

AASP 2023

38TH ANNUAL CONFERENCE
OCTOBER 18-21 • ORLANDO, FL

PRESENTING SPONSORS



CONFERENCE PROGRAM



Hilton
ORLANDO LAKE BUENA VISTA

1st Floor

- 1 BENIHANA
- 2 AVIS CAR RENTAL
- 3 COVINGTON MILL
- 4 MAINSTREET MARKET
- 5 ANDIAMO
- 6 BELLSTAND
- 7 FRONT DESK
- 8 CONCIERGE
- 9 FEDEX
- 10 JOHN T'S
- 11 GIFT SHOP
- 12 RUM LARGO
- 13 GUEST LAUNDRY/ARCADE

Conference

- 1 ROSE
- 2 SUNFLOWER
- 3 CRYSTAL
- 4 INTERNATIONAL BALLROOM
- 5 GRAND BALLROOM
- 6 PALM BALLROOM
- 7 SABAL
- 8 VERANDA
- 9 LANAI
- 10 ARECA
- 11 OUTDOOR PAVILLION

2nd Floor

- 1 AZALEA
- 2 BEGONIA
- 3 CAMELLIA
- 4 DOGWOOD
- 5 EDELWEISS
- 6 FUCHSIA
- 7 GARDENIA
- 8 HIBISCUS
- 9 IRIS
- 10 JASMINE
- 11 KAHILI
- 12 LILY
- 13 MAGNOLIA
- 14 NARCISSUS
- 15 ORANGE BLOSSOM
- 16 POINSETTIA
- 17 QUINCE



LAND ACKNOWLEDGEMENT

The Association for Applied Sport Psychology (AASP) recognizes that Orlando, the site of our 2023 Annual Conference, inhabits spaces that are the ancestral home stewarded by the Seminole, Miccosukee, and Mascogo Tribal Nations. AASP also recognizes that virtual attendees worldwide will live, work, and attend from stolen indigenous land. Furthermore, the discipline of sport psychology is intertwined with colonialism that historically forced and continues to force Indigenous peoples from their homes and land. In recognizing this, we commit to an asserted effort to uplift Indigenous sovereignty and histories meaningfully. Indigenous peoples historically have, and still do, play an integral role in our nation's history and sport's origins. We recognize that Indigenous athletes and performers have a particular place as heroes and heroines in the sport and military historical milestones of the United States of America. AASP would also like to celebrate the indigenous people and tribes represented in our membership, who continue to suffer at the hands of white supremacy and systemic racism. We assert that sport has played a role in reinforcing violence and stereotypes against Indigenous individuals through harmful forms of imagery and symbolism, land occupation, and a refusal to learn and understand the experiences of all indigenous folks and tribes. As members of AASP, we aim to correct further wrongdoing through awareness and acknowledgment in addition to purposeful learning and action. We encourage members of AASP to make personal and professional efforts to learn more about how you can better support Indigenous peoples in their daily lives. More resources can be found at:

- [Nativegov.org](https://www.nativegov.org)
- [Native-land.ca](https://www.native-land.ca)
- [semtribe.com/stof/home/](https://www.semtribe.com/stof/home/)



WELCOME!

Welcome to the 38th Annual Conference of the Association for Applied Sport Psychology.

We are pleased you have chosen this conference to share your knowledge and extend your network of colleagues and friends. Please join us in thanking the Conference Planning Committee and staff:

- Stephen Gonzalez, Scientific Program Chair
- Lindsey Blom, Conference Program Chair
- Chelsea Wooding, Scientific Program Chair-Elect
- Aidan Kraus, Student Representative
- Amanda Perkins-Ball, Diversity Committee Representative
- Dolores Christensen, Conference Planning Committee Member
- Christopher Stanley, Conference Planning Committee Member
- Kent Lindeman, Executive Director
- Stephanie Garwood, Meeting Manager
- Emily Schoenbaechler, Certification & Communications Manager
- Emily Stark, Membership & Registration Coordinator

In addition, we want to thank the over 150 members who assisted with the review of all submitted conference abstracts. Their hard work enabled us to assemble what promises to be an outstanding program. This year's conference features an exceptional list of invited speakers, as well as lectures, panels, posters, symposia, and workshops that AASP members will be presenting. Thank you for continuing to submit your excellent work to our annual conference.

The AASP Executive Board is very pleased to serve as your host for AASP 2023, and hopes that you enjoy the program and networking activities that are planned. If any of us can be of further assistance, or if you have suggestions for increasing the effectiveness of the AASP organization or educational program, please stop and talk to us this week.

Enjoy the conference!

Sincerely yours,



AASP Executive Board
2022-2023

AASP EXECUTIVE BOARD 2022-2023



Bob Harmison, PhD, CMPC
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James Madison University



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AASP PAST PRESIDENTS

AASP is grateful for the individuals who have helped shape the organization by serving as president.

John Silva , 1985-1987	Robin Vealey , 1998-1999	Bonnie Berger , 2010-2011
Ronald Smith , 1987-1988	Andrew Meyers , 1999-2000	Jack Lesyk , 2011-2012
Robert Weinberg , 1988-1989	Joan Duda , 2000-2001	Jack Watson II , 2012-2013
Daniel Gould , 1989-1990	David Yukelson , 2001-2002	Jonathan Metzler , 2013-2014
Lawrence Brawley , 1990-1991	Linda Petlichkoff , 2002-2003	Robert Schinke , 2014-2015
Michael Sachs , 1991-1992	Damon Burton , 2003-2004	Brent Walker , 2015-2016
Charles Hardy , 1992-1993	Martha Ewing , 2004-2005 & 2007-2008	Angus Mugford , 2016-2017
Jean Williams , 1993-1994	Craig Wrisberg , 2005-2006	Amy Baltzell , 2017-2018
Tara Scanlan , 1994-1995	Vikki Krane , 2006-2007	Traci Statler , 2018-2019
Penny McCullagh , 1995-1996	Burton Giges , 2007-2008	Natalie Durand-Bush , 2019-2020
Maureen Weiss , 1996-1997	Sean McCann , 2008-2009	Kensa Gunter , 2020-2021
Leonard Zaichkowsky , 1997-1998	Glyn Roberts , 2009-2010	Lindsey Blom , 2021-2022

FELLOWS

A Fellow is an AASP member who has achieved distinction through significant contributions to academic and professional practice knowledge in sport and exercise psychology.

Congratulations to the 14 members named to AASP's 2023 Class of Fellows.

Amy Athey , KBR/Naval Special Warfare Development Group	Phillip Post , New Mexico State University
Shannon Baird , KBRwyle/1st Special Forces Group	Erin Reifsteck , University of North Carolina at Greensboro
Angel Brutus , USOPC	Mustafa Sarkar , Nottingham Trent University
Stephany Coakley , Temple University Athletics	Lauren Tashman , Align Performance LLC / Valor Performance Inc.
Larry Lauer , USTA Player Development	Jill Tracey , Wilfrid Laurier University
Christopher Mesagano , Federation University Australia	Greg Young , IMG Academy
Robert Owens , Valor Performance	Rebecca Zakrajsek , University of Tennessee

Active Fellows:

Renee Appaneal (2021)	Nick Galli (2021)	Jeff Martin (2004)	John Silva (1987)
Mark Aoyagi (2016)	Lori Gano-Overway (2019)	Scott Martin (2004)	Wesley Sime (1987)
Amy Baltzell (2017)	Burt Giges (2006)	Ian Maynard (2007)	Duncan Simpson (2021)
Monna Arvinen-Barrow (2020)	Joy Griffin (2002)	Sean McCann (2009)	Robert Smith (1995)
Heather Barber (2005)	Diane Gill (1987)	Penny McCullagh (1992)	Natalia Stambulova (2014)
Bonnie Berger (1987)	Todd Gilson (2019)	Rick McGuire (2010)	Traci Statler (2015)
Lindsey Blom (2019)	Scott Goldman (2016)	Jon Metzler (2013)	Joan Steidinger (2021)
Gordon Bloom (2021)	Daniel Gould (1987)	Taryn Morgan (2021)	Jim Taylor (2004)
Charlie Brown (2010)	Kensa Gunter (2020)	Angus Mugford (2016)	Gershon Tennenbaum (2006)
Damon Burton (2003)	Doug Hanks (2015)	Elizabeth Mullin (2018)	Melissa Thompson (2018)
Sarah Castillo (2016)	Stephanie Hanrahan (2010)	Maria Newton (2012)	Judy Van Raalte (2002)
Melissa Chase (2009)	Charles Hardy (1987)	Ed O'Connor (2010)	Tiffany Vargas (2019)
Graig Chow (2022)	Bob Harmison (2015)	Carole Oglesby (1987)	Robin Vealey (1989)
Becky Clark (2018)	Chris Harwood (2007)	Margaret Ottley (2018)	Ralph Vernacchia (2001)
Damien Clement (2020)	Brandonn Harris (2022)	Al Petitpas (1993)	Amanda Visek (2020)
Karen Cogan (2004)	John Heil (1998)	Kirsten Peterson (2013)	Chris Wagstaff (2022)
Alex Cohen (2018)	Tim Herzog (2020)	Linda Petlichkoff (1995)	Brent Walker (2015)
Steven Danish (1991)	Ken Hodge (2012)	Trent Petrie (2000)	Jack Watson (2012)
Kristen Dieffenbach (2016)	Jasmin Hutchinson (2017)	Artur Poczwadowski (2015)	Robert Weinberg (1987)
Joan Duda (1988)	Cindra Kamphoff (2021)	Alison Pope-Rhodium (2018)	Diane Whaley (2013)
Natalie Durand-Bush (2018)	Linda Keeler (2022)	Alessandro Quartiroli (2021)	Meredith Whitley (2022)
Vicki Ebbeck (2004)	Michele Kerulis (2021)	Glyn Roberts (1987)	Diane Wiese-Bjornstal (2002)
Ed Etzel (2007)	Bruce Klonsky (2021)	Michael Sachs (1987)	Jean Williams (1987)
Marty Ewing (2010)	Anthony Kontos (2017)	Tara Scanlan (1987)	David Yukelson (1987)
Leslee Fisher (2011)	Nohelani Lawrence (2022)	Carrie Scherzer (2022)	Leonard Zaichkowsky (1988)
David Fletcher (2014)	Bart Lerner (2016)	Rob Schinke (2014)	Michael Zito (2020)
Frances Flint (2009)	Jack Lesyk (2011)	Jamie Shapiro (2021)	Sam Zizzi (2012)
Mary Fry (2009)	Charlie Maher (2017)	Elizabeth Shoenfelt (2016)	

2023 AASP & AASP Foundation Award Winners



Dissertation Award

Recognizes the completion of an outstanding dissertation by an AASP doctoral student member

Ashley Kuchar

Fail Better Training



Kate F. Hays Distinguished Mentor Award

Recognizes outstanding efforts by an AASP member as a mentor/supervisor who has had a significant impact on their mentees in the field.

Traci Statler

Philadelphia Phillies



Distinguished International Professional Award

Recognizes an outstanding individual from the international community whose scientific and/or applied work has significantly impacted the field of sport and performance psychology

David Fletcher

Loughborough University - UK



Ken Ravizza Performance Excellence Award

Recognizes an individual who embodies exemplary psychological principles associated with performance excellence as demonstrated through consistent achievement, merit or leadership over the course of their career

Carli Lloyd

2x Olympic Gold Medalist, 2x FIFA Women's World Cup Champion, 2x FIFA Player of the Year, 4x Olympian



Distinguished Professional Practice Award

Recognizes a member who demonstrates exceptional quality and innovation in delivering sport and performance psychology services to the public

Michael Gervais

Finding Mastery



Masters Thesis Award

Acknowledges the completion of an outstanding thesis by an AASP student member

Danae Frentz

University of Alberta - Canada



Distinguished Student Practice Award

Acknowledges outstanding and innovative service delivery in sport and exercise psychology by student member

Shir Wasserman

James Madison University



Student/Early Career Professional Science-Practitioner Award

Recognizes student or early career professional who has demonstrated excellence in both the science of applied sport psychology as well as the practice of applied sport psychology

Ryan Sappington

Loyola University Maryland



Dorothy V. Harris Memorial Award

Recognizes an AASP member, in the early stage of his or her professional career, who has made outstanding contributions that are both theoretical and practical

Jana Fogaca

California State University - Long Beach



Teaching Excellence Award

Acknowledges an exceptional classroom educator in the field of sport, exercise, and performance psychology

Amanda Perkins-Ball

Rice University



Early Career Applied Practitioner Award

Recognizes a sport psychology practitioner who has recently entered into the applied field post-graduation.

Katie Pagel

Strive Performance LLC /
Colorado Rapids Youth Soccer Club



Inclusion, Diversity, and Excellence in Advocacy and Social Justice (IDEAS) Student Award

Recognizes a student involved in research, service, or applied experiences that focus on diversity, inclusion, social justice, or advocacy in sport and performance psychology

Kerry Guest

Indiana University

The Sport Psychologist Young Researcher Award



sponsored by Human Kinetics

\$1,000 USD award

2023 *The Sport Psychologist*
Young Researcher Award Winner:

William Low, Heriot-Watt University, UK

AASP 2023 Conference Student Travel Awards



sponsored by
Routledge/Taylor & Francis
\$750 USD award

2023 Conference Student Travel Award Winners:

Macey Arnold, University of North Texas
Matthew Cullen, University of Birmingham - UK
Harley de Vos, Condor Performance - Australia
Peyton Greco, University of North Carolina at Greensboro
Nicholas Lee, Boston University
Anthony Magdaleno, University of Wisconsin-Milwaukee
Daniel Martin, Durham University - UK
Melissa Pare, University of Windsor - Canada
Chelsi Ricketts, Michigan State University
Rebecca Steins, Saint Louis University

2023-2024 AASP Collaborative Research Grants

Katherine Hirsch, Todd Loughead, & Gordon Bloom, University of Windsor (Canada)
An Exploration of University Athletes' and Coaches' Perspectives of Fairness in Coach Leadership
 \$3,607

Carly Wahl, Eastern Illinois University; Barbara Meyer & Kyle Ebersole, University of Wisconsin-Milwaukee
Determining Validity of the Assessment of Recovery Activities for Athletes Using Heart Rate Variability
 \$3,818

2023-2024 AASP Community Outreach Grants

Charlotte Mohn, Kayla Myers, Kaylie Kappelmann & Jean-Charles LeBeau, Ball State University
Developing Teamwork Skills in an Underserved Community Via a Youth Soccer Program
 \$1,800

Lindsay Ross-Stewart, Southern Illinois University Edwardsville
Mental Training in Manitoba Schools: Project 11 Intermission Video Series
 \$3,200

If you would like to apply for an AASP Award or Grant, please visit www.appliedsportpsych.org for deadlines and additional information.

2023-2024 AASP Research Grants

Caitlin Brinkman & Shelby Baez, University of North Carolina – Chapel Hill
Don't Sleep on Getting Sleep: Characterizing Sleep After Anterior Cruciate Ligament Reconstruction
 \$2,454

Erin Frohlich & Robin Vealey, Miami University
Perceptions of Mental Skills Training and the Promotion of Athlete Mental Health by Certified Mental Performance Consultants® (CMPCs)
 \$3,375

Erin Haugen & Steven Westereng, University of North Dakota
Ready, Set, Return: Improving Psychological Readiness for Return to Sport Post-Injury
 \$4,650

Candace Hogue, University of Minnesota
An Experimental Investigation Examining Athletes Inflammatory Stress Responses to the Motivational Climate During a Free Throw Shooting Clinic
 \$5,000

Stephen Mellalieu, Cardiff Metropolitan University (UK); Ella McLoughlin, Nottingham Trent University (UK); Rachel Arnold, University of Bath (UK)
A Longitudinal Examination of Lifetime Stressor Exposure in Sport Performers
 \$3,541

E. Whitney Moore, Christine Habeeb, & Nicholas P. Murray, East Carolina University
Influence of Motivational Climate Conditions on Army Cadet Shooters' Efficacy, Attentional Focus, and Performance
 \$3,750

Melvin Sangalang & Scott Pierce, Illinois State University; Lindsey Keller, Illinois Wesleyan University
Life After Sports: A Career Transition Program for Graduating Collegiate Student-Athletes
 \$4,400

IN MEMORIAM

GREGORY DALE



Gregory Dale, PhD, the Director of Sport Psychology and Leadership Program for Duke Athletics, passed away on November 24, 2022 at the age 60 after a year-long battle with gastric cancer.

One of the nation's foremost experts in sport leadership and psychology, Dale was a member of the Duke Athletics staff for more than two decades. In his unique role, he provided training for athletes, coaches and administrators within the department – and to a number of professional sports franchises and coaches – through various educational programs. A respected professor of sport psychology and sport ethics in the Department of Health, Wellness and Physical Education, Dale was recognized multiple times for excellence in teaching by Duke University.

Greg was a long-time AASP member, presenting at many conferences, and certified by the organization for over 20 years. In 2018, Dale was named to Duke's newly-created Integrative Performance Excellence Group, a unit comprised of directors in the areas of Sports Performance, Athletic Medicine, Sports Nutrition and Behavioral Health, as well as individuals representing psychological services, team physicians and primary care physicians. The goal of this working group was to enhance the experience of Duke student-athletes by providing an integrative approach to the care of each individual athlete throughout his or her collegiate career.

The family requests with gratitude that contributions in Greg's memory be directed to Greg Dale Leadership Academy, supporting student-athletes at Duke University.

STEVEN UNGERLEIDER



Steven Ungerleider, long-time AASP member, AASP Fellow, and one of the first group of professionals to be AASP certified has died. He was 73. Ungerleider passed away March 18, 2023 in Healdsburg, California, after an eight-month

battle with pancreatic cancer.

He dedicated his life to understanding the psychological factors that influence athletic performance and was widely recognized for his pioneering work in the area of anti-doping and combatting the use of performance-enhancing drugs in sport, the importance of fair play and fighting for justice for athletes.

Born in 1949 in New Jersey, Ungerleider was a multifaceted individual who made significant contributions to both the fields of sport psychology and film production through his philanthropic endeavors at the Foundation for Global Sports Development.

He authored several books, including *Mental Training for Peak Performance*, which focused on mind exercises used by top athletes to excel in sport, and *Quest for Success*, which explored success achieved by numerous Olympians in sport and in life after athletics.

Ungerleider produced HBO's *At the Heart of Gold: Inside the USA Gymnastics Scandal* (2019), the Erin Lee Carr-directed film that focused on the sexual-abuse victims of convicted USA Gymnastics doctor Larry Nassar.

He produced and directed the 2020 PBS documentary short *Positive All the Way*, an inspiring story about the Paralympic movement and its founder, Philip Craven, and produced the 2021 CNN Films doc *Citizen Ashe*, about the tennis legend and activist.

IN MEMORIAM

Ungerleider received his PhD in Counseling Psychology from the University of Oregon. He served on the Education and Ethics Committee of the World Anti-Doping Agency and the National Advisory Panel of the American Psychological Association. In 2009, Ungerleider co-founded the Texas Program in Sports and Media at his alma mater, the University of Texas, Austin. He more recently helped launch the Courage First Athlete Helpline to build awareness around sexual abuse in sport and offer confidential support.

RUTH HALL



Sending this message with a very heavy heart. Any person familiar with persons of color in psychology and sport psychology will know Dr. Ruth Hall. Dr. Hall completed her PhD in Clinical Psychology at Boston University in 1979 and subsequently took a position as Senior Staff Psychologist at University of Pennsylvania. Even then, many athletes were reporting to the Counseling Center and Ruth was very aware and concerned with medical and psychological issues of black women that were not well addressed in the profession. Exercise and sport seemed to her to offer a positive pathway particularly for women of color. Ruth was determined to add sport psychology to her own clinical repertoire. She could have simply 'stretched' her licensure in New Jersey and Pennsylvania to begin to be active in this area. But Ruth being Ruth, she enrolled in the master's program in sport and exercise psychology at Temple and began successful work with Michael Sachs and me.

Ruth had a gift for cross-racial collaboration and leadership. She had founding roles with the

Association of Black Psychologists, Association of Women in Psychology, APA (Society of Women in Psychology among others. She joined AASP and immediately served in a leadership capacity with the the Diversity Committee. Ruth's last academic post was Chair of the Graduate Program in Psychology at College of New Jersey where she retired emeritus. Her passion was always clinical work but Ruth's publications have had great influence, especially among the ethnically diverse in sport psychology. She published "Softly Strong" in *The Psychotherapy Patient* (1998); *Shaking the Foundations: Women of Color in Sport*, in *The Sport Psychologist* (2001); *Through the Looking Glass*, a Special Issue of *Sex Roles: Journal of Research*, a prestigious feminist journal. For the latter, although co-edited with me, that was 'all Ruth' as their editorial board did not know me from Adam or Eve at that time. She has co-authored work with renowned feminist psychologists Beverly Green and Michelle Fine.

Donations to honor Ruth's memory can be made to following organizations - American Diabetes Association, Kidney Foundation of America or Providence Animal Center.

CMPC CREDIT

The AASP Annual Conference counts for 12 CEUs (3 per day) toward CMPC recertification. In order to claim the credit, turn in your conference registration confirmation email with your recertification materials. You will not receive a separate certificate.

You can earn additional credit by attending the sessions below. In order to claim credit for these, you will be required to sign in, and you will receive a certificate via email after the conference.

If you attend the entire conference, including the three sessions below, you can receive a maximum of 15.25 CEUs.

Diversity Credit - 1.25

Thursday, October 19, 2:30 pm - 3:45 pm, Grand 4

PAN-08: What Does an AASP that Integrates DEIBJ Look Like? Changes in Membership Demographics from 2017 to 2023 Emphasize the Need to Rethink Diversity and Inclusion in AASP Membership

Amanda Perkins-Ball, Rice University, USA;

Derek Zike, UW Milwaukee, USA;

Deyanira Enriquez, Flatiron Mental Performance, USA

Ethics Credit - 1.0

Friday, October 20, 1:45 pm - 2:45 pm,
International South

FEA-11: Staying Abreast of Recent Changes to the AASP Ethics Code: Didactics and Collaborative Decision-Making

Michael D. Zito, Morristown Clinical and Sport Psychology, USA;

Tim Herzog, Reaching Ahead Counseling and Mental Performance, USA

Mentorship/Supervision Credit - 1.0

Saturday, October 21, 11:30 am - 12:30 pm,
International Center

SYM-10: Leveling Up the Training of Certified Mental Performance Consultants in Higher Education Settings: Perspectives and Processes in Effective Mentorship Structure and Design to Meet Emergent Demands

Dana Voelker, West Virginia University, USA;

Zenzi Huysmans, Whole Brain Solutions, USA;

Jana Fogaca, Long Beach State University, USA;

Michelle McAlarnen, Minnesota State University, Mankato, USA

APA CREDITS

APA credits are available to AASP attendees for an additional fee. To obtain APA credits, you must purchase them when you register for the conference. If you registered for APA credit, you received instructions and additional information, including a list of eligible sessions, when you picked up your name badge.

SPEAKER READY ROOM

All speakers delivering computer-based presentations are required to visit the Speaker Ready Room, in Sabal, to pre-load their presentations. Please visit the Speaker Ready Room at least two hours prior to your presentation time. If you are presenting at 8:15 am, plan to visit the day prior to your presentation.

Please provide your presentation on a USB drive, and if your presentation contains audio or video, make sure to have a copy of the audio or video source file on your USB.

An AV Tech will be able to assist you with putting your files on a laptop and previewing your presentation. Please note that once your presentation is uploaded in the Speaker Ready Room, you will not be permitted to revise the presentation. Please make all your last-minute changes before coming to the Speaker Ready Room. Once uploaded, your presentation will be available on a PC laptop in your session room in a folder on the desktop named with your session date and time.

Speaker Ready Room Hours

Wednesday, October 18	9:00 am - 5:00 pm
Thursday, October 19	7:00 am - 4:00 pm
Friday, October 20	7:00 am - 2:00 pm
Saturday, October 21	7:00 am - 3:00 pm

NURSING LOUNGE

BEGONIA - MEZZANINE LEVEL

A room is available for nursing mothers during conference hours Wednesday - Saturday. Please pick up a key at the AASP registration desk if you would like to use the room.

THE ZEN LOFT: for Quiet Meditation, Reflection, and Prayer

AZALEA - MEZZANINE LEVEL

The purpose of the ZEN Loft is to offer a space for prayer, relaxation, and reflection for all conference attendees. The goal is to provide a quiet sanctuary where you can retreat from the conference and safely respect your personal, spiritual, and/or religious practices. The room is not advocating or endorsing any particular religion or belief system, but instead is there to offer a dedicated, comfortable space for attendees to use throughout the conference as needed.

SPECIAL INTEREST GROUP (SIG) MEETINGS

Attendees are welcome to attend any SIG meeting; pre-registration is not required.

Groups meet from 12:40 PM – 1:25 PM; and 1:30 PM – 2:15 PM. Check the schedule below for the time your group meets.

Thursday, October 19

12:40 PM - 1:25 PM

Anger & Violence in Sport
Lily

Coaching Science
Grand 6

Exercise Psychology and Wellness
Camellia

Media in Sports
International Center

Mental Health
Grand 7

Performing Arts
International North

Soccer
Kahili

Teaching Sport and Exercise Psychology
International South

1:30 PM - 2:15 PM

Athlete Retirement
Lily

Business Ownership
Poinsettia

Eating Disorders
International Center

Fencing
Kahili

Mindfulness
Camellia

Pride (LGBTQ+)
Grand 7

Psychology of Sport Injury
Grand 6

Race and Ethnicity in Sport
International South

Study & Practice of Supervision
International North

COMMITTEE & EDITORIAL BOARD MEETINGS

Thursday, October 19

12:30 PM - 2:00 PM

Past Presidents Council & Lunch
Orange Blossom/Narcissus

12:30 PM - 1:30 PM

Advocacy Committee
Poinsettia

Ethics Committee
Quince

Newsletter Committee
Jasmine

Friday, October 20

7:00 AM - 8:00 AM

Nominations/Leadership Development Committee
Kahili

Webinar/Virtual Conferences Committee
Dogwood

12:30 PM - 1:30 PM

Community Outreach Committee
International North

Continuing Education Committee
International Center

Diversity Committee
Grand 6

Finance Committee
Grand 7

Graduate Program Directors Committee
Crystal

12:45 PM - 2:00 PM

Sport Psychology Council
Dogwood

FULL CONFERENCE SCHEDULE

WEDNESDAY, OCTOBER 18

8:30 AM – 12:30 PM *USTA National Campus*

CE Workshop: Mental Performance Training in Professional & Junior Tennis

Larry Lauer, USTA National Campus, USA;
Earlynn Lauer, USTA National Campus, USA;
Dan Gould, Michigan State University, USA

Pre-registration required; workshop is full.
Bus leaves at 8:30 am from the Convention
Entrance of the hotel near Grand Ballroom 6.

9:00 AM - 12:00 PM *International North*

CE Workshop: From Classrooms and Offices to Fields and Sidelines: An Evolution in Applied Mental Performance Coaching

Cecilia Craft, Philadelphia Phillies, USA;
Traci Statler, Philadelphia Phillies, USA;
Frances Cardenas, Philadelphia Phillies, USA

Pre-registration required; additional fee.

1:00 PM - 2:00 PM *International South*

LEC-01: Youth Sport

LEC-01A: Developing Self-Awareness and Emotional Intelligence in Adolescent Soccer: A Community Outreach Program

Sabrina Gomez Souffront, Florida International University, USA;
Enzo Everett, Florida International University, USA;
Jason Kostrna, Florida International University, USA

LEC-01B: The Effects of Perfectionistic Climate on Perfectionism, Resilience, Fear of Failure, and Psychological Wellbeing in Youth Athletes

Emily Dargue, Nottingham Trent University, UK;
Julie Johnston, Nottingham Trent University, UK;
Sarah Mallinson-Howard, York St Johns University, UK;
Mustafa Sarkar, Nottingham Trent University, UK;
Laura Healy, Nottingham Trent University, UK

LEC-01C: A Group Concept Mapping Approach to Guide and Support the USTA's American Development Model: TENNIS FUN MAPS

Amanda Visek, The George Washington University, USA;
Rachel Albenze, The George Washington University, USA;
Yichen Jin, The George Washington University, USA;
Nathan Fordham, The George Washington University, USA

LEC-01D: Exploring the Impact of a 4-Day Sports Camp on Life Skill Development in Pre-Adolescent Girls

Katherine Griffes, SUNY Oneonta, USA;
Kelsey Terrell, SUNY Oneonta, USA;
Darion Browne, SUNY Oneonta, USA;
Aidan Patafio, SUNY Oneonta, USA

1:00 PM - 2:00 PM

Crystal

LEC-02: Diversity, Equity, Inclusion, Belonging, and Justice (DEIBJ)

LEC-02A: The Moderating Effect of Ethnic Identity in College Baseball Athletes of Color

Alec Treacy, Florida State University, USA;
Tsz Lun (Alan) Chu, University of North Carolina at Greensboro, USA

LEC-02B: Promoting Gender+ Equity in Youth Sport through an Online Social Learning Space

Majidullah Shaikh, The University of British Columbia - Okanagan, Canada;
Sara Kramers, School of Human Kinetics, University of Ottawa, Canada

LEC-02C: Sport, Mental Health, and Race in School Systems

Laura Hayden, University of Massachusetts Boston, USA;
Joseph Cooper, University of Massachusetts Boston, USA;
Allison Smith, University of Massachusetts Boston, USA;
Bryce Scottron, University of Massachusetts Boston, USA

LEC-02D: "In the Skin I'm in...I Represent a Different Version of What Help Looks Like:" Black Women Sport Psychology Professionals' Experiences in Applied Sport Psychology

Sharon Couch, University of Tennessee Knoxville, USA;
Leslee Fisher, University of Tennessee, USA;
Lauren McHenry, McHenry Mental Performance, LLC, USA;
Matthew Bejar, San Jose State University, USA;
Diandra Walker, University of Tennessee, Knoxville, USA;
Rebecca Zakrajsek, University of Tennessee, USA

1:00 PM - 2:00 PM

International Center

PAN-01: Top-Down: Systems Approach to Mental Performance Delivery in Elite Settings

Kerry Guest, Indiana University, USA;
Mike Clark, University of Arizona, USA;
Lindsey Hamilton, IMG Academy, USA;
Michael Urban, University of California, Berkeley, USA

1:00 PM - 2:00 PM

International North

PAN-02: Sharpening Your Skills: The Power of Debate in Professional Development

Hillary Cauthen, Texas Optimal Performance & Psychological Services, USA;
Trey McCalla, Apogee High Performance, USA;
Dan Abroms, Boston Red Sox, USA;
Adrian Ferrera, A Journey Forward, LLC, USA

1:00 PM - 2:00 PM

Grand 4

WKSP-01: The WHEN of Mindfulness: Prepare, Compete, Reflect

Michael Gerson, JFKU/ Mission 6 Zero, USA;
Danny Ourian, Dominican University of California, USA

1:00 PM - 2:00 PM

Grand 7

WKSP-02: Integrating Graded Exposure Therapy to Address Injury-Related Fear after Sport-Related Injury

Shelby Baez, University of North Carolina at Chapel Hill, USA;
Caitlin Brinkman, University of North Carolina at Chapel Hill, USA

1:00 PM - 2:00 PM

Grand 6

WKSP-03: Enhancing Supervision Experiences among Novice Mental Performance Consultants through Case Conceptualizations

Charlotte Mohn, Ball State University, USA;
Corinne Zimmerman, Michigan State University, USA;
Kathryn Gallenstein, USA

2:15 PM - 3:15 PM

Grand 7

FEA-01: Five Slides in Five Minutes - Teaching Challenging Topics and Sensitive Subject Matter, sponsored by the Teaching Sport and Exercise Psychology SIG

Hannah Bennett, Augusta University, USA;
Aman Hussain, University of Winnipeg, Canada;
Kimberly Shaffer, Barry University, USA;
Erika Van Dyke, Springfield College, USA;
Amber Shipherd, Texas A&M University - Kingsville / Next Level Mind Consulting, USA;
Andrew Friesen, Pennsylvania State University, USA

2:15 PM - 3:15 PM

Grand 6

LEC-03: Mental Health**LEC-03A: Disordered Eating, Compulsive Exercise, and Body Image Concerns in Collegiate Athletes**

Ksenia Power, Temple University, USA

LEC-03B: Tracking Adolescents Consistency of Physical Activity and Psychological Adjustment Across the First Year of the COVID-19 Pandemic

Lindsey Forbes, Dr. Forbes & Associates, Canada;
Wendy Ellis, King's University College at Western University, Canada;
Tara Dumas, Huron University College at Western University, Canada

LEC-03C: Adverse Childhood Experiences, Protective Factors, and Social Behaviors of Young Adults in Sports and Life

Keely Hayden, University of North Texas, USA;
Cami Barnes, University of North Texas, USA;
Hunter Williams, University of North Texas, USA;
Scott Martin, University of North Texas, USA

LEC-03D: The Relationship Between Poor Mental Health and Sleep Quality in Elite Australian Athletes

Harley de Vos, Condor Performance, Australia

2:15 PM - 3:15 PM

International North

PAN-03: When Everything and Nothing Changes: Navigating Transitions Between Olympic Cycles from a Systems Theory Perspective

Stacy Gnacinski, Drake University, USA;
Barbara Meyer, University of Wisconsin-Milwaukee, USA;
Penny Werthner, University of Calgary, Canada;
Courtney Hess, Stanford University School of Medicine, USA

2:15 PM - 3:15 PM

International South

SYM-01: Intensive Mindfulness Meditation Silent Retreat: Impact on Preparation for and Performance at the 2020 Tokyo Olympic Games

Erika Osherow, USA;
Christian Harris, University of Denver, USA;
Jonathan Mills, USA;
Srujana Gummalla, University of Denver, USA;
Meghan Olt, University of Georgia, USA;
Brooke Lamphere, University of Colorado School of Medicine, USA;
Adam O'Neil, University of Denver, USA;
Artur Poczwardowski, University of Denver, USA;
Peter Haberl, Private Practice, USA;
Mark Aoyagi, University of Denver, USA;
Bob Diehl, CU-Boulder, Psychological Health and Performance, USA

2:15 PM - 3:15 PM

Grand 4

WKSP-04: Help Me Help You (and Your Kid): Building Effective Relationships with Youth Sport Parents

Abby Keenan, Intrepid Performance Consulting, USA;
Mark Cheney, Faith Lutheran MS & HS, USA

2:15 PM - 3:15 PM

International Center

WKSP-05: Supporting LGBTQ2IA+ Student-Athlete Affinity Groups at Universities Through Identity-Based Sport Psychology Services

Nicholas Lee, Boston University, USA;
Macy Tarrant, Boston University, USA

2:15 PM - 3:15 PM

Crystal

WKSP-06: Social Identity Mapping in Sport

Craig White, Loughborough University, UK

3:45 PM - 5:00 PM

Grand 6

FEA-02: Five Slides in Five Minutes - Applied Exercise Psychology: To Infinity And Beyond... sponsored by the Exercise Psychology & Wellness SIG

Lindsey Blom, Ball State University, USA;
Jean-Charles Lebeau, Ball State University, USA;
Kristin Mauldin, California Baptist University, USA;
Andrea Laliena Rubio, California Baptist University, USA;
Janeane Hernandez, California Baptist University, USA;
Bailey Thompson, Axon Athletics, USA;
Selen Razon, West Chester University, USA;
Gozde Ersoz, Fenebahce University, Turkey;
Nina Rios-Doria, MOOV Health, USA

3:45 PM - 5:00 PM

Crystal

LEC-04: Collegiate Sport 1

LEC-04A: Everything Old Is New Again: Dishabituation and Visual Perception

Sally Zengaro, Jacksonville State University, USA;
Franco Zengaro, Jacksonville State University, USA;
John Alvarez, Delta State University, USA

LEC-04B: Using Self-Regulation Coaching as a Mental Skills Training Model for College Athletes: A Longitudinal Educational Intervention Study

Jordan Goffena, Miami University, USA

LEC-04C: The Effect of a Pre-Match PSR-VSM and Imagery Intervention on Serve Reception in Collegiate Volleyball

April-Grace Sicam, MindTap, LLC, USA;
Nataniel Boiangin, Barry University, USA;
Jason Kostrna, Florida International University, USA;
Claire Joanne Louise Rossato, University of Greenwich, UK

LEC-04D: Existential Athletics:

The Connection between Passion and Meaning in Life in University Athletes and Non-Athletes

Joshua Coon, Fort Lewis College, USA;
Gily Meir, University of Western States, USA;
Matthew Moore, University of Western States / Ampelis, USA;
Amy O'Hana, University of Western States, USA

3:45 PM - 5:00 PM

International South

PAN-04: Striking Out Silos: Mental Performance and Mental Health Alignment Within a Major League Baseball Organization

Brian Miles, Cleveland Guardians, USA;
Lindsay Shaw, Cleveland Guardians, USA;
Sean Swallen, Cleveland Guardians Baseball, USA;
Kevin Lou, Cleveland Guardians, USA

3:45 PM - 5:00 PM

International Center

PAN-05: Exploring Interdisciplinary & Transgenerational Perspectives on Diversity, Equity, and Inclusion in Applied Sport Psychology

Kira Borum, University of North Carolina- Greensboro, USA;
Erin Reifsteck, University of North Carolina at Greensboro, USA;
Stephany Coakley, Temple University Athletics, USA;
Diane Gill, UNCG, USA

3:45 PM - 5:00 PM

International North

SYM-02: Signature Interventions for Sustainable Performance Excellence: International Perspectives Across the Continuum of Mental Wellbeing and Mental Performance

Elizabeth Shoenfelt, Western Kentucky University, USA;
Sebastian Brueckner, Private Practice, Germany;
Stiliani Chroni, Inland Norway University of Applied Sciences, Norway;
Göran Kenttä, The Swedish School of Sport and Health Science, Sweden;
Antonis Alexopoulos, European University of Cyprus, Nicosia, Cyprus;
Courtney Hess, Stanford University School of Medicine, USA

3:45 PM - 5:00 PM

Grand 7

SYM-03: Trauma-Informed Sport Psychology: A New Standard of Care?

Amanda Leibovitz, University of Western States, USA;
Mitch Abrams, Learned Excellence for Athletes, USA;
Keely Hayden, University of North Texas, USA;
Scott Martin, University of North Texas, USA

3:45 PM - 5:00 PM

Grand 4

WKSP-07: Creating a Magic Kingdom of Learning: How a Community of Practice (CoP) Can Benefit Mental Performance Consultants

Christian Smith, IMG Academy, USA;
Greg Young, IMG Academy, USA;
Duncan Simpson, IMG Academy, USA

4:30 PM - 5:15 PM

Palm 3

New Member Meet & Greet

5:30 PM - 7:00 PM

Palm 1-2

OPENING KEYNOTE SESSION

Welcome

Robert Harmison, James Madison University, USA

Conference Overview

Lindsey Blom, Ball State University, USA

Awards and Recognition

Dorothy V. Harris Memorial Award

Jana Fogaca, California State University - Long Beach, USA

Distinguished Student Practice Award

Shir Wasserman, James Madison University, USA

Kate F. Hays Distinguished Mentor Award

Traci Statler, Philadelphia Phillies, USA

Student/Early Career Professional Science-Practitioner Award

Ryan Sappington, Loyola University Maryland, USA

Keynote Presentation

Technology, Psychology & Sport Performance: How to Use the Tools, Not Let the Tools Use You

Sian Allen, Research Manager, Innovation Team at Lululemon, Canada

7:00 PM - 9:00 PM

Poolside

Opening Reception

THURSDAY, OCTOBER 19

7:00 AM - 8:00 AM

Grand 4

CMPC Breakfast

Open to current CMPCs.

8:15 AM - 9:30 AM

International South

PAN-06: The Entrepreneurial Experience: Understanding the Business Side of Mental Performance

Abby Keenan, Intrepid Performance Consulting, USA;
Lindsey Schriefer, Center for Psychological Performance, USA;
Adrian Ferrera, A Journey Forward, LLC, USA;
Domagoj Lausic, Hourglass Performance Institute, USA

8:15 AM - 9:30 AM

International North

SYM-04: Conducting Collaborative, Multidisciplinary Research in Applied Sport Psychology: The Planning, Lessons Learned, and Findings from an AASP Collaborative Research Grant Project

Candace Hogue, Penn State University, Harrisburg, USA;
Mary Fry, University of Kansas, USA;
Andrew Fry, University of Kansas, USA;
Jacob Chamberlin, University of Kansas, USA;
Drake Eserhaut, University of Kansas, USA

8:15 AM - 9:30 AM

Grand 7

SYM-05: Mental Health Interventions in Sport: Evidence from Systematic Reviews, Consensus Statements and Programme Implementation

Gavin Breslin, Ulster University, UK;
Nora Sullivan, Ulster University, UK;
Stephen Shannon, Ulster University, UK;
Bradley Donohue, University of Nevada, Las Vegas, USA

8:15 AM - 9:30 AM

International Center

WKSP-08: Mental Skills, the Coach-Athlete Relationship, and Motor Learning: A Multi-Tiered Approach to Performance Consulting

Shane Thomson, University of Tennessee, USA;
Shelby Miller, USA;
E. Earlynn Lauer, USA;
Lauren McHenry, McHenry Mental Performance, LLC, USA;
Andrew Bass, Pittsburgh Pirates, USA;
Kevin Becker, University of Tennessee, USA;
Rebecca Zakrajsek, University of Tennessee, USA

8:15 AM - 9:30 AM

Grand 6

WKSP-09: From General Education to Customized Training Solutions: How to Periodize and Individualize Cognitive Training to Specific Performer Needs

John Gassaway, USAF, USA;
Steve DeWiggins, Private Practice & Luke AFB, USA;
Sofoklis Sarellis, Luke AFB, USA

8:15 AM - 9:30 AM

Crystal

WKSP-10: Understanding the Experiences of Trans and Gender Nonconforming NCAA Athletes: Enacting Allyship as Sport Psychology Practitioners

Ryan Socolow, Athlete Ally, USA;
Joanna Line, Hiram College & Athlete Ally, USA;
Anna Baeth, Athlete Ally, USA;
Val Moyer, Athlete Ally, USA

In-room host: Aidan Kraus, Boston University, USA

*please note, this workshop will be presented remotely with speakers live on Zoom

9:00 AM - 7:00 PM

Grand 1

Poster Viewing

9:45 AM - 11:00 AM

Palm 1-2

KEYNOTE SESSION

Awards and Recognition

Distinguished Professional Practice Award

Michael Gervais, Finding Mastery, USA

Distinguished International Professional Award

David Fletcher, Loughborough University, UK

Teaching Excellence Award

Amanda Perkins-Ball, Rice University, USA

Outgoing Executive Board Recognition

Stephen Gonzalez, Dartmouth College, USA
Aidan Kraus, Boston University, USA
Amber Shipherd, Texas A&M University - Kingsville / Next Level Mind Consulting, USA
Duncan Simpson, IMG Academy, USA

Outgoing Certification Council Recognition

Robert Owens, Valor Performance, USA

Special Certification Council Recognition

Linda Petlichkoff, LP Performance LLC, USA
Sharleen Hoar, Canadian Sport Institute-Pacific, Canada
Vicki Tomlinson, JFK Sport & Performance Psychology at NU, USA

Keynote Presentation

Drawn to Life: A Peak Behind the Curtain at Cirque du Soleil

Matthew Sparks, Coaching and Performance Content and Senior Head Coach at Cirque du Soleil, USA
Saro Keresteciyan, Head of Performance Medicine at Drawn to Life, USA
Jérôme Hugo, Main Character, Acrobat and Artist/Coach Teeterboard, Drawn to Life, USA
Chelsea Wooding, University of Wisconsin-Green Bay, USA, moderator

11:30 AM - 12:30 PM

International North

FEA-03: Five Slides in Five Minutes - Scope and Practice of Working with Injured Athletes, sponsored by the Sports Injury SIG

Tim White, White House Athletics, USA;
John Coumbe-Lilley, University of Illinois at Chicago, USA;
Alex Bianco, Indiana State, USA;
Kylie Dykgraaf, Georgia Southern University, USA

11:30 AM - 12:30 PM

Grand 7

LEC-05: Technology & Programming

LEC-05A: The Future of Sport: Unleashing the Potential of Virtual Reality in Sport Performance Training, Rehabilitation and Applied Sport Psychology

Jordan Schools, LeTourneau Univeristy, USA;
Ben Greenhough, Rezzil, UK;
Susanna Pjecha, LeTourneau Univeristy, USA;
Ethan Hester, LeTourneau Univeristy, USA;
Kelci Wilson, LeTourneau Univeristy, USA

LEC-05B: It's in Your Pocket: Leveraging the Yardage Book to Equip Golfers with Mental Performance Tools

Noah Sachs, Noah Sachs Performance, USA;
Maryrose Blank, USA

LEC-05C: Transforming Tournament Preparation: The Integration of Virtual Reality and Mental Imagery in Golf Training

Noah Sachs, Noah Sachs Performance, USA;
Maryrose Blank, USA

LEC-05D: How Do We Know that Psychological Skills Training Programs Work? A Call for a Developmental Evaluation Approach in Sport Psychology Research and Practice

*Shane Thomson, University of Tennessee, USA;
Rebecca Zakrajsek, University of Tennessee, USA*

11:30 AM - 12:30 PM *International South*

SYM-06: "This is How I/We Fit": Perspectives from Men of Color Consulting in High Performance Domains

*Robert Owens, Valor Performance, USA;
Aaron Goodson, Duke University, USA;
Adrian Ferrera, A Journey Forward, LLC, USA;
Aren Ulmer, Courtex Performance, USA;
Ardran Carr, University of Michigan, USA*

11:30 AM - 12:30 PM *Grand 4*

WKSP-11: A Lost Art: The Science of How to CREATE an Effective Mental Performance Workshop

*Zach Brandon, Arizona Diamondbacks, USA;
Lindsey Hamilton, IMG Academy, USA*

11:30 AM - 12:30 PM *International Center*

WKSP-12: The Second Half: How to Tackle Mid-Career Obstacles with Confidence

*Duncan Simpson, IMG Academy, USA;
Hillary Cauthen, Texas Optimal Performance & Psychological Services, USA*

11:30 AM - 12:30 PM *Crystal*

WKSP-13: The Win-At-All-Costs Mentality: A Catalyst for Eating Disorders and Body Image Disturbance in Female Athletes

*Kelsey Varzeas, Walden Behavioral Care, USA;
Julie Freedman, USA*

In-room host: Jenny Conviser, Illinois Sport & Performance Institute / Northwestern University, USA

*please note, this workshop will be presented remotely with speakers live on Zoom

12:30 PM - 1:30 PM

Committee Meetings

See page 9 for a complete list of meetings and room assignments.

12:30 PM - 2:00 PM *Orange Blossom/ Narcissus*

Past Presidents Council Meeting & Lunch

12:40 - 1:25 PM & 1:30 PM - 2:15 PM

Special Interest Group (SIG) Meetings

See page 9 for a complete list of meetings and room assignments. SIG meetings are open to all attendees.

12:45 PM - 1:45 PM

Crystal

Graduate Program Director Meeting

This annual in-person meeting is intended for Graduate Program Directors to hear updates from the Graduate program Directors Committee (GPDC), participate in discussions about current AASP initiatives impacting graduate programs (e.g., Graduate Program Accreditation, CMPC Mentorship, etc.), and bring issues to the floor for consideration in the coming year.

2:30 PM - 3:45 PM

International North

FEA-04: Student Workshop - Undergraduate to Graduate Student: How to Navigate the Transition?

*Jordan Smith, Florida State University, USA;
John White-Singleton, East Carolina University, USA;
Dhruv Raman, Boston University, USA;
Hannah Moll, Georgia Southern University, USA;
Aidan Kraus, Boston University, USA;
Robert Looney, Boston University, USA*

2:30 PM - 3:45 PM

Grand 7

FEA-05: Sponsor Session - Employer Spotlight: Magellan Federal and our Performance Experts

2:30 PM - 3:45 PM

Grand 6

FEA-06: Sponsor Session - University of Western States

2:30 PM - 3:45 PM

Crystal

LEC-06: Professional Development & Supervision

LEC-06A: Are We Talking about Practice? Mental Performance Consultants Elaborate on Integrating the Self-Regulation of Sport Practice Survey as A Dialogue Tool with Adolescent Athletes

*Bradley Young, University of Ottawa, Canada;
Lisa Bain, University of Ottawa, Canada;
Sharleen Hoar, Canadian Sport Institute-Pacific, Canada;
Stuart Wilson, University of Ottawa, Canada;
Joe Baker, York University, Canada*

LEC-06B: Well-being, Performance, and Effective Service Provision: (Re)locating Reflective Practice at the Heart of Applied Sport Psychology Practice

*Brendan Copley, University of South Wales, UK;
Zoe Knowles, Liverpool John Moores University, UK;
Andy Miles, Cardiff Metropolitan University, UK;
Emma Huntley, Edge Hill University, UK*

LEC-06C: Composite Vignettes Exploring Reflection on Values for Developing Sport Psychology Practitioners' Self-Care

*Heather Hunter, University of Portsmouth, UK;
Alessandro Quartiroli, University of Wisconsin -
La Crosse (USA)/University of Portsmouth (UK);
Chris Wagstaff, University of Portsmouth, UK;
Richard Thelwell, University of Portsmouth, UK*

LEC-06D: "But I hate watching myself...": Strategies for Incorporating Video Feedback in Mentorship

*Jen Farrell, University of North Carolina Greensboro/
MindBody Endurance, USA*

2:30 PM - 3:45 PM

Grand 4

PAN-08: What Does an AASP that Integrates DEIBJ Look Like? Changes in Membership Demographics from 2017 to 2023 Emphasize the Need to Rethink Diversity and Inclusion in AASP Membership

*Amanda Perkins-Ball, Rice University, USA;
Derek Zike, UW Milwaukee, USA;
Deyanira Enriquez, Flatiron Mental Performance, USA*

* This session has been approved for 1.25 CEUs in the area of Diversity to partially meet the recertification requirement for Certified Mental Performance Consultants (CMPC). You must sign in at the session in order to receive credit.

2:30 PM - 3:45 PM

International Center

SYM-07: Coach Spotlight – Transitioning, Development, Empowerment, Work-Home Interface, and Wellbeing of Coaches

*Stiliani Chroni, Inland Norway University of Applied Sciences, Norway;
Kristen Dieffenbach, WVU - Center for Applied Coaching and Sport Sciences, USA;
Shameema Yousuf, Empower2Perform, UK;
Göran Kenttä, The Swedish School of Sport and Health Science, Sweden;
Peter Olusoga, Sheffield Hallam University, UK*

2:30 PM - 3:45 PM

International South

WKSP-14: Being Kind to Oneself and Beyond: Diverse and Flexible Approaches for Working with Athletes on Self-Compassion

*Tsz Lun (Alan) Chu, University of North Carolina at Greensboro, USA;
Ashley Kuchar, Fail Better Training LLC, USA;
Danae Frentz, University of Alberta, Canada;
Lani Silversides, SG United Foundation, USA*

4:00 PM - 5:30 PM

Palm 1-2

Graduate Program & Career Fair

5:00 PM - 6:00 PM

Orange Blossom/Narcissus

International Jamboree

5:30 PM - 7:00 PM

Grand 1

Poster Session I

6:00 PM - 7:30 PM

International Center

Fellows Meeting

6:00 PM - 9:00 PM

International North

CE Workshop: Living in Harmony with the Challenges of Sport Psychology Service Delivery Practice

Alessandro Quartiroli, University of Wisconsin - LaCrosse / University of Portsmouth

Pre-registration required; additional fee.

FRIDAY, OCTOBER 20

7:00 AM - 8:00 AM

Committee Meetings

See page 9 for a complete list of meetings and room assignments.

8:15 AM - 9:15 AM

International South

FEA-07: Five Slides in Five Minutes - (Re) Considering Traditional Psychological Constructs to Empower LGBTQ+ Athletes and Build a Culture of Inclusive Excellence, sponsored by the Pride SIG

*Hannah Bennett, Augusta University, USA;
Brooke Rundle, Headstrong Mindset LLC, USA;
Chloe Monroe, Boston University, USA;
Macy Lou Tarrant, Boston University, USA;
Nicholas Lee, Boston University, USA;
AJ Fallon-Korb, SUNY Cortland, USA*

8:15 AM - 9:15 AM

Grand 6

FEA-08: CMPC Certification: Eligibility Requirements for New Candidates and Recertification Procedures for Current CMPCs

Jon Metzler, Magellan Federal, USA;
 Leilani Madrigal, Long Beach State University, USA;
 Véronique Boudreault, Université de Sherbrooke, Canada;
 Angel Brutus, USOPC, USA;
 Mark Cormier, University of Kentucky, USA;
 Jennifer Farrell, University of North Carolina Greensboro, USA;
 Judy Goss, Private Practice, USA;
 Sharleen Hoar, Canadian Sport Institute-Pacific, Canada;
 Bart Lerner, West Coast University, USA;
 Robert Owens, Valor Performance, USA;
 Linda Petlichkoff, LP Performance LLC, USA;
 Michael Sachs, Temple University, USA;
 Greg Walker, USA Volleyball, USA

8:15 AM - 9:15 AM

International Center

LEC-07: Tactical Populations & Ethics**LEC-07A: Veterans' Resilience Program: Using Physical Activity to Enhance the Mental Wellbeing of Military Veterans**

Craig White, Loughborough University, UK

LEC-07B: Needs Uncovered: An Exploration of Mental Skills Knowledge, Applications, and Wants Within Canadian Armed Forces Families

Shelby Rodden-Matthews, Wilfrid Laurier University, Canada;
 Jill Tracey, Wilfrid Laurier University, Canada

LEC-07C: It's Not about You: The Ethical Implications of Ego Free(ish) Work

Zellessia Ejalonibu, Mississippi State University, USA

LEC-07D: From the Turf to the Battlefield: Applying Integrated Sport Periodization Models to Special Operators

Seth Rose, KBR, USA;
 Lauren Thomas, KBR, USA

8:15 AM - 9:15 AM

Grand 7

LEC-08: Injury/Rehabilitation**LEC-08A: The Mindful Injured Athlete Program: Integrating Mindfulness Based Interventions for Injured Athletes During Injury Rehabilitation**

JoAnne Bullard, Rowan University, USA;
 Jessica DeDomenico, Rowan University, USA;
 Catherine Koenig, Rowan University, USA

LEC-08B: "I Thought I would Recover Within Two or Three Weeks Max and Get Back to the Tennis Court" - Supporting Athletes with Long COVID: Recommendations for Sport Psychology Professionals Navigating the Unfamiliar and Unknown

Justine Vosloo, Ithaca College, USA;
 Jessica Peacock, Shenandoah University, USA

LEC-08C: What Are Athletic Therapists Learning in School? An Analysis of Sport Psychology Course Descriptions at Canadian Athletic Therapy Association Accredited Institutions

Melissa Pare, University of Windsor, Canada;
 Krista Chandler, University of Windsor, Canada

LEC-08D: The Utility of Cognitive Testing in the Treatment of Post-Concussion Athletes

Jacob Daheim, Texas Tech University, USA;
 Kirsten Cooper, Howard Head Sports Medicine, USA;
 Harlan Austin, Vail Health Howard Head Sports Medicine, USA

8:15 AM - 9:15 AM

Grand 4

PAN-09: Building the Plane as You're Flying It: Reflections on Supervision and Mentorship Outside of and Beyond Academic Settings

Aaron Goodson, Duke University, USA;
 Angel Brutus, USOPC, USA;
 Natalie Léger, Georgetown University, USA;
 Breigh Jones-Coplin, University of Denver, USA;
 Miana Graves, University of Texas, USA;
 Brittany Collins, University of Louisville Heath-Athletics, USA

8:15 AM - 9:15 AM

International North

PAN-10: Don't Say the "Y" Word: Yips in Sport

Kaytlyn Johnson, Georgia Southern University, USA;
 Megan Byrd, Georgia Southern University, USA;
 Jesse Michel, Deloitte, USA;
 Brandon Harris, Georgia Southern University, USA

8:15 AM - 9:15 AM

Crystal

WKSP-15: From Flexibility to Flow: Using the ACT Matrix and DNA-V to Enhance Sport Performance

Ashley Zultanky, Behavior Therapy Associates, USA

9:00 AM - 7:00 PM

Grand 1

Poster Viewing

9:45 AM - 11:00 AM

Palm 1-2

KEYNOTE SESSION

Awards and Recognition

Inclusion, Diversity, and Excellence in Advocacy and Social Justice Student Award

Kerry Guest, Indiana University, USA

Student Diversity Conference Travel Grants

Conference Student Travel Awards

Young Researcher Award

William Low, Heriot-Watt University, UK

Keynote Presentation

Interview with Carli Lloyd, 2x Olympic Gold Medalist, 2x FIFA Women's World Cup Champion, 2x FIFA Player of the Year, 4x Olympian

Lindsey Blom, Ball State University, USA, moderator

Presentation of the Ken Ravizza Performance Excellence Award

11:30 AM - 12:30 PM

International South

FEA-09: The Burt Giges Workshop: Navigating Identity Differences in Sport Psychology Spaces

Shameema Yousuf, Empower2Perform, UK;
Tess Kilwein, Tess M. Kilwein, LLC, USA;
Deyja Enriquez, Flatiron Mental Performance, USA
Organizer: *Erika Van Dyke, Springfield College, USA*

11:30 AM - 12:30 PM

Grand 7

LEC-09: Collegiate Sport & DEIBJ

LEC-09A: How to Enhance Leader Fairness in Team Sport: Applied Recommendations for Mental Performance Consultants

Katherine Hirsch, University of Windsor, Canada;
Todd Loughhead, University of Windsor, Canada

LEC-09B: Extending Career Transition Research into Cross-Cultural Context: Case of South Korean Student-Athletes

Yeongjun Seo, University of North Carolina at Greensboro, USA;
Erin Reifsteck, University of North Carolina at Greensboro, USA

LEC-09C: Understanding Existing Resources for Transition from Sport: Programming Implications for Division III Student-Athletes

Peyton Greco, University of North Carolina at Greensboro, USA;
Erin Reifsteck, University of North Carolina at Greensboro, USA

LEC-09D: "But Athletes Get Special Privileges...": Diverse College Student-Athletes' Experiences at an Elite Institution

Amanda Perkins-Ball, Rice University, USA

11:30 AM - 12:30 PM

Crystal

LEC-10: Collegiate Sport 2

LEC-10A: Experiences of Abuse Among Former NCAA Student-Athletes: Understanding the Role of Coaches' Coercive Control

Katherine Alexander, Utah State University, USA;
Travis E. Dorsch, Utah State University, USA;
Leslie A. Page, Utah State University, USA;
Kat V. Adams, Utah State University, USA

LEC-10B: Implicit Beliefs and Competitive Anxiety in Student-Athletes

Luca Ziegler, Georgia Southern University, USA;
Megan Byrd, Georgia Southern University, USA;
Brandonn Harris, Georgia Southern University, USA;
Jenna Tomalski, University of Georgia Athletics Association, USA

LEC-10C: A Common Knot: Athletes' Perceived Coach Behaviors, Competitive Trait Anxiety, and Burnout Symptoms

Sabrina Madson, University of North Texas, USA;
Scott Martin, University of North Texas, USA;
Robin Vealey, Miami University, USA

LEC-10D: Unconditional Positive Self-Regard, Resilience, and Performance Anxiety: Scale Validation and Quantitative Investigation with NCAA Student-Athletes

Lauren McHenry, McHenry Mental Performance, LLC, USA;
Rebecca Zakrajsek, University of Tennessee, USA;
Johannes Raabe, Bering Global Solutions, USA;
Shelby Miller, USA

11:30 AM - 12:30 PM

International Center

PAN-11: Applicability of Sport Psychology Consulting for International Leadership Development and Sustainable Performance Excellence

Melanie Poudevigne, USA;
 Sebastian Brueckner, Private Practice, Germany;
 Robert Owens, Valor Performance, USA;
 Maximilian Richert, FEPSAC, Germany

11:30 AM - 12:30 PM

International North

PAN-12: Should I Stay or Should I Go?: Discussing Factors that Influence Mid-Career Professional Transitions

Chelsea Wooding, University of Wisconsin- Green Bay, USA;
 Marc Cormier, University of Kentucky, USA;
 Pete Kadushin, Chicago Blackhawks, USA;
 Adrian Ferrera, A Journey Forward, LLC, USA

11:30 AM - 12:30 PM

Grand 6

SYM-08: Mental Health in Elite Sport – It Is Not Only about the Athletes: A Scandinavian Perspective

Tom Oevreboe, Norwegian School of Sport Sciences/ Norwegian Olympic Training Center, Norway;
 Göran Kenttä, The Swedish School of Sport and Health Science, Sweden;
 Anne Marte Pensgaard, Norwegian School of Sport Sciences & NOC, Norway;
 Marte Bentzen, Norwegian School of Sport Sciences, Norway;
 Karin Häggglund, The Swedish School of Sport and Health Sciences, Sweden

11:30 AM - 12:30 PM

Grand 4

WKSP-16: Breathing Life into Virtual Interventions: Utilizing HRV Apps for Virtual/ Remote Training with Elite Performers

Lindsay Shaw, Cleveland Guardians, USA;
 Sean Swallen, Cleveland Guardians Baseball, USA

12:30 PM - 1:30 PM

Orange Blossom/ Narcissus

Meet the Professionals Lunch

Ticket required; event sold out.

12:30 PM - 1:30 PM

Committee Meetings

See page 9 for a complete list of meetings and room assignments.

1:45 PM - 2:45 PM

Grand 4

FEA-10: Five Slides in Five Minutes - A Diverse Pool of Exercises for Various Performance Concerns, sponsored by the Mindfulness SIG

Ashley Kuchar, Fail Better Training LLC, USA;
 Dhruv Raman, Boston University, USA;
 Maile Sapp, University of Maine, USA;
 Lani Silversides, SG United Foundation, USA;
 Joel Hark, Boston University, USA;
 Piotr Piasecki, Boston University Wheelock College of Education and Human Development, USA

1:45 PM - 2:45 PM

International South

FEA-11: Staying Abreast of Recent Changes to the AASP Ethics Code: Didactics and Collaborative Decision-Making

Michael D. Zito, Morristown Clinical and Sport Psychology, USA;
 Tim Herzog, Reaching Ahead Counseling and Mental Performance, USA

* This session has been approved for 1.0 CEU in the area of Ethics to partially meet the recertification requirement for Certified Mental Performance Consultants (CMPC). You must sign in at the session in order to receive credit.

1:45 PM - 2:45 PM

Grand 7

LEC-11: Consulting & Professional Development**LEC-11A: A Qualitative Exploration of Elite Track and Field Coaches' Perceptions of the Motivationally Relevant Coaching Behaviours and Strategies that Positively Impact the Quality of Elite Athletes' Motivation**

Matthew Cullen, University of Birmingham, UK;
 Paul Appleton, Manchester Metropolitan University, UK;
 Joan Duda, University of Birmingham, UK

LEC-11B: A Longitudinal Examination of a Practitioner's Experiences of Managing Their Self-Care at the Tokyo 2021 Games

Daniel Martin, Durham University, UK;
 Alessandro Quartiroli, University of Wisconsin - La Crosse (USA)/University of Portsmouth (UK);
 Chris Wagstaff, University of Portsmouth, UK

LEC-11C: The Role of Athletic Identity in Athletes' Experiences of Emotional Abuse

Jatta Muhonen, University of Helsinki, Finland;
 Virve Toivonen, University of Helsinki, Finland

LEC-11D: Associations between Readiness, Dosage, and Outcomes in Mindfulness-Based Interventions with Athletes

Thomas Minkler, West Virginia University, USA;
 Sam Zizzi, West Virginia University, USA;
 D. Jake Follmer, West Virginia University, USA

1:45 PM - 2:45 PM

International North

PAN-13: The Two Things Firefighters Hate – Change and the Way Things Are: Experiences of Two Embedded Mental Performance Consultants Building a Cognitive Performance Program in a Fire Department

*Sophie Perekslis, South Metro Fire Rescue, USA;
Nicholas Bartley, South Metro Fire Rescue, USA*

1:45 PM - 2:45 PM

International Center

WKSP-17: Equitable Teaching in Sport, Exercise, and Performance Psychology: Increasing Interactions and Enhancing Engagement

*Stefanee Maurice, California Polytechnic State University, USA;
Hannah Bennett, Augusta University, USA*

1:45 PM - 2:45 PM

Grand 6

WKSP-18: Leveling Up Communication and Conflict Resolution: Tools for Consulting in High-Stakes, Opinionated, and Emotionally Charged Situations

*Stephen Gonzalez, Dartmouth College, USA;
John Gaddy, GDIT, USA*

1:45 PM - 2:45 PM

Crystal

WKSP-19: What Do We Say in the Mirror? Helping Others and Ourselves to Reframe or Refocus Appearance Related Thoughts

*Jamie Robbins, Methodist University, USA;
Amanda Ransom, Methodist University, USA*

3:00 PM - 4:00 PM

Palm 1-2

COLEMAN GRIFFITH LECTURE

Applied Sport Psychology Essentials: A Participatory Evolution of Our Field

Artur Poczwardowski, University of Denver, USA

PRESIDENTIAL ADDRESS

Better Together!

Elizabeth Shoenfelt, Western Kentucky University, USA

4:15 PM - 5:15 PM

Palm 1-2

Business Meeting

5:30 PM - 7:00 PM

Grand 1

Poster Session

7:00 PM - 8:00 PM

International North

Black Students & Professionals Meetup

SATURDAY, OCTOBER 21

8:15 AM - 9:30 AM

Crystal

LEC-12: Programming & Teaching

LEC-12A: Coaches' Perspectives on a Leadership Development Program for Adolescent Girls

*Morgan Rogers, University of Calgary, Canada;
Cari Din, University of Calgary, Canada;
Penny Werthner, University of Calgary, Canada*

LEC-12B: Online Psychological Skills Training: Describing Publicly Available Programs

*Frank Ely, University of Windsor, Canada;
Krista Chandler, University of Windsor, Canada;
Ashley Flemington, University of Windsor, Canada*

LEC-12C: Teaching Cultural Competence and Social Justice Through Civic Engagement in the Classroom

Rebecca Busanich, St. Catherine University, USA

8:15 AM - 9:30 AM

International North

PAN-14: Second Chapters: Scientist-Practitioner Application of Career Transition Interventions with Elite Athletes

*Tim Herzog, Reaching Ahead Counseling and Mental Performance, USA;
Cristina Versari, San Diego University for Integrative Studies, USA;
Melinda Harrison, Melinda Harrison Inc, Canada;
Avinash Chandran, Datalys Center, USA;
Johnny Davis, Former NBA Player & Coach, USA*

8:15 AM - 9:30 AM

International South

WKSP-20: Introduction to the Human Rehabilitation Framework: An Advanced ACT Workshop

Eddie O'Connor, Dr. Eddie O'Connor, PLLC, USA

8:15 AM - 9:30 AM

Grand 7

WKSP-21: Developing Mental Toughness in Sport: From Theory to Practice

Parker Leap, Appalachian State University, USA;
 Shir Wasserman, James Madison University, USA;
 Dorian Hayden, James Madison University, USA;
 Robert Harmison, James Madison University, USA

8:15 AM - 9:30 AM

Grand 6

WKSP-22: Applied Sport Psychology in the Media - An Ethical Guide

Michele Kerulis, Northwestern University, USA;
 Harold Shinitzky, Private Practice, USA;
 Susan Eddington, President, Society for Media Psychology and Technology, APA Division 46, USA;
 Joan Steidinger, Steidinger Performance Psychology, USA

9:45 AM - 11:00 AM

Palm 1-2

KEYNOTE SESSION**Awards & Recognition****Masters Thesis Award**

Danae Frentz, University of Alberta, Canada

Doctoral Dissertation Award

Ashley Kuchar, Fail Better Training, USA

Early Career Applied Practitioner Award

Katie Pagel, Strive Performance LLC / Colorado Rapids Youth Soccer Club, USA

Outgoing President Recognition

Robert Harmison, James Madison University, USA

Recognition of Conference Planning Committee**Keynote Presentation****Activating Systems Change in Youth Sport**

Robert Castaneda, Beyond the Ball, USA
 Kaig Lightner, Portland Community Football Club, USA
 Renata Simril, LA84 Foundation, USA
 Meredith A. Whitley, Adelphi University, USA,
 Moderator

11:30 AM - 12:30 PM

International South

FEA-12: Student Workshop - From a Student to a Professional: How to Navigate the Transition?

Frances Cacho, Florida State University, USA;
 Savanna Ward, Boston University, USA;
 Elliot Cox, IMG Academy, USA;
 Chelsi Battle, Auburn University/Northwestern University, USA

11:30 AM - 12:30 PM

Crystal

LEC-13: Well Being, Diversity, and Culture**LEC-13A: Initiating AAS Use - Former AAS (Anabolic Androgenic Steroid) Users Reflect on Reasons They Began Use 20 Years Ago**

Mario Vassallo, Wayne State University, USA;
 Tracy Olrich, Central Michigan University, USA;
 Jeffrey Martin, Wayne State University, USA

LEC-13B: Short-Term International Sport for Development and Peace Programs: A Retrospective Analysis and Critique Informed by Stakeholders' Perspectives in a Two-Year Follow-Up

Adam Hansell, Stillwater Counseling LLC, USA;
 Dana Voelker, West Virginia University, USA;
 Lindsey Blom, Ball State University, USA;
 Sofía España-Pérez, West Virginia University, USA;
 Andrea Patton, West Virginia University, USA;
 Jack Watson II, West Virginia University, USA;
 Cheyenne Luzynski, West Virginia University, USA;
 Kristen Dieffenbach, WVU - Center for Applied Coaching and Sport Sciences, USA

LEC-13C: Perceived Social Pressure and Intention to Play Through Injuries in Junior Ice Hockey: Does the Sporting Environment Matter?

Jan Kristensen, Norwegian School of Sport Sciences, Department of Sport and Social Sciences, Norway

LEC-13D: A Body Paradox: The Impact Sport vs. Societal Body Ideals Have on the Female Collegiate Athletes

Amanda Karas, Elevate Maintain Evolve, USA

11:30 AM - 12:30 PM

International North

PAN-15: Adopting an Interprofessional Approach to Injured Athlete Care

Rachel Shinnick, The South Boston Collaborative Center, USA;
 Monna Arvinen-Barrow, University of Wisconsin - Milwaukee, USA;
 John McCarthy, Boston University, USA

11:30 AM - 12:30 PM

Grand 7

PAN-16: Developing and Implementing a Comprehensive Mental Performance Team in a Collegiate Setting

Megan Byrd, Georgia Southern University, USA;
Brandonn Harris, Georgia Southern University, USA;
Jenna Tomalski, University of Georgia Athletics Association, USA;
Brandy Clouse, Georgia Southern University, USA

11:30 AM - 12:30 PM

International Center

SYM-10: Leveling Up the Training of Certified Mental Performance Consultants in Higher Education Settings: Perspectives and Processes in Effective Mentorship Structure and Design to Meet Emergent Demands

Dana Voelker, West Virginia University, USA;
Zenzi Huysmans, Whole Brain Solutions, USA;
Jana Fogaca, Long Beach State University, USA;
Michelle McAlarnen, Minnesota State University, Mankato, USA

* This session has been approved for 1.0 CEU in the area of Mentorship/Supervision to partially meet the recertification requirement for Certified Mental Performance Consultants (CMPC). You must sign in at the session in order to receive credit.

11:30 AM - 12:30 PM

Grand 6

WKSP-23: Check Yourself: Exploring Your Own Identities and Understanding Their Role in Your Applied Practice

Hana DeGuzman, Boston University, USA;
Carly Block, Boston University, USA

1:45 PM - 2:45 PM

International North

FEA-13: Five Slides in Five Minutes - Academic Program Efforts to Teach Coaches Psychological Skills, sponsored by the Coaching Science SIG

Megan Buning, Florida State University, USA;
Jody Langdon, Georgia Southern University, USA;
Lindsay Ross-Stewart, SIUE, USA;
Lori Gano-Overway, James Madison University, USA;
Melissa Thompson, Southern Mississippi University, USA

1:45 PM - 2:45 PM

Crystal

LEC-14: Elite/Pro Sport

LEC-14A: Neurodiversity and Elite Sport: A Review of Evidence and Practice Implications
Erin Hoare, Australian Football League, Australia

LEC-14B: “I F@*ing Hate Running”: A Longitudinal Investigation Utilizing the Think-Aloud Protocol in Ultra-Marathon Runners

Ashley Samson, University of Kentucky, USA

LEC-14C: Alexithymia in Athletic Populations: Prevalence and Impact on Self-Control and Reinvestment

Hannah Graham, PhD Student, UK

LEC-14D: Perceived Psychosocial Implications of Strava Use in Female Competitive Runners

Hayley Russell, Gustavus Adolphus College, USA;
Charlie Potts, Gustavus Adolphus College, USA;
Megan King, Gustavus Adolphus College, USA;
Evelyn Villalobos, Gustavus Adolphus College, USA;
Christopher Lundstrom, University of Minnesota, USA

1:45 PM - 2:45 PM

International Center

PAN-17: Psychology of Airborne Operations with Airborne Warfighters

Matthew Hood, LMR Technical Group, LLC, USA;
Brian Stark, LMR Technical, USA;
Becky Snow, LMR Technical, Champions Mentality Consulting, USA;
Shanice Page, LMR Technical Group, LLC, USA

1:45 PM - 2:45 PM

Grand 7

PAN-18: Adopting a Scientist-Practitioner-Advocate Model for Graduate Training in Sport Psychology

Rebecca Steins, Saint Louis University, USA;
Michael Ross, Saint Louis University, USA;
Jordan Collins, Saint Louis University, USA;
Isabella Fiorenzo, Saint Louis University, USA;
Savannah Jefferis-Henriques, Saint Louis University, USA

1:45 PM - 2:45 PM

International South

WKSP-24: From Locker Rooms to Laptops: Navigating the Virtual World of Sport Psychology

Greg Young, IMG Academy, USA;
Ashwin Patel, Humber College, Canada;
Duncan Simpson, IMG Academy, USA

1:45 PM - 2:45 PM

Grand 6

WKSP-25: A New Tool to Optimize Athlete Recovery: Utilizing the Assessment of Recovery Activities for Athletes in Research and Practice

Carly Wahl, Eastern Illinois University, USA;
Barbara Meyer, University of Wisconsin-Milwaukee, USA

3:00 PM - 4:15 PM

Crystal

LEC-15: Unique Applications of Mental Performance**LEC-15A: Identify, Connect, And REfer (ICARE): Evaluating A Pilot Mental Health Gatekeeper Training Program for College Coaches**

J.D. DeFreese, University of North Carolina, USA;
Jeni Shannon, UNC Chapel Hill, USA;
Christine Habeeb, East Carolina University, USA;
Kate Morris, University of North Carolina at Chapel Hill, USA

LEC-15B: NCAA Athletic Trainers' Personal Use of Psychosocial Strategies to Reduce Stress, Improve Well-being, and Enhance Performance

Alexander Bianco, Ripon College, USA;
Rebecca Zakrajsek, University of Tennessee, USA;
Sharon Couch, University of Tennessee Knoxville, USA;
Leslee Fisher, University of Tennessee, USA;
Johannes Raabe, Bering Global Solutions, USA;
Sonya Hayes, University of Tennessee, USA

LEC-15C: An Exploration into Physicians' Lived Experiences Participating in a High-Performance Physician Training Program

Aman Hussain, The University of Winnipeg, Canada;
Andrew Friesen, Pennsylvania State University, USA;
Jason Brooks, Maven Consulting Group, Canada;
Tony Rossi, Western Sydney University, Australia;
Cal Botterill, Retired, Canada

LEC-15D: Making Physical Activity Fun: Results of a Gamification Intervention for Adults with an Intellectual Disability

Stephanie Turgeon, Universite du Quebec en Outaouais, Canada;
Alexandra MacKenzie, Université du Québec en Outaouais, Canada;
Charles Sebiyo Batcho, Université Laval, Canada

LEC-15E: Experiences of Perfectionistic Collegiate Classical Musicians

Frances Cacho, Florida State University, USA;
Genna Ellinwood, University of Western States, USA;
Myles Englis, Florida State University, USA

3:00 PM - 4:15 PM

International South

WKSP-26: Psychotherapeutic Interventions for the Treatment of Eating Disorders Among Athletes: Best Practices

Jenny Conviser, Ascend Consultation in Health Care, USA;
Caitlyn Hauff, University of South Alabama, USA;
Hayley Perelman, Private Practice Owner, Hayley Perelman Ph.D., USA;
Amanda Karas, Elevate Maintain Evolve, USA

3:00 PM - 4:15 PM

International Center

WKSP-27: Enhancing Student Learning and Motivation Via Need Supportive Teaching Behaviors

Jody Langdon, Georgia Southern University, USA;
Hannah Bennett, Augusta University, USA

3:00 PM - 4:15 PM

International North

WKSP-28: Bridging the Gap Between Education and Application: Using the TOPE Literature to Help Young Professionals Organize Their Knowledge

Russ Flaten, Mindset4Change, LLC, USA;
Quincy Davis, University of Western States, USA;
Kristen Trenda, University of Western States, USA;
Liz Schmitt, University of Western States, USA

3:00 PM - 4:15 PM

Grand 7

WKSP-29: The Psychological Effects of Shame in Elite and Professional Sports

Jessica Garza, ULTIER LLC, USA

4:15 PM - 5:30 PM

Grand Foyer

Closing Happy Hour

WEDNESDAY, OCTOBER 18, 2023

TIME	PALM 1-2	OTHER ROOMS	GRAND 4	GRAND 6
1:00 pm - 2:00 pm			WKSP-01: The WHEN of Mindfulness: Prepare, Compete, Reflect	WKSP-03: Enhancing Supervision Experiences among Novice Mental Performance Consultants through Case Conceptualizations
2:15 pm - 3:15 pm			WKSP-04: Help Me Help You (and Your Kid): Building Effective Relationships with Youth Sport Parents	LEC-03: Mental Health
3:45 pm - 5:00 pm			WKSP-07: Creating a Magic Kingdom of Learning: How a Community of Practice (CoP) Can Benefit Mental Performance Consultants	FEA-02: Five Slides in Five Minutes - Applied Exercise Psychology: To Infinity And Beyond... sponsored by the Exercise Psychology & Wellness SIG
4:30 pm - 5:15 pm		Palm 3 - New Member Meet & Greet		
5:30 pm - 7:00 pm	OPENING KEYNOTE: Technology, Psychology & Sport Performance: How to Use the Tools, Not Let the Tools Use You (Sian Allen)			
7:00 pm - 9:00 pm		Pool - Opening Reception		

THURSDAY, OCTOBER 19, 2023

TIME	PALM 1-2	OTHER ROOMS	GRAND 4	GRAND 6
7:00 am - 8:00 am			CMPC Breakfast	
8:15 am - 9:30 am				WKSP-09: From General Education to Customized Training Solutions: How to Periodize and Individualize Cognitive Training to Specific Performer Needs
9:00 am - 7:00 pm		Grand 1 - Poster Viewing		
9:45 am - 11:00 am	KEYNOTE: Drawn to Life - A Peak Behind the Curtain at Cirque du Soleil			
11:30 am - 12:30 pm			WKSP-11: A Lost Art: The Science of How to CREATE an Effective Mental Performance Workshop	
12:30 pm - 2:15 pm		Orange Blossom/ Narcissus - Past Presidents Lunch (12:30 - 2:00)		
2:30 pm - 3:45 pm			PAN-08: What Does an AASP that Integrates DEIBJ Look Like? Changes in Membership Demographics from 2017 to 2023 Emphasize the Need to Rethink Diversity and Inclusion in AASP Membership	FEA-06: Sponsor Session - University of Western States
4:00 pm - 5:30 pm	Graduate Program and Career Fair	Orange Blossom/ Narcissus - International Jamboree (5:00 - 6:00 pm)		
5:30 pm - 7:00 pm		Grand 1 - Authors Present at Posters		

GRAND 7	INTERNATIONAL SOUTH	INTERNATIONAL CENTER	INTERNATIONAL NORTH	CRYSTAL
WKSP-02: Integrating Graded Exposure Therapy to Address Injury-Related Fear after Sport-Related Injury	LEC-01: Youth Sport	PAN-01: Top-Down: Systems Approach to Mental Performance Delivery in Elite Settings	PAN-02: Sharpening Your Skills: The Power of Debate in Professional Development	LEC-02: Diversity, Equity, Inclusion, Belonging, and Justice (DEIBJ)
FEA-01: Five Slides in Five Minutes - Teaching Challenging Topics and Sensitive Subject Matter, sponsored by the Teaching Sport and Exercise Psychology SIG	SYM-01: Intensive Mindfulness Meditation Silent Retreat: Impact on Preparation for and Performance at the 2020 Tokyo Olympic Games	WKSP-05: Supporting LGBTQ2IA+ Student-Athlete Affinity Groups at Universities Through Identity-Based Sport Psychology Services	PAN-03: When Everything and Nothing Changes: Navigating Transitions Between Olympic Cycles from a Systems Theory Perspective	WKSP-06: Social Identity Mapping in Sport
SYM-03: Trauma-Informed Sport Psychology: A New Standard of Care?	PAN-04: Striking Out Silos: Mental Performance and Mental Health Alignment Within a Major League Baseball Organization	PAN-05: Exploring Interdisciplinary & Transgenerational Perspectives on Diversity, Equity, and Inclusion in Applied Sport Psychology	SYM-02: Signature Interventions for Sustainable Performance Excellence: International Perspectives Across the Continuum of Mental Wellbeing and Mental Performance	LEC-04: Collegiate Sport 1

GRAND 7	INTERNATIONAL SOUTH	INTERNATIONAL CENTER	INTERNATIONAL NORTH	CRYSTAL
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SYM-05: Mental Health Interventions in Sport: Evidence from Systematic Reviews, Consensus Statements and Programme Implementation	PAN-06: The Entrepreneurial Experience: Understanding the Business Side of Mental Performance	WKSP-08: Mental Skills, the Coach-Athlete Relationship, and Motor Learning: A Multi-Tiered Approach to Performance Consulting	SYM-04: Conducting Collaborative, Multidisciplinary Research in Applied Sport Psychology: The Planning, Lessons Learned, and Findings from an AASP Collaborative Research Grant Project	WKSP-10: Understanding the Experiences of Trans and Gender Nonconforming NCAA Athletes: Enacting Allyship as Sport Psychology Practitioners
LEC-05: Technology & Programming	SYM-06: "This is How I/We Fit": Perspectives from Men of Color Consulting in High Performance Domains	WKSP-12: The Second Half: How to Tackle Mid-Career Obstacles with Confidence	FEA-03: Five Slides in Five Minutes - Scope and Practice of Working with Injured Athletes, sponsored by the Sports Injury SIG	WKSP-13: The Win-At-All-Costs Mentality: A Catalyst for Eating Disorders and Body Image Disturbance in Female Athletes

Special Interest Group (SIG) Meetings - See page 9 for full list.

FEA-05: Sponsor Session - Employer Spotlight: Magellan Federal and our Performance Experts	WKSP-14: Being Kind to Oneself and Beyond: Diverse and Flexible Approaches for Working with Athletes on Self-Compassion	SYM-07: Coach Spotlight – Transitioning, Development, Empowerment, Work-Home Interface, and Wellbeing of Coaches	FEA-04: Student Workshop - Undergraduate to Graduate Student: How to Navigate the Transition?	LEC-06: Professional Development & Supervision

FRIDAY, OCTOBER 20, 2023

TIME	PALM 1-2	OTHER ROOMS	GRAND 4	GRAND 6
8:15 am - 9:15 am			PAN-09: Building the Plane as You're Flying It: Reflections on Supervision and Mentorship Outside of and Beyond Academic Settings	FEA-08: CMPC Certification: Eligibility Requirements for New Candidates and Recertification Procedures for Current CMPCs
9:00 am - 7:00 pm		Grand 1 - Poster Viewing		
9:45 am - 11:00 am	KEYNOTE SESSION: Interview with Carli Lloyd			
11:30 am - 12:30 pm			WKSP-16: Breathing Life into Virtual Interventions: Utilizing HRV Apps for Virtual/Remote Training with Elite Performers	SYM-08: Mental Health in Elite Sport – It Is Not Only about the Athletes: A Scandinavian Perspective
12:30 pm - 1:30 pm		Orange Blossom/ Narcissus - Meet the Professional Lunch (pre-registration required)		
1:45 pm - 2:45 pm			FEA-10: Five Slides in Five Minutes - A Diverse Pool of Exercises for Various Performance Concerns, sponsored by the Mindfulness SIG	WKSP-18: Leveling Up Communication and Conflict Resolution: Tools for Consulting in High-Stakes, Opinionated, and Emotionally Charged Situations
3:00 pm - 3:30 pm	COLEMAN GRIFFITH LECTURE Applied Sport Psychology Essentials: A Participatory Evolution of Our Field (Artur Poczwardowski)			
3:30 pm - 4:00 pm	PRESIDENTIAL ADDRESS Better Together! (Elizabeth Shoenfelt)			
4:15 pm - 5:15 pm	Business Meeting			
5:30 pm - 7:00 pm		Grand 1 - Authors Present at Posters		

SATURDAY, OCTOBER 21, 2023

TIME	PALM 1-2	OTHER ROOMS	GRAND 4	GRAND 6
8:15 am - 9:30 am				WKSP-22: Applied Sport Psychology in the Media - An Ethical Guide
9:45 am - 11:00 am	KEYNOTE SESSION: Activating Systems Change in Youth Sport			
11:30 am - 12:30 pm				WKSP-23: Check Yourself: Exploring Your Own Identities and Understanding Their Role in Your Applied Practice
1:45 pm - 2:45 pm				WKSP-25: A New Tool to Optimize Athlete Recovery: Utilizing the Assessment of Recovery Activities for Athletes in Research and Practice
3:00 pm - 4:15 pm				
4:15 pm - 5:30 pm		Grand Foyer - Closing Happy Hour		

GRAND 7	INTERNATIONAL SOUTH	INTERNATIONAL CENTER	INTERNATIONAL NORTH	CRYSTAL
LEC-08: Injury/Rehabilitation	FEA-07: Five Slides in Five Minutes - (Re)Considering Traditional Psychological Constructs to Empower LGBTQ+ Athletes and Build a Culture of Inclusive Excellence, sponsored by the Pride SIG	LEC-07: Tactical Populations & Ethics	PAN-10: Don't Say the "Y" Word: Yips in Sport	WKSP-15: From Flexibility to Flow: Using the ACT Matrix and DNA-V to Enhance Sport Performance
LEC-09: Collegiate Sport & DEIBJ	FEA-09: The Burt Giges Workshop: Navigating Identity Differences in Sport Psychology Spaces	PAN-11: Applicability of Sport Psychology Consulting for International Leadership Development and Sustainable Performance Excellence	PAN-12: Should I Stay or Should I Go?: Discussing Factors that Influence Mid-Career Professional Transitions	LEC-10: Collegiate Sport 2
LEC-11: Consulting & Professional Development	FEA-11: Staying Abreast of Recent Changes to the AASP Ethics Code: Didactics and Collaborative Decision-Making	WKSP-17: Equitable Teaching in Sport, Exercise, and Performance Psychology: Increasing Interactions and Enhancing Engagement	PAN-13: The Two Things Firefighters Hate – Change and the Way Things Are: Experiences of Two Embedded Mental Performance Consultants Building a Cognitive Performance Program in a Fire Department	WKSP-19: What Do We Say in the Mirror? Helping Others and Ourselves to Reframe or Refocus Appearance Related Thoughts

GRAND 7	INTERNATIONAL SOUTH	INTERNATIONAL CENTER	INTERNATIONAL NORTH	CRYSTAL
WKSP-21: Developing Mental Toughness in Sport: From Theory to Practice	WKSP-20: Introduction to the Human Rehabilitation Framework: An Advanced ACT Workshop	SYM-09: Advancements in the Practice and Application of Rational Emotive Behaviour Therapy with Diverse Populations	PAN-14: Second Chapters: Scientist-Practitioner Application of Career Transition Interventions with Elite Athletes	LEC-12: Programming & Teaching
PAN-16: Developing and Implementing a Comprehensive Mental Performance Team in a Collegiate Setting	FEA-12: Student Workshop - From a Student to a Professional: How to Navigate the Transition?	SYM-10: Leveling Up the Training of Certified Mental Performance Consultants in Higher Education Settings: Perspectives and Processes in Effective Mentorship Structure and Design to Meet Emergent Demands	PAN-15: Adopting an Interprofessional Approach to Injured Athlete Care	LEC-13: Well Being, Diversity, and Culture
PAN-18: Adopting a Scientist-Practitioner-Advocate Model for Graduate Training in Sport Psychology	WKSP-24: From Locker Rooms to Laptops: Navigating the Virtual World of Sport Psychology	PAN-17: Psychology of Airborne Operations with Airborne Warfighters	FEA-13: Five Slides in Five Minutes - Academic Program Efforts to Teach Coaches Psychological Skills, sponsored by the Coaching Science SIG	LEC-14: Elite/Pro Sport
WKSP-29: The Psychological Effects of Shame in Elite and Professional Sports	WKSP-26: Psychotherapeutic Interventions for the Treatment of Eating Disorders Among Athletes: Best Practices	WKSP-27: Enhancing Student Learning and Motivation Via Need Supportive Teaching Behaviors	WKSP-28: Bridging the Gap Between Education and Application: Using the TOPE Literature to Help Young Professionals Organize Their Knowledge	LEC-15: Unique Applications of Mental Performance

POSTER PRESENTATIONS

New This Year

Poster PDFs will be available for viewing as part of the virtual conference option. All in person and virtual attendees will receive access in mid-November. Additional virtual-only posters will also be available at this time.

GRAND 1

Each poster board is double-sided with one presentation per side. Poster numbers appear on each board, and boards are arranged in numerical order in Grand 1. Posters 1-80 will be displayed on Thursday; and Posters 81-165 will be displayed on Friday.

POSTER SESSION I

THURSDAY, OCTOBER 19

GRAND 1

Poster Setup - 7:30 AM - 9:00 AM

Poster Viewing - 9:00 AM - 7:00 PM

Authors Present at Posters - 5:30 PM - 7:00 PM

Poster Tear Down - 7:00 PM - 7:30 PM

Coaching

1 Considering the Coach: An Analysis of Coach Focused Literature Published Within Sport Psychology Journals

Tammy Sheehy, Bridgewater College, USA; Christina Villalon, Tarleton State University, USA; Kristen Dieffenbach, WVU - Center for Applied Coaching and Sport Sciences, USA

2 Exploring High School Coaches' Leadership Mindset and Coach Education Programming

Kim Ferner, University of North Texas, USA; Regan Mergele, DBat New Braunfels, USA; Scott Martin, University of North Texas, USA

3 Learning to Thrive: A Multi-Study Exploration of Factors that Optimize Hardiness in Sport Coaches and the Role of Reflective Practice in Facilitating Hardy Attitudes

Brendan Copley, University of South Wales, UK; Lee Baldock, University of South Wales, UK; Sheldon Hanton, Cardiff Metropolitan University, UK; Daniel Gucciardi, Curtin University, Australia; Alan McKay, Cardiff Metropolitan University, UK; Rich Neil, Cardiff Metropolitan University, UK; Tom Williams, St Mary's University, UK

4 Role of Coach in Mental Toughness of Soccer Player: Examination of Interaction between Coach's Implicit Beliefs and Coach-Athlete Fit Perceived by Athlete

Dojin Jang, Seoul National University, Republic of Korea; Seungjoo Lee, Seoul National University, Republic of Korea; Sungcho Kwon, Seoul National University, Republic of Korea

5 The Invisibility of Age and Gender in Sport

Kristen Dieffenbach, WVU - Center for Applied Coaching and Sport Sciences, USA; Stilian Chroni, Inland Norway University of Applied Sciences, Norway; Sydney Miller, West Virginia University, USA

6 The Relationship between Perceived Coaching Behavior and Athletes' Basic Needs Satisfaction: Mediating Effects of Coach-Athlete Fit

Sungcho Kwon, Seoul National University, Republic of Korea; Seungjoo Lee, Seoul National University, Republic of Korea; Doheung Lee, Seoul National University, Republic of Korea

Collegiate Sport

7 Affective Forecasting and Social Physique Anxiety among Female Athletes: A Pilot Study

Jessica Wolverton, McDaniel College, USA; Urska Dobersek, University of Southern Indiana, USA

8 College Student-Athletes' Depression and Anxiety: Intersection of Gender, Race, and Sexual Orientation

Cachet Lue, University of North Texas, USA; Julian Yoon, University of North Texas, USA; Carmyn Hayes, University of North Texas, USA; Trent Petrie, University of North Texas, USA

9 Exploring Mental Health Outcomes for Student Athletes

Brent Feltnagle, Pacific University, USA; Tamara Tasker, Pacific University, USA

10 Exploring the Impact of the COVID-19 Pandemic on Student-Athlete Mental Health Outcomes

Annamarie Jagielo, PGSP-Stanford PsyD Consortium, Palo Alto University & Stanford University School of Medicine, USA; Jackson Howard, Athletics Department, Auburn University, USA; Jennifer Wahleithner, PGSP-Stanford PsyD Consortium, USA; Andrea Kussman, Department of Orthopaedics, Stanford University, USA; Kelli Moran-Miller, Sports Medicine Center, Stanford University, USA

11 It's Not Just About Being Confident: Self-Compassion Explains Collegiate Athletes' Perceived Performance Above and Beyond Confidence

Tsz Lun (Alan) Chu, University of North Carolina at Greensboro, USA; Abbi Byrne, University of Wisconsin - Green Bay, USA; Gracie Moffett, University of Wisconsin - Green Bay, USA; Jeremiah Tschirgi, University of Wisconsin - Green Bay, USA; Chanel Bradford, University of Wisconsin - Green Bay, USA; Juan Burleigh, University of Wisconsin - Green Bay, USA

12 Mental Toughness and Social Influences on Well-Being in Athletes: A Mixed Methods Design

Rose Martillotti, Stony Brook University, USA; Anne Moyer, Stony Brook University, USA

13 NCAA Student-Athletes Comfort Making Mental Health Disclosures: Implications of Gender, Race, and Who They Are Telling

Isabella Franks, University of North Texas, USA; Dafina Chisolm-Salau, University of North Texas, USA; Jessica Renteria, University of North Texas, USA; Trent Petrie, University of North Texas, USA

14 Sports Trauma Injury Predicts Flow State in Collegiate Athletes

Lauren Borato, Saint Louis University, USA; Michael Ross, Saint Louis University, USA

15 Supporting Well-Being Alongside Performance: Stress, Coping, and Psychological Skills in Collegiate Student-Athletes

Amber Mosewich, University of Alberta, Canada; Ben Sereda, University of Alberta, Canada; Jimena Lopez Lamas, University of Alberta, Canada; Brea McLaughlin, University of Alberta, Canada; Danae Frentz, University of Alberta, Canada; Taran Schubert, University of Alberta, Canada; Craig Hordal, Edmonton Police Service, Canada; Katie Gunnell, Carleton University, Canada; Nicholas Holt, University of Calgary, Canada; Tara-Leigh McHugh, University of Alberta, Canada; Ben Gallaher, University of Alberta, Canada; Klaudia Sapieja, University of Alberta, Canada

16 The Effects of Wearable Fitness Devices on a Female Collegiate Athlete's Psychological Rest

Jessica Renteria, University of North Texas, USA; Debbie Rhea, Texas Christian University, USA; Meena Shah, Texas Christian University, USA; Robyn Trocchio, Texas Christian University, USA

17 The Importance of Identifying Collegiate Athlete Burnout

Jordan Collins, Saint Louis University, USA; Michael Ross, Saint Louis University, USA

18 The Relationship between Athlete Perceptions of Teamwork Behaviors and Team Cohesion and Collective Efficacy

Derek Sokoloff, University of North Texas, USA; Trent Petrie, University of North Texas, USA

19 The Roles and Responsibilities of a Director of Meditation Training Working within an NCAA Division I Athletic Department: A Case Study

Piotr Piasecki, Boston University Wheelock College of Education and Human Development, USA; Thomas Minkler, West Virginia University, USA; Ari Sapinsley, West Virginia University, USA; Lisa Weyhenmeyer, Boston University, USA

Consulting & Interventions

20 A Dynamic Duo: Implementing Sport and Performance Psychology Applications to Build Bridges of Connection in the Social Work Field

Ed Garrett, California Baptist University, USA; Philip Breitenbucher, California Baptist University, USA

21 An Evidence-Based Framework for Conducting Pressure Training

William Low, Heriot-Watt University, UK; Mike Stoker, English Institute of Sport, UK; Joanne Butt, Liverpool John Moores University, UK; Ian Maynard, University of Essex, UK

22 Development of a Theoretically Grounded Stress and Performance Diagnostic Instrument

Steven Winger, Western Kentucky University, USA; Lindsey Wheeler, WKU, USA; Reagan Phelps, WKU, USA

23 Exploring Potential Benefits of a Mindfulness-Based Intervention for Coaches

Brian Tremml, Self-Employed, USA; Jean-Charles Lebeau, Ball State University, USA; Lawrence Judge, Ball State University, USA

24 Goal Setting Practices in Sport and Exercise Psychology

Matthew Bird, University of Lincoln, UK

25 Navigating the Junior-to-Senior Transition in Sport - Outlining Learnings from 10+ Years of Research and Applied Practice

Robert Morris, University of Stirling, UK

26 Running Up that Hill: A Pilot Study of Perceptions of a Psyching Team

Robert Hilliard, Shenandoah University, USA; Patrick Maneval, Shenandoah University, USA

27 The Effects of Brief Mindfulness Training on Sport Performance Under Pressure: A Dosage Response Investigation

Jessyca Arthur-Cameselle, Western Washington University, USA; Linda Keeler, Western Washington University, USA; Rebecca Pierce, Western Washington University, USA

28 Theory-Based Data-Driven Decision-Making: The Application of a Theoretical Model to Build Athlete Learning and Performance Profiles

Jordan Goffena, Miami University, USA

29 Theory-Based Interventions for Teams in Performance Crises

Stephanie Buenemann, University of Muenster, Germany; Charlotte Raue-Behlau, University of Muenster, Germany; Katherine Tamminen, University of Toronto, Canada; Maike Tietjens, University of Muenster, Germany; Bernd Strauss, University of Muenster, Germany

Diversity & Culture

30 An Examination of Diversity in NCAA Student-Athletes, Coaches, and Administrators: The Need for Greater Advocacy

Savannah Jefferis-Henriques, Saint Louis University, USA; Emily Wieggers, Saint Louis University, USA; Alexander Chang, Saint Louis University, USA; Michael Ross, Saint Louis University, USA

31 Cultivating a Two-Fold Mentorship Opportunity: Empowering Underserved Female-Identifying Youth Communities Through Implementation of a Mental Skills Curriculum Led by Collegiate Student-Athletes

Amber Ortiz, University of Denver, USA; Stephanie Vilenkin, University of Denver, USA

32 Initial Development and Psychometric Evaluation of the Mental Health Optimization Checklist (MHOC)

Raymond Lopez, University of Nevada, Las Vegas, USA; Bradley Donohue, University of Nevada, Las Vegas, USA; Kaelyn Griffin, University of Nevada, Las Vegas, USA; Angelos Tsalafos, University of Nevada, Las Vegas, USA; Shane Kraus, University of Nevada, Las Vegas, USA

33 The Benefits and Barriers of Sports Participation for Youth with Autism Spectrum Disorder

Jessica Pauley, University of Iowa, USA; Megan Foley-Nicpon, University of Iowa, USA

Elite/Pro Sport

34 Transitioning from Traditional Sports to Esports: Investigating Sport Psychology Practitioners' Experiences

Jonathan Brain, University of Portsmouth | Mastering the Mind, UK; Alessandro Quartiroli, University of Wisconsin - La Crosse (USA)/University of Portsmouth (UK); Chris Wagstaff, University of Portsmouth, UK

Exercise/Health/Fitness

35 20 Years Later--Former AAS Using Athletes Describe Their Struggle with Body Image Post AAS Use

Mario Vassallo, Wayne State University, USA; Tracy Olrich, Central Michigan University, USA; Jeffrey Martin, Wayne State University, USA

36 Does Cognitive Dissociation Affect Stretch Adherence?

Anamaria Astudillo, Florida International University, USA; Elizabeth Perez, Florida International University, USA; Jason Kostrna, Florida International University, USA

37 Effects of Tempo of Self-Selected Music on Isokinetic Strength Performance and Psychological Outcomes in Resistance-Trained Young Adults

Stephanie Svoboda, Florida International University, USA; Jason Kostrna, Florida International University, USA; Anamaria Astudillo Garcia, Florida International University, USA; Elizabeth Perez, Florida International University, USA

38 Exploration of the Relationships among Basic Psychological Needs, Mental Health, and Steps in Native American College Students

Ty Gray, Fort Lewis College, USA; Taylor Toya, Fort Lewis College, USA; Riley Todacheene, Fort Lewis College, USA; Mark Beattie, Fort Lewis College, USA; Melissa Knight-Maloney, Fort Lewis College, USA; Joe Claunch, Zuni Youth Enrichment Project, USA; Susumu Iwasaki, Fort Lewis College, USA

39 Kiteboarding: At the Intersection of Adventure and Extreme Sports

Zackary Bryant, Menlo College, USA; Elizabeth Mullin, Springfield College, USA

40 Motivation for Physical Activity Amongst Black Women

Jameice DeCoster, USA

41 Physical Fitness and Mental Wellness Optimization in Athletes and Non-Athletes

Leandro de Lorenzo Lima, Milestone Martial Arts, USA; A'Jah Love, University of Nevada, Las Vegas, USA; Angelos Tsalafos, University of Nevada, Las Vegas, USA; Kristin Brooks, Stand Tall Consulting, USA; Lidia Wossen, University of Nevada, Las Vegas, USA; Bradley Donohue, University of Nevada, Las Vegas, USA

Injury/Rehabilitation

42 Can 44 Cases of Severely Injured Athletes Telling Their Experience Be Wrong?

John Coumbe-Lilley, University of Illinois at Chicago, USA

43 Exploring the Perceived Psychosocial Experiences of Recreational Runners with Patellofemoral Pain: A Grounded Theory Approach

Kenneth Ildefonso, University of Wisconsin-Milwaukee, USA; Monna Arvinen-Barrow, University of Wisconsin - Milwaukee, USA

44 Having, Being, and Living: Stories of Disability by Female Athletes After Spinal Cord Injury

Derek Zike, UW Milwaukee, USA; Monna Arvinen-Barrow, University of Wisconsin - Milwaukee, USA

45 High School Football Player Experiences With Multiple Injuries: A Mixed Method Biopsychosocial Model Application

Natalie Golub, Indiana University, USA; Jesse Steinfeldt, Indiana University, USA

46 Rehabilitation Profiling for Injured Elite Athletes in Transition: A Case Study with Implications for Rehabilitation, Recovery, and Return to Sport

Cody Newton, University of Wisconsin: Green Bay, USA; Tsz Lun (Alan) Chu, University of North Carolina at Greensboro, USA

47 Sport-injury related growth: Development and Validation of the Perceived Benefits following a severe Sport Injury Questionnaire (PB/SI-Q)
Alessandro Quartoli, University of Wisconsin - La Crosse (USA)/University of Portsmouth (UK); Victor Rubio, Universidad Autonoma Madrid, Spain; E. Whitney Moore, East Carolina University, USA; Aurelio Olmedilla Zafra, Universidad de Murcia, Spain

48 Understanding the Effects of Long-Term Injury on Student Athletes Body Image
Amber Ruiz-Bueno, Southern Illinois University, USA; Julie Partridge, Southern Illinois University Carbondale, USA

Mental Health

49 Artistic Athlete Wellness and Performance Assessment
Arianna Shimits, Springfield College & Persistence Psych, LLC, USA; Erin Ayala, Skadi Sport Psychology, PLLC, USA; William Reid, self-employed, USA

50 Athletic Identity, Mental Health Stigma, Help Seeking Intentions and Mental Health Symptoms in Female Collegiate Athletes
Giscard Petion, USA

51 Body Dissatisfaction and Disordered Eating Among Collegiate Athletes: Intersection of Gender, Race, and Sexual Orientation
Dafina Chisolm-Salau, University of North Texas, USA; Cameren Pryor, University of North Texas, USA; Jessica Renteria, University of North Texas, USA; Macey Arnold, University of North Texas, USA; Trent Petrie, University of North Texas, USA

52 Does Athletic Identity Moderate the Relationship of Body Satisfaction and Disordered Eating among Collegiate Male Athletes?
Cameren Pryor, University of North Texas, USA; Jessica Renteria, University of North Texas, USA; Dafina Chisolm-Salau, University of North Texas, USA; Macey Arnold, University of North Texas, USA; Trent Petrie, University of North Texas, USA

53 Implementing Feminist Theory for Woman Athletes with Eating Disorders
Rebecca Steins, Saint Louis University, USA; Emily Wieggers, Saint Louis University, USA; Michael Ross, Saint Louis University, USA

54 “Is it Hard Out Here for a Player?”: Understanding the Relationship Between Adverse Childhood Experiences and Athletic Identity among College Student Athletes
Courtney Copeland, University at Buffalo, USA

55 NCAA Coaches’ Beliefs toward Mental Health Service Utilization: A Person-Oriented Investigation
Kim Tolentino, West Virginia University, USA; Daniel Leyhr, Institute of Sports Science, Department Sport Psychology and Research Methods, University of Tuebingen, Germany; Johannes Raabe, Bering Global Solutions, USA

56 Performance Optimization Assessment or Psychiatric Symptom Assessment: Which Do Collegiate Students Believe Will Help Them Most with Mental Health and Performance Optimization?
Lidia Wossen, USA; Bradley Donohue, University of Nevada, Las Vegas, USA; Angelos Tsalafos, University of Nevada, Las Vegas, USA

57 Strength Training Interventions for Adults Coping with Trauma and Posttraumatic Symptoms
Jasmine Reyna, Mount Saint Mary’s University-Clinical Psychology Program, USA; Brad Conn, USA

58 The Importance of Sport Culture and Problems Experienced Due to Sport Culture: How Are These Factors Associated with Mental Health Symptomology in Collegiate Athletes
Bradley Donohue, University of Nevada, Las Vegas, USA; Angelos Tsalafos, University of Nevada, Las Vegas, USA; Lidia Wossen, USA

59 The Mediating Effects of Fear of COVID-19 Pandemic in the Relationship between Sense of Community and Mental Health Recovery for Local Residents
MJ Kim, Republic of Korea; Chang Duk-Sun, KNSU, Republic of Korea

60 The Relationship Between Social Media and Disordered Eating in College-Aged Female Gymnasts
J.C. Ausmus, University of Texas-Permian Basin, USA; Lindsey Blom, Ball State University, USA; Jean-Charles Lebeau, Ball State University, USA; Sharon Bowman, Ball State University, USA

61 The Role of Athletic Identity in Body Satisfaction and Disordered Eating Among Collegiate Women Athletes: Differences by Race
Macey Arnold, University of North Texas, USA; Kasey Chambers, University of North Texas, USA; Carmyn Hayes, University of North Texas, USA; Justin Harker, University of North Texas, USA; Dafina Chisolm-Salau, University of North Texas, USA; Cameren Pryor, University of North Texas, USA; Trent Petrie, University of North Texas, USA

Non-Sport Performance Applications

62 A Scoping Review of Empirical Research on Dance Imagery
Irene Muir, Pennsylvania State University, USA; Krista Chandler, University of Windsor, Canada

63 Exploring Climate and Shame in Video Game League Experiment
Mario Fontana, SUNY Brockport, USA

64 Exploring the Psychophysiological Benefits of Adaptive Martial Arts, Dance, and Climbing for Youth with Neurodevelopmental and Related Disabilities

Jonathan Drummond, HDI, USA

Mentoring

65 Perceptions of Sport Psychology Consultants on Working with Athletes with Hidden Disabilities

Robyn Trocchio, Texas Christian University, USA; Kara Rosenblatt, University of Texas of the Permian Basin, USA; Adriana Frates, University of Texas of the Permian Basin, USA; Haidee Jackson, University of Texas of the Permian Basin, USA

Professional Development, Supervision, and Mentoring

66 Supervision in Private Practice: Logistics, Challenges, and Strategies

Jana Fogaca, Long Beach State University, USA; Leilani Madrigal, Long Beach State University, USA; Brian Gonzalez, Long Beach State University, USA; David Lerner, Long Beach State University, USA; Sierra Boyajian, Long Beach State University, USA

67 Where Has All the Sport Science Gone? The Marginalization of Kinesiology Expertise Limits the Quality of Professional Development in the Field and Practice of Sport, Performance, and Exercise Psychology

Diane Wiese-Bjornstal, University of Minnesota, USA

Professional Issues & Ethics

68 Can I Provide Psychotherapy and Mental Skills Training to the Same Client? An Ethical Decision-Making Model for Integrated Practitioners

Amy O'Hana, University of Western States, USA; Stephanie Fryer, University of Western States, USA

Research Design

69 Poster Withdrawn

70 Development and Validation of the Well-Being in Sport Questionnaire (WBSQ)

Seth Rose, KBR, USA; Damon Burton, University of Idaho Retired, USA

Social Justice, Equity, and Inclusion

71 A Pilot Intervention to Address Racism in Sport

Leilani Madrigal, Long Beach State University, USA; Anastasia Blevins, Long Beach State University, USA; Kayleigh Hart, Long Beach State University, USA; Kevin Dang, Long Beach State University, USA; Alison Ede, Long Beach State University, USA

72 Understanding Student-Athletes' Commitment to Social Justice: Utilizing a Social Cognitive Framework

Katie Califano, University of Memphis, USA

Tactical Populations

73 Gibbs' Reflective Cycle: Adapting Athlete Mental Skills Workshops to Firefighters

Landon Braun, University of Wisconsin-Milwaukee, USA; Chloe Ouellet-Pizer, University of Wisconsin - Milwaukee, USA; Elizabeth Menden, University of Wisconsin-Milwaukee, USA; Kyle Ebersole, University of Wisconsin-Milwaukee, USA; Barbara Meyer, University of Wisconsin-Milwaukee, USA

74 Optimizing Soldier Counseling: Increasing First-Line Leader Training Precision through a Grounded Theory Analysis of Senior Non-Commissioned Officers in the U.S. Army

John Eric Novosel-Lingat, Walter Reed Army Institute of Research, USA; Michelle Kirk, Walter Reed Army Institute of Research, USA; Pierre Harris, Walter Reed Army Institute of Research, USA; Shardonnai Sims, Walter Reed Army Institute of Research, USA; Will Hertzman, Walter Reed Army Institute of Research, USA; Yvonne Allard, Walter Reed Army Institute of Research, USA; Susannah Knust, Walter Reed Army Institute of Research, USA

Teaching

75 Applying Applied Sport Psychology (in an Undergraduate Classroom)

Carrie Scherzer, Mount Royal University, Canada

76 Evidence-Based Practices: Embedding Physical Activity in Classrooms for Children with Autism Spectrum Disorder

Laura Hayden, University of Massachusetts Boston, USA; Chris Denning, University of Massachusetts Boston, USA

Youth Sport

77 An Ecological Approach to Conflict in Youth Sport

Lauren Secaras, Michigan State University, USA; Karl Erickson, York University, Canada

78 Evaluating the Accuracy of Soccer Coaches' Subjective Assessment of Athletic Skill: A Case for Use of Data

Michael Zito, Morristown Clinical and Sport Psychology, USA

79 Psychological Characteristics and Skills of Junior Competitive Swimmers

Nori Pennisi, Self-Employed, USA; Diane Gill, University of North Carolina at Greensboro, USA; Daniel Gould, Michigan State University, USA; Erin Reifsteck, University of North Carolina at Greensboro, USA

80 The Relationship among Perceived Parental Psychological Control, Socially Prescribed Perfectionism, Fear of Failure, and Performance of Adolescent Athletes

*Jeun Won, Seoul National University, Republic of Korea;
Dojin Jang, Seoul National University, Republic of Korea;
Sungho Kwon, Seoul National University, Republic of Korea*

POSTER SESSION II

FRIDAY, OCTOBER 20

GRAND 1

Poster Setup - 7:30 AM - 9:00 AM

Poster Viewing - 9:00 AM - 7:00 PM

Authors Present at Posters - 5:30 PM - 7:00 PM

Poster Tear Down - 7:00 PM - 7:30 PM

Coaching

81 Athletes' Mental Health as Related to the Perception of Coaches

Madalyn Bigley, McDaniel College, USA; Jessica Ford, McDaniel College, USA

82 Examining Cognitive Appraisals and Coping Styles Among Elite Premier League Football Coaches and Players in Ghana

Medina Srem-Sai, University of Education, Winneba, Ghana; John Elvis Hagan Jr., University of Cape Coast, Cape Coast, Ghana; Prosper Narteh Ogum, University of Cape Coast, Cape Coast, Ghana / Bielefeld University, Bielefeld, Germany; Thomas Schack, Bielefeld University, Bielefeld, Germany

83 Investigating Nigerian Basketball Coaches' Perceived Personal and Professional Growth through a Sport for Development Program

Adam Kroot, Ball State University, USA; Lindsey Blom, Ball State University, USA; Chenfa Dombin, Dream Sports Africa, USA; Khushbu Patel, Ball State University, USA; Chelsea Davis, Ball State University, USA

84 Overflowing with Passion: How Passion, Enjoyment and Positive Affect Affects the Coach-Athlete Relationship

Keith McShan, Missouri State University, USA; E. Whitney Moore, East Carolina University, USA

85 Teaching Short-Term Mindfulness Interventions to Coaches: A Coach Educator's Online Design

Megan Buning, Florida State University, USA

86 The Relationship Between Controlling Coaching Behaviors and Competitive Anxiety in Athletes: A Meta-Analysis

Andrea Castellanos, Texas A&M International University, USA; Marco Carrillo, Texas A&M International University, USA; Seong Kwan Cho, Texas A&M International University, USA

87 What Do You Expect? High School Football Coaches' Attitudes and Expectations about Sport Psychology Services

Kim Ferner, University of North Texas, USA; Sabrina Madson, University of North Texas, USA; Rebecca Zakrajsek, University of Tennessee, USA; Scott Martin, University of North Texas, USA

Collegiate Sport

88 A Comparison of Collegiate Athletes Perceptions of Trust with their Psychologist or Psychiatrist by Race

Megan Loftin, Michigan State University, USA; Jessica Wallace, University of Alabama, USA; Tamaria Hibbler, University of Arkansas, USA; Tracey Covassin, Michigan State University, USA

89 Assessing the Mental Health Resources of Mid-Major Level College Athletic Departments

Grace Louis, Northern Illinois University, USA; Shaine Henert, Northern Illinois University, USA

90 Exploring the Caring Behaviors of a Coach on a National Champion Gymnastics Team

Mario Fontana, SUNY Brockport, USA; Vista Beasley, SUNY Brockport, USA

91 Poster Withdrawn

92 International Collegiate Athlete's Self-Compassion, Social Support, COVID-19 Worry and Psychological Distress: A Mediation Analysis

Cachet Lue, University of North Texas, USA; Trent Petrie, University of North Texas, USA; E. Whitney Moore, East Carolina University, USA; Chiachih Wang, University of North Texas, USA

93 Poster Withdrawn

94 NCAA Division I Assistant Coaches' Understanding and Use of Mental Performance and Mental Health Services

Morgan Eckenrod, University of Southern Mississippi, USA; Heather Hill, University of Southern Mississippi and Indiana State University, USA; Melissa Thompson, The University of Southern Mississippi, USA; Laurie Neelis, University of Southern Mississippi, USA; Paul Donahue, University of Southern Mississippi, USA

95 Relationship of Gender, Race, and Sport to Collegiate Athletes' Alcohol Use and Sleep Disturbances

Olivia Kit, The University of North Texas, USA; Nicholas Magera, University of North Texas, USA; Trent Petrie, University of North Texas, USA

96 Student-Athlete Transition Program with a Health-Related Physical Activity Focus: A Feasibility Study For a NCAA Division II Institution

Amanda Hilton, Lenoir-Rhyne University, USA; Erin Reifsteck, University of North Carolina at Greensboro, USA; Diane Gill, UNCG, USA; Mindy Smith, Messiah University, USA

97 The Effects of a Sports Nutrition Education Intervention on Sports Nutrition Knowledge and Perceptions of Recovery in NCAA Division I Men's Soccer Players

Jamie McAllister-Deitrick, Coastal Carolina University, USA; K Michelle Singleton, Coastal Carolina University, USA; Keirstin Roose, Coastal Carolina University, USA

98 Poster Withdrawn

99 The Long-Term Impact of Study Abroad: Post-Graduation Reflections of NCAA Division II and III International Student-Athletes

Brian Foster, Florida State University, USA; Patricia Lally, Lock Haven University, USA

100 The Role of Demographic Factors, Mental Health, Resilience, and Covid Worries on Athletic Identity: A Study of Collegiate Athletes

Rachel Shinnick, The South Boston Collaborative Center, USA; Edson Filho, Boston University, USA

Consulting & Interventions

101 A Season-Long Adaptation of the CLUTCH Framework for Collegiate Field Hockey

Sarah Carson Sackett, James Madison University, USA

102 An Interactional Approach to Facilitate the Psychological Development of Elite Youth Soccer Players

Jianne Butt, Liverpool John Moores University, UK; Andrew Mills, British Psychological Society, UK; Ian Maynard, University of Essex, UK

103 Eleven Weeks to Kona: One Triathlete's Journey

Jamie Robbins, Methodist University, USA; Shyanne Mcgregor, Triathlete, USA

104 Exploring the Learning Experiences of One Chinese Volleyball Athlete Throughout a Psychological Skills Training Program

Xiao Zhang, University of Calgary, Canada; Penny Werthner, University of Calgary, Canada

105 Mental Skills Training to Facilitate the Cycle of Liberation for Athletes With Non-dominant Identities

Rebekah Armstrong, Adler University, USA; Ismael Alaoui-Vezina, Adler University (Chicago), USA; Melanie Richburg, Grand Canyon University, USA; Teresa Fletcher, Adler University, USA

106 Qualified and Trainee Sport and Exercise Psychologists' Attitudes, Skills and Behaviours Towards Research Utilisation in Applied Practice

Marie Winter, University of Essex, UK; Ian Maynard, University of Essex, UK; Paul Freeman, University of Essex, UK; Murray Griffin, University of Essex, UK

107 The Effects of Autonomy-Supportive vs Controlling Feedback on the Performance of Novice Jugglers

Dominique Mullicane, Western Washington University, USA; Jessyca Arthur-Cameselle, Western Washington University, USA; Linda Keeler, Western Washington University, USA; Nick Washburn, Western Washington University, USA

108 The What, Why, and How of Goal Setting: A Review of the Goal-Setting Process in Applied Sport Psychology Practice

Matthew Bird, University of Lincoln, UK

Diversity & Culture

109 Beyond the Binary: An Exploration of Transgender and Gender Nonbinary Athletes' Experiences in College Athletics

Olivia Kimmel, Pacific University, USA; Tamara Tasker, Pacific University, USA

110 Cultural Competence; Inclusion, Equity, Conceptualization; Ethical Practice

Ismael Alaoui-Vezina, Adler University (Chicago), USA; Rebekah Armstrong, Adler University, USA; Teresa Fletcher, Adler University, USA; Melanie Richburg, Grand Canyon University, USA

111 Passion in Sport and the Quality of Coach-Athlete Relationship Among Lebanese and American Athletes and Coaches: A Cross-cultural Study

Diala El-Khazen, CSULB, USA; Jana Fogaca, Long Beach State University, USA; Alison Ede, Long Beach State University, USA; Leilani Madrigal, Long Beach State University, USA

Elite/Pro Sport

112 A Longitudinal Exploration of Competitive Dancers' Experiences

Ben Sereida, University of Alberta, Canada; Danae Frentz, University of Alberta, Canada; Amber Mosewich, University of Alberta, Canada

113 The Effect of Trust in Coach on the Team Performance: Mediation Effect of Team Climate

Sungho Kwon, Seoul National University, Republic of Korea; Doheung Lee, Seoul National University, Republic of Korea; Taiwoo Kim, Seoul National University, Republic of Korea

114 Thriving in Elite Sport: A Systematic Review

Jordan Hayman, Ocean Healthcare, UK; Gillian Cook, Liverpool John Moores University, UK

Exercise/Health/Fitness

115 A Pilot Study: Engaging Growth Mindset and Imagery Skills for Adopting a “Stress-is-Beneficial” Mindset for College Student-Athletes

Darrell Phillips, University of Kansas, USA; Andreas Sloth, Danske Studenters Roklub, Denmark

116 Effect of an Extended Theory of Planned Behavior Intervention on Physical Activity in College Students

Taylor Gabler, Bowen Center, USA; Jean-Charles Lebeau, Ball State University, USA

117 Evaluating the Effect of Exercise on Emotional Health and Cognitive Function in Neurodivergent Individuals

Evan Darr, McDaniel College, USA; Jessica Ford, McDaniel College, USA

118 Exercise Modality Differences in Effect on Depressive Symptoms: Meta-Analysis

Elisheva Gottstein, Georgia Tech Counseling Center, USA; Craig Marker, Mercer University, USA

119 Improving Moods and Exercise Enjoyment in Young Adults: Resistance or Endurance Training?

Selen Razon, West Chester University of PA, USA; Andrew Schlosser, West Chester University, USA; Jeffrey Harris, West Chester University, USA; Lawrence Judge, Ball State University, USA

120 Mentors’ Retrospective Views a Decade after Volunteering in a Positive Youth Development Program

Taylor Sharp, University of Kansas, USA; Jacob Chamberlin, University of Kansas, USA; Bailey Gilbert, University of Kansas, USA; Mary Fry, University of Kansas, USA

121 “On Your Left”: Bicyclists’ Commands Impact Receivers’ Responses

Lauren Hecht, Gustavus Adolphus College, USA; Jacob Christenson, Gustavus Adolphus College, USA

122 Photo-Elicitation as a Research Method to Assess Adolescent Girls’ Perceptions of the Climate in a Positive Youth Development Program

Nabilah Alhelali, HSES KU, USA; Gray Randi, Doctoral Counseling Psychology Student, Graduate Research Assistant, Research and Training Center on Independent Living Life Span Institute, USA; Mary Fry, University of Kansas, USA

Injury/Rehabilitation

123 Athletic Trainers’ Perceptions of Implementing Psychological Strategies for Patient Management: A Systematic Review

Caitlin Brinkman, University of North Carolina at Chapel Hill, USA; Shelby Baez, University of North Carolina at Chapel Hill, USA; Elaine Reiche, University of North Carolina at Chapel Hill, USA

124 Can I Get Some Help Here? A Systematic Review of Injured Athletes’ Perceptions of the Role Social Support Plays During Their Rehabilitation

Shaine Henert, Northern Illinois University, USA; William Pitney, Northern Illinois University, USA; Grace Louis, Northern Illinois University, USA; Nicholas Grahovec, Northern Illinois University, USA; Tyler Wood, Northern Illinois University, USA

125 Exploring the Psychosocial Factors Associated with returning to Basketball after Multiple Lower Extremity Injuries to the Same Leg: A Case Study

Katie Klein, USA; Jessica Ford, McDaniel College, USA

126 Helping the Have-Nots: Examining the Relationship Between Rehabilitation Adherence and Self-Efficacy Beliefs in ACL Reconstructed NAIA and NCAA DII and III Female Athletes

Myles Englis, Florida State University, USA; Marc Cormier, University of Kentucky, USA

127 Poster Withdrawn
128 Reviewing the Review: Findings of a Scoping Review of Athletes’ Chronic Pain Narratives and Reflection on the Doing of Scoping Reviews

Michelle McAlarnen, Minnesota State University, Mankato, USA; Hayley Russell, Gustavus Adolphus College, USA

129 The Application of Feminist Therapy to Athletic Injuries: The Role of Gender in Recovery and Mental Health

Rebecca Steins, Saint Louis University, USA; Savannah Jefferis-Henriques, Saint Louis University, USA; Lauren Olson, Saint Louis University, USA; Michael Ross, Saint Louis University, USA

130 Working With Injured Athletes: Structures And Processes

Kendra Bullard, University of Illinois at Chicago, USA; Logan Gallaher, University of Illinois at Chicago, USA; Dominique Martinez, University of Illinois at Chicago, USA; John Coumbe-Lilley, University of Illinois at Chicago, USA

Mental Health

131 An Investigation of the Relationship between Racial identity, Athletic identity, Mental Health Stigma on Mental Health Help-Seeking in Black College Athletes

Giscard Petion, USA

132 Athletic Coaches’ Understandings and Discussions of Players’ Adverse Childhood Experiences

Simon Wright, University of Maryland, USA; Bryan Blum, Long Island University, USA

133 Barriers and Opportunities for Help Seeking in Collegiate Student-Athletes

Megan Fox, UW-Green Bay, USA; Georjeanna Wilson-Doenges, UW - Green Bay, USA

134 Declines in Adolescent Physical Activity and Links to Social Media Use: Application of Findings to the MOODment Program

Lindsey Forbes, Dr. Forbes & Associates, Canada;
Wendy Ellis, King's University College at Western University, Canada; Tara Dumas, Huron University College at Western University, Canada

135 Poster Withdrawn

136 Exploring the Negative Mental Health Consequences of Choking under Pressure

Christopher Mesagno, Victoria University, Australia;
Matthew Goodyear, Victoria University, Australia;
Adwoah Hammond, Victoria University, Australia

137 Helping Athletes to Thrive: A Conceptual Framework to Promote Mental Health, Well-Being, and Performance

Daniel Birrer, Swiss Federal Institute of Sport Magglingen, Switzerland; Laurie Schwab, Swiss Federal Institute of Sport Magglingen, Switzerland

138 Men and Muscles: Self-Esteem and Body Dissatisfaction in the Drive for Muscularity among Jamaican Weightlifters

Chelsi Ricketts, Michigan State University, USA; Caryl James Bateman, The University of the West Indies, Mona, Jamaica; Marvin G. Powell, George Mason University, USA; Andre Bateman, Michigan State University, USA; Emilio J. Compte, Adolfo Ibáñez University, Chile

139 On the Frontline of Athlete Mental Health: The Mental Health Literacy of NCAA Coaches

Kelzie Beebe, University of North Texas, USA; Trent Petrie, University of North Texas, USA

140 Relationship between Mindfulness, Mental Toughness, and Sport Anxiety

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