychophysiology and Biofeedback	White River CD
Performance Excellence	White River GH
Positive Psychology for Sport and Exercise	White River IJ
Psychology of Sport Injury	White River GH
Race & Ethnicity in Sport	White River GH
Soccer	White River GH
Teaching Sport and Exercise Psychology	White River IJ
Women in Sports	White River IJ
Youth Sport	White River IJ

WEDNESDAY, OCTOBER 14, 2015

Time	Griffin Hall	White River EF	White River AB	White River CD	White River GH	White River IJ	Room 101/102	Room 103/104	Room 201/202	
9:00 am - 12:00 noon							CE Workshop: What's Your Thing? (Room 101) Marketing/Communications Workshop (Room 102) Pre-Registration Required			
12:00 noon - 4:00 pm	Networking Lounge Open									
1:00 pm - 2:00 pm			PAN 01: Multiculturalism in Sport Psychology Consulting: Issues and Challenges (Yu, Nguyen, Borlabi, Carr, Estanol, Lawrence, Petrie)	LEC 01: Clinical Issues 01-A: Grindstaff 01-B: Pauline 01-C: Chow		LEC 02: Consulting/Private Practice 02-A: Kimball 02-B: Harwood 02-C: Lattner	PAN 02: Passing on the Torch: Intergenerational Perspectives on Sport Psychology Supervision (Breitmeyer, Lerner, Watson, Etzel, Hatch)	WKSP 01: Multimedia Approaches to Pedagogy (Gentner, Patel)		
2:15 pm - 3:30 pm			SYM 02: So What's it Like Being a Girl? Experiences of Female Consultants who Are Thriving Working with Male Teams (Kamphoff, Clark, Fifer)	SYM 03: Application of Mindfulness in a Range of Sport & Exercise Settings (Baltzell, Arthur-Cameselle, Cartin, McCarthy, Stankovic)		WKSP 02: Teach Your Athlete Well: Development and Delivery of a Parent Workshop (Shannon, Morgan, Mugford)	LEC 03: Social & Cultural Diversity 03-A: Lawrence 03-B: Beachy 03-C: Catenacci 03-D: Halbrook-Galloway	WKSP 03: Passport to Recovery: Helping Student Athletes Surmount Injury (Cole)	WKSP 04: Collaborative Approaches in Sport Psychology Work with Teams (Vincent, Rizzo, Jarosik, Toce)	SYM 01: Career Paths for Young Professionals (Monda, Fitzpatrick, McCalla, Wooding)
3:45 pm - 5:00 pm			PAN 03: Reaching Beyond Sport: Training Graduate Students to Work with Performance Populations (Shapiro, Portenga, Anderson-Corn, Hanley, Hays)	LEC 04: Mental Training/Interventions 04-A: Longshore, Sappington 04-B: Weinberg 04-C: Inglis 04-D: Rumbold		WKSP 05: You Need More than a Toolbox: A Neurological Framework for Optimizing Performance Consultation (Brown)	WKSP 06: I Don't See Color: Where Are You Really From Thought? Power, Privilege, and Microaggressions in Sport (Nguyen, Yu)	SYM 04: The Experience of Burnout in Sport (Durand-Bush, Bentzen, Jordalen, Kentta, Dubuc-Charbonneau)	WKSP 07: First Steps: A Hands-On Guide to Establishing a Successful Psyching Team (Hutchinson, Christensen, Beachy)	LEC 05: Exercise & Health Behaviors 05-A: Razon 05-B: Hurley 05-C: Wooding 05-D: Brown
4:30 pm - 5:15 pm	New Member Meet & Greet									
5:30 pm - 7:00 pm		COLEMAN GRIFFITH LECTURE: Past, Present, and Future: Reflections from a Counseling Sport Psychologist (Carr)								
7:00 pm - 9:00 pm	Opening Reception									

THURSDAY, OCTOBER 15, 2015

Time	Griffin Hall	Grand Ballroom 3-4	White River EF	White River AB	White River CD	White River GH	White River IJ	Room 101/102	Room 103/104	Room 201/202
7:00 am - 9:00 am	Poster Setup									
9:00 am - 7:00 pm	Poster Viewing & Networking Lounge Open									
8:15 am - 9:30 am		CC-AASP Breakfast (7:00 am - 8:15 am) and Case Studies (8:15 am - 9:30 am)		SYM 05: Treating Athletes with Addiction (Bader, Austin, Edwards)	Nuts and Bolts of Becoming a CC-AASP (Morgan, Hankes)			SYM 06: Program Evaluation: A Scientific Approach (Blanton, Driska, MacIntosh)	WKSP 08: Counseling on the Move (McCarthy, Altieri, Cooper)	LEC 06: Exercise & Health Behaviors 06-A: Sheehy 06-B: Brown 06-C: Keeler 06-D: Fry
9:45 am - 11:00 am			KEYNOTE SESSION: Mind, Body & Sport: Understanding and Supporting Student-Athlete Mental Wellness (Parsons, Wilfert)							
11:30 am - 12:30 pm				Wellness Issues in the Performing Arts - The Athletes and the Arts Initiative (McPherson, Whitehead)	PAN 04: Under the Microscope: Consulting with Collegiate Teams Undergoing University or NCAA Investigation (Schumacher, Bean, Ravizza, Yukelson)	PAN 05: Mental Health in Elite Sport: Managing the Risks for Athletes, Coaches and Practitioners (MacIntyre, Brewer, van Raalte, O'Shea, Brown)	LEC 07: Professional Issues and Ethics 07-A: Ford 07-B: Duguay 07-C: Sharp	WKSP 09: Developing a Community Consulting Program within a University Setting (Byrd, Coker-Cranney, Bryant, Berrebi)		WKSP 10: Mindless Mindfulness: Using Mindfulness Practices to Help Athletes Experiencing Extreme Performance Anxiety (Jenson, Samson)
12:30 pm - 1:30 pm				Committee Meetings	Committee Meetings	Committee Meetings	Committee Meetings	Committee Meetings	Committee Meetings	Committee Meetings
1:30 pm - 2:15 pm				Special Interest Group Meetings	Special Interest Group Meetings	Special Interest Group Meetings	Special Interest Group Meetings	Special Interest Group Meetings	Special Interest Group Meetings	Special Interest Group Meetings
2:30 pm - 3:45 pm				5 Slides in 5 Minutes: Best Practices in Consulting	SYM 07: Understanding the Changing Landscape for Lesbian, Bisexual, and Transgender Athletes in College Sport (Krane, Mann, Barber)	WKSP 11: Addressing Athletes' Resistance to Mental Skills Training: A Workshop on Motivational Interviewing (Fader, Sappington)	Providing Sport Psychology Services in Professional Sport Settings (MLB, NBA, NFL): Perspectives, Programs, and Ethics (Lesyk, Maniar, Maher, Walker)	SYM 08: Life Skill Development Through Sport in Wales (Neil, Cox)	LEC 08: Motivation & Self-Perceptions 08-A: Hall 08-B: Alvarez 08-C: Tibbetts 08-D: Samson	WKSP 12: To Compete or Not to Compete: The 'how' is the Question! (Fink, Haberl)
4:00 pm - 5:30 pm			Graduate Program & Internship Fair							
5:30 pm - 7:00 pm	Authors Present at Posters									
6:00 pm - 9:00 pm								CE Workshop: From the Green Flag to the Checkered Flag (Eggleston) Pre-Registration Required	CE Workshop: Sport Advocacy: Speaking for the Greater Good in Sport (Heil, Durtschi) Pre-Registration Required	
7:00 pm - 8:00 pm	Poster Tear Down				Focus Area Committees-Town Hall Meeting					Student Open Meeting (followed by Student Social at Indianapolis Colts Grille, 110 W. Washington St.)



FIRST FLOOR

General Sessions & Grad Fair
White River EF

Breakout Rooms

101/102
103/104
White River AB
White River CD
White River GH
White River IJ

Speaker Ready Room

107

SECOND FLOOR

Breakout Room

201/202

Posters & Networking Lounge

Griffin Hall

Conference Registration

Outside Griffin Hall



10 S. West Street | Indianapolis, IN 46204
 317.822.8554 | www.jwindy.com

2015 Conference Floor Plan

COMMITTEE MEETINGS

Wednesday, October 14, 8:00 am – 12:00 pm

Certification Review Room 108

Thursday, October 15, 12:30 pm – 1:30 pm

Development Room 101/102

Distinguished Student Practice Review Committee Room 103/104

Graduate Program White River AB

Hospitality White River CD

Regional Conference Grant Meeting Room 201/202

Thursday, October 15, 1:00 pm – 1:30 pm

SIG Coordinators Room 204/205

Friday, October 16, 6:30 am – 8:30 am

JASP Room 204/205

Friday, October 16, 7:00 am – 8:00 am

Diversity Room 101/102

Dorothy V. Harris Memorial Award Review Committee Room 103/104

Ethics Room 201/202

Fellow Review White River AB

International Relations White River CD

Master's Thesis Award Review White River EF

Web Presence White River GH

Friday, October 16, 7:30 am – 8:00 am

Distinguished Professional Practice Review Committee White River IJ

Friday, October 16, 12:30 pm – 1:15 pm

Community Outreach Room 101/102

Continuing Education Room 103/104

Doctoral Dissertation Award Review Committee Room 201/202

Foundation White River CD

Newsletter White River GH

Student Development White River IJ

Saturday, October 17, 7:00 am – 8:00 am

Finance Room 201/202

JSPA Room 204/205

Sport Psychology Council Room 203

POSTER SESSION I

THURSDAY, OCTOBER 15, 2014

Setup: 7:00 am – 9:00 am

Poster Viewing: 9:00 am – 7:00 pm

Authors Present at Posters: 5:30 pm – 7:00 pm

Tear-Down: 7:00 pm – 7:30 pm

Aggression, Violence, and Moral Behavior

1: A Longitudinal Examination of Moral Disengagement in Sport

Stacey Gaines, Texas A&M University-Kingsville, USA*

**2: “This crap happens in every sport”:
A discursive psychological analysis of three hazing cases**

Jennifer Waldron, University of Northern Iowa, USA*

Anxiety, Stress, and Emotions

3: Psychological Skills as a Predictor of Thoughts and Stress in Sport Training

Travis Loughran, University of Nevada, Las Vegas, USA; Brad Donohue, University Nevada Las Vegas, USA*

4: Quicksand: Sinking Into Post-Concussive Syndrome

Sharon Chirban, Division of Sports Medicine, Boston Children’s Hospital, USA*

5: Vocal Cord Dysfunction: Understanding and best practices for helping athletes relax, recover and return to sport.

Erika Carlson, Excellence In Sport Performance, USA; Barbara Walker, Center For Human Performance, USA*

Burnout and Transition out of Sport

6: Degamed and Reframed: Best Practices for Facilitating Transition Out of Sport

Stephanie Hatch, Midwestern University, USA; Angela Breitmeyer, Midwestern University, USA*

7: Gratitude and College Student-Athlete Burnout and Satisfaction with Sport: The Mediating Role of Perceived Social Support

Nicole Gabana, Indiana University Bloomington, USA*

Coaching/Leadership

8: “Act Like a Lady”: Examining Team Rules in NCAA Division I Women’s Basketball Teams

Leslie Larsen, University of Tennessee, USA; Leslee Fisher, University of Tennessee, USA; Teri Shigeno, University of Tennessee, USA; Matthew Bejar, University of Tennessee, USA*

9: Amazement Ahead – The Urgency IS Now! The Caribbean’s 1st Mental Toughness Roundtable

Margaret Ottley, West Chester University, USA; Rhonda G. Ottley, Florida State University, USA; Wendy Borlabi, Acumen Performance Group, USA*

10: Coach or Mentor? Coaches’ perceptions of their roles in the lives of inner city youth.

Andrew Mac Intosh, Michigan State University, USA; Lauren Charlton, USA; Daniel Gould, Michigan State University, USA*

11: Coaches are Performers Too: Designing and Implementing Coach Support and Mentoring

Lauren Tashman, Barry University / Inspire Performance Consulting, USA*

12: I learn and re-learn thus I am challenged, not stressed

Stiliani Chroni, Hedmark University College, Norway; Frank Abrahamsen, Norwegian School of Sport Sciences, Norway; Liv Hemmestad, Olympic Training Center, Norway*

13: The Link Between Coach Support, Motivation and Goal-Regulation in Student Athletes

Maude Guilmette, Concordia University, Canada; Kate Mulvihill, Concordia University, Canada; Theresa Bianco, Concordia University, Canada; Erin Barker, Concordia University, Canada*

- 14: Understanding leadership of minority student-athletes in the inner-city: The tenuous relationships of teachers and coaches.**
Christel Beverly, Michigan State University, USA*
-

Consulting/Private Practice

- 15: A Step-by-Step Approach for Implementing a Workshop Series for Athletes**
Itay Basevitch, Florida State University, USA; Claire Rossato*, Anglia Ruskin University, UK; James Johnstone, Anglia Ruskin University, UK; Justin Roberts, Anglia Ruskin University, UK; Craig Suckling, Anglia Ruskin University, UK*
- 16: It All Comes Down To This: Doing Sport Psychology At The 2014 WRWC, Paris, France.**
John Coumbe-Lilley, University of Illinois at Chicago, USA*
-

Developmental/Lifespan Perspectives

- 17: Once a Runner, Always a Runner? Exploring the Athletic Career Retirement Processes and Athletic Identity of Finnish Male and Female Distance Runners**
Noora Ronkainen, Shanghai Jiao Tong University, China; Irina Watkins, USA; Tatiana Ryba, KIHU – Research Institute for Olympic Sports, Finland*
- 18: Planning, creating, and implementing holistic and ecologically-based sport psychological services at an elite soccer academy.**
Peter Schneider, University of Leipzig, Germany*
- 19: The Mental Toughness Development of an Argentine Paralympics athlete, during 12 years of collaborative assessment to overcome an acquired disability and reach his goals.**
Patricia Wightman Wortelboer, CENARD: Argentine National Training Center for Elite Athletes, Argentina*
-

- 20: Towards understanding Olympians career paths in Southern Africa: A Qualitative enquiry**
Tshepang Tshube, University of Botswana, Botswana; Feltz Deborah, Michigan State University, USA*
-

Elite Performance

- 21: A Scientist-Practitioner Approach to Consulting in an Elite Athlete High-School Setting**
Oskar Dawo, Germany; Sebastian Brueckner, Saarbruecken Olympic Training Center, Germany*
- 22: Coaches' subjective talent criteria in top level soccer**
Nina Jokuschies, Switzerland; Achim Conzelmann, Prof. Dr., Switzerland*
- 23: Exploring mental toughness fluctuations and sport performance**
Joanne Butt, Sheffield Hallam University, UK; Robert Weinberg, Miami University, USA; Robert Harmison, James Madison University, USA*
- 24: Home run or foul ball: Where do professional ball players look?**
Melissa Hunfalvay, RightEye, LLC, USA*
- 25: Mindfulness Promotes Athletic Performance in Highly Demanding Situations**
Philipp Röhlin, Federal Institute of Sport, Switzerland; Daniel Birrer, Swiss Federal Institute of Sports Magglingen, Switzerland; Martin grosse Holtforth, University of Bern, Switzerland*
- 26: Optimism and Psychological Momentum: A Study of Female Volleyball Players' Perceptions**
Brian Foster, Florida State University, USA; Selen Razon, Ball State University, ; Lindsey Blom, Ball State University, USA; Jocelyn Bolin, Ball State University, USA*
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**27: Pathos and Orchestration in Elite Sport:
The Experiences of NCAA DI Student-Athletes**

Rebecca Zakrajsek, University of Tennessee, USA; Johannes Raabe, University of Tennessee, USA; Tucker Readdy, University of Wyoming, USA; Meighan Julbert, USA; Alexandra Baker, University of Tennessee, USA*

Exercise and Health Behaviors

28: Body Image Characteristics of Female Cheer, Group-Fitness Participants, and Non-Fitness in a College Population

Dean Culpepper, Eastern New Mexico University, USA; Lorraine Killion, Texas A&M University - Kingsville, USA*

29: Conception of Ability, Self-Efficacy, and Goal Discrepancy in a Running Task

Christopher Hill, Michigan State University, USA; Melissa Chase, Miami University, USA; Karly Geller, Miami University, USA*

30: Examination of the impact of different types of music on exercise performance and attentional focus

Steve Wininger, Western Kentucky University, USA*

31: Exploration of the effect of water on mood and enjoyment of moderate exercise: Is it an eye or an ear thing?

Jennifer Hurst, Truman State University, USA; Hannah Runez, Truman State University, USA; Nicole Moss, Truman State University, USA; Mason Slater, Truman State University, USA*

32: In pursuit of vitality: Narratives of intrinsic motives, exercise, and aging

Christina Johnson, University of Iowa, USA; Nicholas Bixler, University of Iowa, USA; Katherine Adams, University of Iowa, USA*

33: Physical Activity and Cognition - Examining the Immediate Benefits of Exercise and Other Activities on Cognitive Variables

Brian Butki, Colorado State University, USA*

34: Regular Physical Activity as a Facilitator for College Student Stress Recovery.

Darrell Phillips, MCCCKC Penn Valley, USA; Elizabeth Boyer, Capella University / Private Practice, USA*

35: The effect of a research-based exercise program on balance confidence, quality of life, and functional fitness for people living with Parkinson's disease

Jennifer Quillen, El Camino YMCA, USA; Tamar Semerjian, San Jose State University, USA*

36: U.S. Military Service Members' Perspectives on Physical Activity: A Qualitative Exploration

Sarah Shue, Indiana University Purdue University Indianapolis, USA; Selen Razon, Ball State University, USA; Lindsey Blom, Ball State University, USA; Thalia Mulvihill, Ball State University, USA*

Group Dynamics

37: Implicit Coordination in Dyadic Juggling: Psychophysiological Evidence of Shared Mental Models in a Cooperative Motor Task

Edson Filho, University of Chieti, Italy; Gershon Tenenbaum, Florida State University, USA; Davide Pierini, University of Montreal, Canada; Claudio Robazza, University of Chieti, Italy; Silvia Comani, University of Chieti, Italy; Maurizio Bertollo, University of Chieti, Italy*

38: The Optimal Team Functioning (OTF) Model – An Applied Grounded-Theory Framework to Enhance Processes within Sport Teams

Jamie Collins, University of Ottawa, Canada; Natalie Durand-Bush, University of Ottawa, Canada*

Injury/Trauma/Rehabilitation

39: A Preliminary Investigation into Sport Psychology Professionals' Views and Experiences of a Multidisciplinary Team Approach to Sport Injury Rehabilitation

Monna Arvinen-Barrow, University of Wisconsin - Milwaukee, USA; Damien Clement, West Virginia University, USA*

40: Mental Health Outcomes of Former Collegiate and Professional Football Athletes: Association with Age of First Exposure to Football

J.D. DeFreese, University of North Carolina, USA; Karla Thompson, UNC-Chapel Hill, USA; Zachary Kerr, Datalys Center for Sports Injury Research and Prevention, USA; Leah Cox, University of North Carolina-Chapel Hill, USA; Kevin Guskiewicz, University of North Carolina-Chapel Hill, USA*

41: Reliability of ImPACT in a High School Athlete Population

Kelli Kyle, Sports Medicine Center, Mayo Clinic, Rochester, MN, USA; Max Trenery, Mayo Clinic, USA; Jonathan Finnoff, Dept. of Physical Medicine & Rehabilitation, Mayo Clinic, Rochester, MN, USA; Dirk Larson, Dept. of Biomedical Statistics and Informatics, Mayo Clinic, Rochester, MN, USA; Jay Smith, Dept. of Physical Medicine & Rehabilitation, Mayo Clinic, Rochester, MN, USA*

42: The Role of Experiential Avoidance in Injury Rehabilitation

Andrew Wolanin, Kean University, USA; Michael Gross, Kean University, USA; Jessica DeGaetano, Kessler Rehabilitation Hospital, USA; Rachel Pess, Kean University, USA; Don Marks, Kean University, USA*

43: Understanding the Relationship Between Athletic Identity and Rehabilitation Overadherence in College Athletes

Robert Hilliard Jr., Ball State University, USA; Lindsey Blom, Ball State University, USA; Jocelyn Bolin, Ball State University, USA; Dorice Hankemeier, Ball State University, USA*

Life Skills/Learning Strategies (includes coping)

44: A Preliminary Investigation of the Influence of Learning Disabilities and/or AD/HD and Athletic Success in NCAA Sport

Karen Collins, University of New Hampshire, USA; Kathleen Colpoys, University of New Hampshire, USA*

45: Lessons learned from implementing a sport psychology consultant among athletes with disabilities: A combined perspective

Jacob Cooper, Boston University, USA; Claire Kubiesa, USA; Alex Wallace, Ball State University, USA*

46: Resilience in the Aftermath of the 2013 Boston Marathon Bombings

Kelsey Timm, Center for Sport and Performance Psychology, USA; Cindra Kamphoff, Minnesota State University USA; Nick Galli, University of Utah/Headstrong Consulting, USA; Stephen Gonzalez, Digital Consulting Services & Armstrong State University, USA*

Mental Training/Interventions

47: A Proposed Model of Mental Toughness

Patrick Ivey, University of Missouri, USA; Amber Lattner, University of Missouri, USA; Rick McGuire, University of Missouri, USA*

48: Enhancing Academic Success: Lessons Learned from Five Years of Classroom-Based Mental Skills Training Programs

Jon Hammermeister, Eastern Washington University, USA; Lynn Briggs, Eastern Washington University, USA; Justin Young, Eastern Washington University, USA; Brittney Conway, Eastern Washington University, USA; Courtney Flynn, Eastern Washington University, USA*

49: Enhancing Collegiate Women's Soccer Psychosocial and Performance Outcomes by Promoting Intrinsic Sources of Sport Enjoyment

Scott Barnicle, Comprehensive Soldier & Family Fitness @ Ft. Jackson, USA; Damon Burton, University of Idaho, USA*

50: Mind over Distance: A Student-Run Psyching Team

John Fitzpatrick, John F. Kennedy University, USA; Lauren Brooke, USA; Peter Young, John F. Kennedy University, USA; Katherine Irwin, CSF2, USA*

51: Mindfulness Meditation Practice: Impact on College Athletes' Stress, Quality of Life and Athletic Coping Skills

Zeljka Vidic, Western Michigan University, USA; Mark St.Martin, Western Michigan University, USA; Richard Oxhandler, Western Michigan University, USA*

52: Mindfulness Meditation Training for Tennis Players

Dejan Stankovic, USA*

53: Self-initiated Leaders in Complex Combat Environments

Nicole Miner, US Army, USA*

54: Self-Talk Intervention on Golfers and Anxiety

Dave Marshall, Uni Queensland, Australia*

55: Social validation of a mental health intervention among collegiate student-athletes: A case comparison

Courtney Fisher-Hess, University of Wisconsin-Milwaukee, USA; Barbara Meyer, University of Wisconsin-Milwaukee, USA; Stacy Gnacinski, University of Wisconsin-Milwaukee, USA*

56: Teaching sport psychology for now and the future: The Psychological UNIFORM curriculum with high school varsity student-athletes

Jenelle Gilbert, California State University, Fresno, USA; Stephanie Moore-Reed, California State University, Fresno, USA; Alexandra Clifton, California State University, Fresno, USA*

57: The application of Psychological Skills Training with Paralympic athletes

Andrea Faull, University of Worcester, UK; Claire-Marie Roberts, University of Worcester, UK*

Motivation and Self-Perceptions

58: A qualitative investigation of need fulfillment and motivational profiles in collegiate cheerleading

Tucker Readdy, University of Wyoming, USA; Johannes Raabe, University of Tennessee, USA*

59: Choosing to Continue Anabolic Steroid Use: 3 Highly Successful Strength Athletes Tell Their Story

Tracy Olrich, Central Michigan University, USA; Mary Ruddy, Graduate Student - Central Michigan University, USA; Amanda Mitchell, Student - Central Michigan University, USA; Joseph Powell, Graduate Student - Central Michigan University, USA*

60: Does Motivation Really Predict Physical Activity among Adolescent Girls?

Fujun Wen, Michigan State University, USA; Jiying Ling, Michigan State University, Nursing School, USA; Lorraine Robbins, Michigan State University, Nursing School, USA; Deborah Feltz, Michigan State University, Kinesiology Department, USA*

61: Examining the interrelationships between motivation, conscientiousness, and individual endurance sport performance

Joanne Perry, Saint Louis University, USA; Michael Ross, Saint Louis University, USA; Jeremiah Weinstock, Saint Louis University, USA; Jeffrey Gfeller, Saint Louis University, USA*

62: Influence of Social Norms and Self-Identity On Physical Activity Levels of College Students

Keith Randazzo, Louisiana State University, USA; Melinda Solmon, Louisiana State University, USA*

63: Longitudinal analysis of recreational marathon runners' psychological state along a 16-week macrocycle

Eneko Larumbe, Texas Tech University HSC, USA; Johathan Esteve, Secretaría de Educación del Gobierno del Estado de Yucatán, Mexico*

64: Mortality Salience Influence on Motivation for Success in Endurance Tasks

Ido Heller, Ball State University, USA; Selen Razon, Ball State University, USA; Alex Wallace, Ball State University, USA*

65: Poster Withdrawn

66: Physical Activity and Self-Compassion in Relation to Women's Experiences with Breast Cancer

Vicki Ebbeck, Oregon State University, USA;
Erin Mitchell, Oregon State University, USA;
Kim A. Rogers, Oregon State University, USA;
Brian Souza, Oregon State University, USA*

Novel Applications (music, dance, military)

67: An Exploration of Firefighters' Psychological Needs and Resources

Joanna Foss, University of Missouri, USA;
Cody Hall, University of Denver, USA;
Stephanie Seng, University of Denver, USA;
Mark Aoyagi, University of Denver, USA;
Artur Poczwardowski, University of Denver, USA*

68: Finding waypoints: Charting career tracks in military performance psychology

Amanda Weathers, USA; Tim Herzog, Human Performance Resource Center, USA;
Melissa Dix, Northern Illinois University, USA;
Michael Blair, Dept of Veterans Affairs, USA*

69: Positive Psychology Learning from Altruistically Motivated Military Sport Psychology Students

Lisa Miller, American Military University, USA*

70: Pre-LDAC perceptions of ROTC cadets: Learning that 'the sky is green'

Todd Gilson, Northern Illinois University, USA;
Emily Heller, Aurora University, USA*

Professional Development and Mentoring

71: Equalizing the Playing Field: Pursuing Post-Graduate Education in the Field of Sport Psychology and Disability

Kelsey Varzeas, University of Massachusetts at Amherst, USA*

72: The consultant as communicator: Relation between applied training and mindfulness, cognitive flexibility, and communication flexibility

Michelle McAlarnen, West Virginia University, USA*

73: The Globe Trotter "Sport Psych": The personal and professional experience of Travelling Sport Psychology Professionals

Alessandro Quartiroli, University of Wisconsin - La Crosse, USA; Meghan Keeley, University of Wisconsin - La Crosse, Department of Psychology, USA;
Jaclyn Ditter, University of Wisconsin - La Crosse, Department of Psychology, USA*

Social and Cultural Diversity

74: A Magic Carpet Ride: Adaptive Skiing Narratives for Individuals with Varying Disabilities

Rebecca Busanich, Plymouth State University, USA*

75: Multicultural supervision: Insights from supervisee, supervisor, and metasupervision

Sae-Mi Lee, West Virginia University, USA; Janaina Lima Fogaca, West Virginia University, USA; Shuang Li, West Virginia University, USA; Michelle McAlarnen, West Virginia University, USA*

76: South Korean Athletes' Experiences of Injury and Rehabilitation

Matthew Bejar, University of Tennessee, USA; Leslee Fisher, University of Tennessee, USA; Benjamin Nam, University of Tennessee, USA; Leslie Larsen, University of Tennessee, USA; Jamie Fynes, University of Tennessee, USA; Rebecca Zakrajsek, University of Tennessee, USA*

Teaching Sport and Exercise Psychology

77: Coubertin's Corner: Life as 4/4 Faculty at a Teaching Institution

Linda Sterling, Northwest Missouri State University, USA; Heather Van Mullem, Lewis-Clark State College, USA*

78: Coubertin's Corner: Students and Faculty Judging a Sport Psychology Textbook by More than its Cover

Mariah Logan, USA; Tami Eggleston, McKendree University, USA*

79: Coubertin's Corner: Using Problem-Based Learning to Integrate Research into Undergraduate Classes

Amber Shipherd, Eastern Illinois University, USA; Lael Gershgoren, Wingate Institute, Israel*

87: The controversy of parents coaching their own children: Pathways and outcomes of dual-role relationships in tennis

Olivier Schmid, University of Bern, Switzerland; Malayna Bernstein, West Virginia University, USA*

80: Integrating golf putting activities into the sport psychology classroom

Takahiro Sato, Western New Mexico University, USA*

Youth Sport

81: A substantive grounded theory of continued participation in adolescent male rugby union: Applied implications for practice

Paul Sellars, Swansea University, UK; Stephen Mellalieu, Swansea University, UK; Camilla Knight, Swansea University, UK*

82: Character Building, Values and Life-Skills Intervention in Competitive Youth Sport

Lael Gershgoren, Wingate Institute, Israel; Eran Eytan, Value Sports Association, Israel*

83: Children's Book Designed to Introduce the Strategy of Deep Breathing to Combat Sport Anxiety

Sarah Marcia, Marin County Office of Education, USA; Jacob Jensen, California State University-Northridge, USA*

84: Coaching Perspectives on Peer Conflict in Adolescent Sport

Julie Partridge, Southern Illinois University Carbondale, USA; Bobbi Knapp, Southern Illinois University Carbondale, USA; Julia Valley, Southern Illinois University Carbondale, USA*

85: Collegiate Summer Sports Camp Mental Skills Program Development

Alexander Sturges, West Virginia University, USA*

86: Effects of the lack of parental involvement among female athletes of low SES

Sophia Arenas, San Jose State University, USA; Ted Butryn, San Jose State University, USA*

POSTER SESSION II

FRIDAY, OCTOBER 16, 2015

Setup: 7:00 am – 9:00 am

Poster Viewing: 9:00 am – 7:00 pm

Authors Present at Posters: 5:30 pm – 7:00 pm

Tear-Down: 7:00 pm – 7:30 pm

Aggression, Violence, and Moral Behavior

88: Bullying Prevention: How a Sport Psychology Practitioner Can Help Systematically Reduce and Prevent Bullying in Sport

Trevor Cote, Boston University, USA;
Amy Baltzell, Boston University, USA*

89: The Development of Defining Acceptable and Unacceptable Behaviors from Youth Sport to Collegiate Athletics

Elizabeth Mullin, Springfield College, USA;
Teri Shigeno, University of Tennessee, USA;
Jessica Gagnon, Springfield College, USA;
Tracy Trachsler, SUNY Cortland, USA*

Anxiety, Stress, and Emotions

90: An Exploration of Sport Fans' Experiences with Vicarious Shame

Julie Partridge, Southern Illinois University Carbondale, USA; Ryan Zapalac, Sam Houston State University, USA; Daniel Wann, Murray State University, USA; Frederick Grieve, Western Kentucky University, USA; Jason Lanter, Kutztown University, USA*

91: Mood disturbance, mileage, and intention to run another marathon: Experiences of marathon runners at one and two months post-marathon

Hayley Russell, Penn State Altoona, USA;
Andrew White, University of Minnesota, USA;
Kayla O'Donnell, University of Minnesota, USA;
Gregory Rhodes, Fort Lewis College, USA;
Christopher Lundstrom, University of Minnesota, USA; Diane Wiese-Bjornstal, University of Minnesota, USA;
Stacy Ingraham, University of Minnesota, USA*

92: Psychological pressure of athletes: A comparison between practice and matches

Takuya Endo, Hiroshima University, Japan*

Burnout and Transition out of Sport

93: Are career transition concerns only for athletes? An autobiographical study of the career transition of an elite coach

Goran Kentta, The Swedish School of Sport and Health Science, Sweden;
Stephen Mellalieu, Swansea University, UK;
Claire-Marie Roberts, University of Worcester, UK*

Clinical Issues

94: Between-sport comparison of athletic body image standards held by coaches

Joanne Perry, Saint Louis University, USA;
Emily Mohr, Saint Louis University, USA;
Nicholas Kavish, Saint Louis University, USA;
Michael Ross, Saint Louis University, USA*

95: Body Image, Weight Pressures, and Athletic Performance: The Upside in Men's Figure Skating

Dana Voelker, West Virginia University, USA;
Justine Reel, University of North Carolina Wilmington, USA*

96: Prevalence and Risk Factors for Depression in Division I College Athletes

Andrew Wolanin, Kean University, USA;
Michael Gross, Kean University, USA;
Eugene Hong, Drexel Medicine, USA;
Kelly Panchoo, Drexel Medicine, USA*

Coaching/Leadership

97: Are Coaches Prepared to Implement Sports Skills Training Programs?

Mark Stanbrough, Emporia State University, USA*

98: Development of Coaching Philosophy Among College Basketball Coaches

Hidenori Shibusawa, Tokyo Gakugei University International Secondary School, Japan; Moe Machida, Juntendo University, Japan; Kouji Hamano, Juntendo University, Japan*

**99: Female Collaborative Competition:
Women's Different Way of Connection**

Joan Steidinger, Power Zone, USA*

**100: Nuances in the Coach-Athlete
Relationship: Findings From a Program
Evaluation in a Youth Soccer Academy**

Ryan Sappington, Temple University, USA;
Cristina Fink, High Performance Sports,
Philadelphia Union, USA; Michael Sachs,
Temple University, USA*

**101: Relationships Among Coach Feedback
and Athlete Sport-Confidence and
Motivation**

Alisha Sink, Ball State University, USA;
Lindsey Blom, Ball State University, USA;
Jocelyn Bolin, Ball State University, USA;
Sharon Bowman, Ball State University, USA*

**102: The role of coaching competency in
mediating the relationship between
coaches' transformational leader behavior
and athlete satisfaction**

San-Fu Kao, West Virginia University,
Taiwan, Province of China*

Consulting/Private Practice

**103: Opportunities and challenges for Asian
sport psychology professionals
consulting with American athletes**

Tzu-Chen Hsu, West Virginia University,
USA; Ed Etzel, West Virginia University, USA*

**104: The Utilization of Sport Psychology
Consultants in Major League Baseball**

Bruce Klonsky, The State University of
New York at Fredonia, USA; Alan Kornspan,
University of Akron, USA; Cody Grasso,
The State University of New York at
Fredonia, US; Keegan Johnston, The State
University of New York at Fredonia, US*

Developmental/Lifespan Perspectives

**105: Exploring the Career Preparation Process
of College Student-Athletes Based on the
Transtheoretical Model**

Chung-Ju Huang, University of Taipei,
Taiwan, Province of China; Tsung-Min Hung,
National Taiwan Normal University, Taiwan*

**106: Siblings' Influence on Elite Athletes'
Development: A Qualitative Investigation
of Sibling Relationships in Sport Context**

Malgorzata Siekanska, University of
Physical Education, Poland; Jan Blecharz,
The University of Physical Education in
Krakow, Poland*

Elite Performance

**107: Benefits of Positive Physical Contact in
Female Sport Performance**

Nivia Pellecier-Cavic, Mohawk Valley
Community College, USA; Elizabeth Boyer,
Capella University / Private Practice, USA*

**108: Exploring Impulsive Personality Traits in
Tennis Players: Preliminary Findings**

J. Davis VanderVeen, IUPUI, USA;
Nate Schultz, IUPUI, USA;
Melissa Cyders, IUPUI, USA*

**109: Grit in sport: A comparison across
performance tiers**

Kathryn Markgraf, University of Wisconsin-
Milwaukee, USA; Barbara Meyer, University
of Wisconsin-Milwaukee, USA;
Stacy Gnacinski, University of Wisconsin-
Milwaukee, USA*

**110: Psychological Competitive Abilities of
Japanese 2014 Sochi Olympic Athletes**

Yasuhisa Tachiya, Japan*

**111: The Relationship Between Personality,
Mental Toughness and Performance in
College Basketball Players**

Lindsay Ross-Stewart, Southern Illinois
University Edwardsville, USA;
Oliver Wiseman, University of Wisconsin
Parkside, USA; Jamie Stumpf, Southern
Illinois University Edwardsville, USA*

**112: Using personality traits as predictors of
athletic performances in elite hockey
players**

Brittney Conway, Eastern Washington
University, USA; Jon Hammermeister,
Eastern Washington University, USA*

113: Values in Training, Competing, and Living: In-Depth Interviews with Internationally Accomplished Polish Athletes

Artur Poczwardowski, University of Denver, USA; Jarosław Szyrkawicz, Sport Psychology Club, Warsaw School of Social Sciences and Humanities, Warsaw, Poland; Darek Parzelski, Warsaw School of Social Sciences and Humanities, Poland*

Exercise and Health Behaviors

114: Considerations of Promoting Physical Activity within International Students

Shuang Li, West Virginia University, USA*

115: Does the Big Five Model of Personality Predict Exercise Adherence? Evidence from CrossFit and Traditional Gym Settings

Linda Sterling, Northwest Missouri State University, USA; Jennifer Pratt-Hyatt, Northwest Missouri State University, USA; Seth Hudson, Northwest Missouri State University, USA; Michelle Shade, Northwest Missouri State University, USA*

116: Exercise Equivalent Food Label's Impact on College Student's Food Choices

Margaret McConnell, Ithaca College, USA; Jessica Wood, Ithaca College, USA; Justine Vosloo, Ithaca College, USA*

117: Exercise Self-Efficacy on a Predominate HBCU Campus

Keri Kirk, Howard University, USA; Georita Frierson, Howard University, USA*

118: Investigating The Mental Skills Profiles of Sub-Elite Marathon Finishers

John Coumbe-Lilley, University of Illinois at Chicago, USA; Arin Weidner, University of Illinois at Chicago, USA; Karrie Hamstra-Wright, University of Illinois at Chicago, USA*

119: Physical Activity and Children: Contribution to Learning and Well-Being

Chad Doerr, James Madison University, USA; Elena Savina, James Madison University, USA; Kristin Garrity, James Madison University, USA; Pat Kenny, James Madison University, USA*

120: Resiliency's relationship with Exercise Barrier Self-Efficacy and Motivations to Exercise

E. Whitney Moore, University of North Texas, USA; Paul Yeatts, University of North Texas, USA; Mitch Barton, University of North Texas, USA; Gene Farren, University of North Texas, USA; Tsz Lun (Alan) Chu, University of North Texas, USA; Nicole J. Wilner, Georgia State University, USA; Scott Martin, University of North Texas, USA*

121: Weight Control, Avoidance of Negative Affect, and Exercise as Predictors of Body Satisfaction in Recreational Runners

Sharon Hamilton, Edinboro University, USA; Katie Stritzinger, Edinboro University, USA; Kelly Pieszak, Edinboro University, USA; Veronica O'Brien, Edinboro University, USA; Chad Losinger, Edinboro University, USA; Dakota Bocan, Edinboro University, USA*

Group Dynamics

122: Predictive power of the collective efficacy dispersion on cohesion in sport teams

Ryosuke Uchida, Graduate School of Human Sciences, Osaka University, Japan; Naoki Kugihara, Graduate School of Human Sciences, Osaka University, Japan*

123: The Influence of Gender on the Peer Leadership-Cohesion Relationship

Michael Berrebi, West Virginia University, USA*

Injury/Trauma/Rehabilitation

124: Qualitative Analysis of Environmental Influences on Paralympic Sport Development in the Czech Republic

Lawrence Judge, Ball State University, USA; Brianna Leitzelar, Ball State University, USA; Iva Machova, University of Olomouc, Czech Republic; Hana Válková, University of Olomouc, Czech Republic*

125: The impact of high mental toughness on the training, injury and recovery of amateur endurance athletes.

Josephine Perry, University of Roehampton, UK*

126: The Relationship Between Athletic Identity, Coping, and Mood State Among Injured Runners

Rebecca Park, San Francisco State University, USA; Mi-Sook Kim, San Francisco State University, USA*

127: Transitioning out of professional sport: The psychosocial impact of career-ending injuries among elite Irish rugby football union players

Monna Arvinen-Barrow, University of Wisconsin - Milwaukee, USA; Diarmuid Hurley, University of Jyväskylä, Finland; Montse Ruiz, University of Jyväskylä, Finland*

Life Skills/Learning Strategies (includes coping)

128: Attentional focus strategies selected by novice jugglers in a self-controlled learning environment

David Laughlin, USA; Kevin Becker, Texas Woman's University, USA; Arya Alami, LaGrange College, USA*

129: Perfectionism and Psychological Well-/Ill-being in Professional Dancers: The Mediating Roles of Coping Tendencies

Seongkwan Cho, Texas A&M International University, USA; Hun-hyuk Choi, Dongkook University, Korea; Jae-Hyun Shon, Dongkook University, Korea; Yong-Jin Yoon, Yonsei University, Korea; Jin-Young Huh, Dankook University, Korea; Seok Yoon, Chohan University, USA*

130: The influence of sports activities on social skills of junior high students, high school students and university students

Masayo Nozaki, Nihon University, Japan*

Mental Training/Interventions

131: A study to assess the efficacy of a 16-week psychological skills training program for collegiate wrestlers

Paul Wright, Lindenwood University, USA*

132: An examination of mental health intervention effects among NCAA student-athletes

Stacy Gnacinski, University of Wisconsin-Milwaukee, USA; Barbara Meyer, University of Wisconsin-Milwaukee, USA; Kelly Diener, UW-Milwaukee Athletics Department, USA; Kathy Litzau, UW-Milwaukee Athletics Department, USA*

133: Dig Deep: The Use of Physical Challenges to Build Mental Toughness

Dan Bell, Bates College, USA; Su Langdon, Bates College, USA*

134: Efficacy of Mindfulness Training With Elite Youth Soccer Players

Max Trenerry, Mayo Clinic, USA*

135: Frequency of Use and the Perceived Effectiveness of Collective Efficacy-Enhancing Techniques

Frazer Atkinson, University of North Dakota, USA; Sandra Short, University of North Dakota, USA*

136: Mental Skills Training in Oncology Treatment

Erin Davis, Adler University, USA; Sarah Forsythe*, USA*

137: Mindfulness and acceptance-based approaches with student-athletes: Acceptability, feasibility, and challenges

Michael Gross, Kean University, USA; Andrew Wolanin, Kean University, USA; Donald Marks, Kean University, USA*

138: Motivational Antecedents and Mental Toughness as Predictors of Psychological Health of University Athletes

Olufemi Adegbsan, University of Ibadan, Nigeria*

139: Patterns of Test of Performance Strategies

Jennifer Caron, California State University, Long Beach, USA; Sean Kerr, California State University Long Beach, USA; Tiffanye Vargas, California State University at Long Beach, USA*

- 140: Stopping the Downward Spiral: An Intervention with an Intercollegiate Softball Team**
Elizabeth Shoenfelt, Western Kentucky University, USA*
- 141: The effect of psychological skills training on student engagement, anxiety, and self-efficacy in university students**
Glenn Newbery, University of Western Sydney, Australia; Patsy Tremayne, University of Western Sydney, Australia, Australia*
- 142: Using Motivational General-Mastery Imagery to Improve the Self-efficacy of Youth Gymnasts**
Emily Parkerson, Georgia Southern University, USA; Brandon Harris, Georgia Southern University, USA; Jody Langdon, Georgia Southern University, USA; Daniel Czech, Georgia Southern University, USA*
- 143: Using Physiological Indicators to Explore the Use of Music for Enhancing Mindfulness Imagery Experiences**
Garry Kuan, Sports Science Unit, School of Medical Sciences, Universiti Sains Malaysia, Malaysia; Tony Morris, College of Sport and Exercise Science, and ISEAL, Victoria University, Melbourne, Australia., Australia*
- 146: Gender and Age Differences in Motives Orientation among Triathlon Athletes**
Ido Heller, Ball State University, USA; Selen Razon, Ball State University, USA; Elizabeth Goldsby, Public Mental Health PhD student, USA*
- 147: Integration of Relatedness Need Satisfaction and 2x2 Achievement Goal Orientations in Predicting Sport Motivational Outcomes**
Tsz Lun (Alan) Chu, University of North Texas, USA; Tao Zhang, University of North Texas, USA*
- 148: Mental Blocks in Performing Backward Moving Skills in Gymnastics**
Annamari Maaranen-Hincks, Springfield College, USA; Judy Van Raalte, Springfield College, USA; Thaddeus France, Springfield College, USA; Britton Brewer, Springfield College, USA*
- 149: Motivation among Collegiate Athletes based on Scholarship Status and Gender**
Amber Zant-Bice, University of Texas of the Permian Basin, USA; Camille Rex, University Of Mary Hardin-Baylor, USA*
- 150: Parental Perceptions of Exercise Programming Efforts for Children**
Brian Butki, Colorado State University, USA*
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- Motivation and Self-Perceptions**
-
- 144: Dress to Impress or Dress to Sweat? Examining the Perceptions of Exercise Apparel through the Eyes of Active Women**
Caitlyn Pecinovsky, University of Wisconsin-Milwaukee, USA; Christy Greenleaf, University of Wisconsin-Milwau, USA; Erin Sahlstein Parcell, University of Wisconsin-Milwaukee, USA*
- 145: Examination of Attributions as Moderators of the Impact of Past Performance on Self-Efficacy Estimates**
Steve Wininger, Western Kentucky University, USA; Alexandra Oldham, Western Kentucky University, USA*
- 151: Perceived Autonomy Support in Physical Education and Intention to be Physically Active Outside School**
Olanrewaju Ipinmoroti, Nigeria; Abidemi Faleke, International Council for Health Physical Education, Recreation, Sport and Dance, Nigeria*
- 152: Performance “Insurance”: The Self-handicapping Process in Collegiate Athletes**
Kristina Moore, Boston College / Lasell College, USA; Megan Babkes Stellino, University of Northern Colorado, USA*

153: Social Physique Anxiety and Behavior Regulations Among Collegiate Men

Kacey Cousins, University of North Texas, USA; Ana Alvarez, University of North Texas, USA; Paul Yeatts, University of North Texas, USA; E. Whitney Moore, University of North Texas, USA*

154: Sport Passion Realization in Collegiate Athletes: “How Fish Find Water”

Alexander Sturges, West Virginia University, USA*

155: The importance of self-esteem in objectified environment

Urska Dobersek, University of Indianapolis, USA; Robert Eklund, The University of Stirling, UK; Jeannine Turner, Florida State University, USA*

Novel Applications (music, dance, military)

156: Injury, Perfectionism, and Eating and Exercise Behaviors in College Dance Majors

Leigh Bryant, West Virginia University, USA; Damien Clement, West Virginia University, USA; Dana Voelker, West Virginia University, USA; Anna Onderik, West Virginia University, USA*

157: Post-LDAC reflections of ROTC cadets and the relationship to leadership performance

Todd Gilson, Northern Illinois University, USA; Morgan Latimer, Northern Illinois University, USA; Melissa Dix, Northern Illinois University, USA; Marc Lochbaum, Texas Tech University, USA*

158: Psychological concepts within a specialist military training unit

Melissa Coyle, University of St. Mark and St. John, U.K.; Lee-Ann Sharp, University of Ulster, UK*

159: Utilization of U.S. Army ROTC Physical Training to Foster Leadership Development

Molly Fischer, ORISE/Air Force Research Laboratory, USA; Adam Strang, USA Air Force, USA*

Professional Development and Mentoring

160: Development and Planning Analysis of a Hallmark AASP Regional Conference

Jorge Ballesteros, Ball State University, USA; Alex Wallace, Ball State University, USA; John Walsh, Ball State University, USA; Selen Razon, Ball State University*

161: College Student-Athletes’ Perceptions of Sport-Related Helping Professionals: A Comparison of Two Cohorts

Traci Stark, Heidelberg University, USA; Bethany Mattern, USA*

Research Design (methodology, analyses)

162: Concussion and female athletes in collision sports: a systematic review.

Leah Washington, UNC-Greensboro, USA; Donna Duffy, UNC-Greensboro, USA; Chris Rhea, UNC-Greensboro, USA; Kristine Lundgren, UNC-Greensboro, USA; Jenny Ethier, UNC-Greensboro, USA*

163: Got Mediation? Depends on Your Method: Analyses of Three Sport Motivation Constructs

Amanda Start, University of Idaho, USA; Tony Pickering, Eastern Washington University, USA; Damon Burton, University of Idaho, USA*

Social and Cultural Diversity

164: Mindful Ping-Pong: An Adaptation of the Preventing Long-Term Anger and Aggression in Youth (PLAAY) Intervention.

James Bruce Jr, USA*

165: Same streets, different pathways: A comparison of soccer participation history between incarcerated juveniles and youth soccer players in Brazil.

Lucas Silvestre Capalbo, Lund University, Sweden*

166: Sport Psychology Consultant Services Among HBCUs

Jerry Holt, Florida A&M University, USA

167: The Future of Girls' Sport Participation in Northern Uganda: Opportunities for Sport and Exercise Psychology

*Alicia Johnson**, University of Tennessee, Knoxville, USA; *Meredith Whitley*, Adelphi University, USA

Teaching Sport and Exercise Psychology

168: Find Me If You Can: Use Of A Scavenger Hunt To Bring Sport Psychology Constructs To Life

*Heather Deaner**, California State University, Stanislaus, USA

Youth Sport

169: Biopsychosocial and physical predictors of body satisfaction in middle school female athletes

*Jenna Tomalski**, University of North Texas, USA; *Trent Petrie*, University of North Texas, USA; *Scott Martin*, University of North Texas, USA; *Christy Greenleaf*, University of Wisconsin - Milwaukee, USA

170: Sport for Development and Youth Sport Personnel's Perceptions of the Psycho-Social Benefits of Sport Participation

*Lindsey Blom**, Ball State University, USA; *Robert Hilliard Jr.*, Ball State University, USA; *John Walsh*, Ball State University, USA; *Jorge Ballesteros*, Ball State University, USA

171: Sport Participation Among Middle School Boys: Relation to Fitness, Self-Concept, and Self-Efficacy

*Kristina Clevinger**, University of North Texas, USA; *Trent Petrie*, University of North Texas, USA; *Scott Martin*, University of North Texas, USA; *Christy Greenleaf*, University of Wisconsin-Milwaukee, USA

172: The Relationships among Youth Running Programs' Multidimensional Climates and Social Responsibility and Belonging

*Brigid Byrd**, Wayne State University, USA; *Jeffrey Martin*, Wayne State University, USA; *Kari Kischnick*, Wayne State University, USA

173: The Role of Sport Participation and its Relation to Middle School Girls' Physical Fitness, Self-Concept, and Activity Self-Efficacy

*Erin Albert**, USA; *Trent Petrie*, University of North Texas, USA; *Scott Martin*, University of North Texas, USA; *Christy Greenleaf*, University of Wisconsin-Milwaukee, USA

174: Youth athletes' sport motivation and physical activity enjoyment across sport specialization status

*William Russell**, Missouri Western State University, USA; *Regan Dodd*, Missouri Western State University, USA; *Margaret Lee*, Missouri Western State University, USA

