

AASP **2022**

37TH ANNUAL CONFERENCE
OCT 26 – 29 ▪ FORT WORTH, TEXAS



PRESENTING SPONSORS

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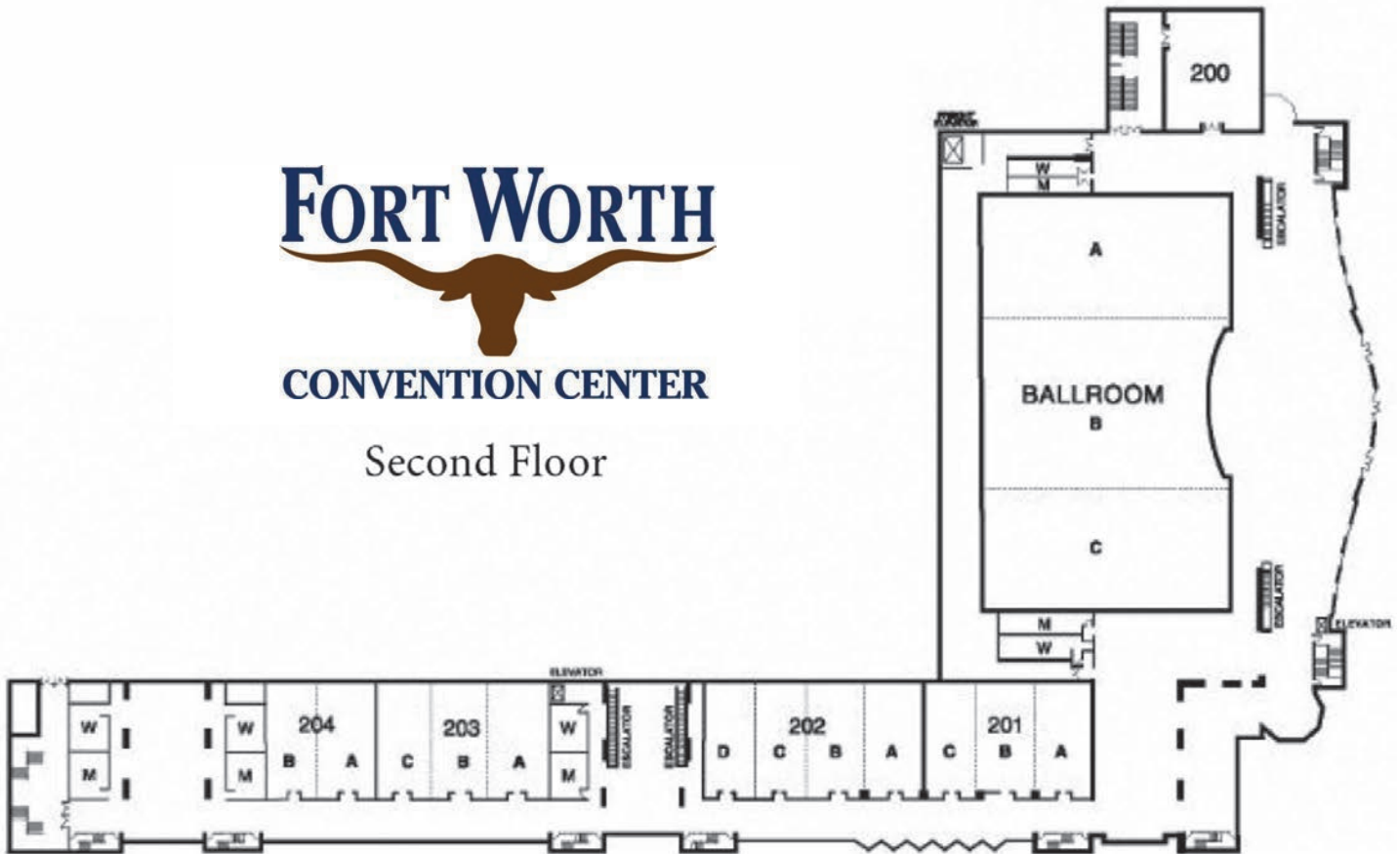


UNIVERSITY of
Western States

CONFERENCE PROGRAM

FORT WORTH CONVENTION CENTER

Second Floor



LAND ACKNOWLEDGEMENT

AASP recognizes that Fort Worth, site of our 2022 Annual Conference, inhabits spaces that are the ancestral home stewarded by the Kickapoo, Jumanos, Wichita, Comanche, and Tawakoni Tribal Nations. We acknowledge that Indigenous peoples are part of our nation's past, present, and future and recognize that they have a particular place as heroes and heroines in the sport and military historical milestones of the United States of America.

AASP 20
22

37TH ANNUAL CONFERENCE
OCT 26 – 29 • FORT WORTH, TEXAS

WELCOME!

Welcome to the 37th Annual Conference of the Association for Applied Sport Psychology.

We are excited to be back together in person, and pleased you have chosen this conference to share your knowledge and extend your network of colleagues and friends. Please join us in thanking the Conference Planning Committee and staff:

- Stephen Gonzalez, Scientific Program Chair
- Kensa Gunter, Conference Program Chair
- Amanda Perkins-Ball, Diversity Committee Representative
- Dolores Christensen, Conference Planning Committee Member
- Christopher Stanley, Conference Planning Committee Member
- Kerry Guest, Student Representative, Conference Planning Committee
- Kent Lindeman, Executive Director
- Stephanie Garwood, Meeting Manager
- Emily Schoenbaechler, Certification & Communications Manager
- Emily Stark, Membership & Registration Assistant

In addition, we want to thank the over 200 members who assisted with the review of all submitted conference abstracts. Their hard work enabled us to assemble what promises to be an outstanding program. This year's conference features an exceptional list of invited speakers, as well as lectures, panels, posters, symposia, and workshops that AASP members will be presenting. Thank you for continuing to submit your excellent work to our annual conference.

The AASP Executive Board is very pleased to serve as your host for AASP 2022, and hopes that you enjoy the program and networking activities that are planned. If any of us can be of further assistance, or if you have suggestions for increasing the effectiveness of the AASP organization or educational program, please stop and talk to us this week.

Enjoy the conference!

Sincerely yours,



AASP Executive Board
2021-2022

AASP EXECUTIVE BOARD 2021-2022



Lindsey Blom, EdD, CMPC
President
Ball State University



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President-Elect
James Madison University



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AASP PAST PRESIDENTS

AASP is grateful for the individuals who have helped shape the organization by serving as president.

John Silva , 1985-1987	Robin Vealey , 1998-1999	Bonnie Berger , 2010-2011
Ronald Smith , 1987-1988	Andrew Meyers , 1999-2000	Jack Lesyk , 2011-2012
Robert Weinberg , 1988-1989	Joan Duda , 2000-2001	Jack Watson II , 2012-2013
Daniel Gould , 1989-1990	David Yukelson , 2001-2002	Jonathan Metzler , 2013-2014
Lawrence Brawley , 1990-1991	Linda Petlichkoff , 2002-2003	Robert Schinke , 2014-2015
Michael Sachs , 1991-1992	Damon Burton , 2003-2004	Brent Walker , 2015-2016
Charles Hardy , 1992-1993	Martha Ewing , 2004-2005 & 2007-2008	Angus Mugford , 2016-2017
Jean Williams , 1993-1994	Craig Wrisberg , 2005-2006	Amy Baltzell , 2017-2018
Tara Scanlan , 1994-1995	Vikki Krane , 2006-2007	Traci Statler , 2018-2019
Penny McCullagh , 1995-1996	Burton Giges , 2007-2008	Natalie Durand-Bush , 2019-2020
Maureen Weiss , 1996-1997	Sean McCann , 2008-2009	Kensa Gunter , 2020-2021
Leonard Zaichkowsky , 1997-1998	Glyn Roberts , 2009-2010	

FELLOWS

A Fellow is an AASP member who has achieved distinction through significant contributions to academic and professional practice knowledge in sport and exercise psychology.

Congratulations to the seven members named to AASP's 2022 Class of Fellows.

Graig Chow, University of California, Berkeley
Brandonn Harris, Georgia Southern University
Linda Keeler, Western Washington University
Nohelani Lawrence, New York Football Giants
Carrie Scherzer, Mount Royal University
Chris Wagstaff, University of Portsmouth
Meredith Whitley, Adelphi University

Active Fellows:

Renee Appaneal (2021)	Mary Fry (2009)	Jeff Martin (2004)	Elizabeth Shoenfelt (2016)
Mark Aoyagi (2016)	Nick Galli (2021)	Scott Martin (2004)	John Silva (1987)
Amy Baltzell (2017)	Lori Gano-Overway (2019)	Ian Maynard (2007)	Wesley Sime (1987)
Monna Arvinen-Barrow (2020)	Burt Giges (2006)	Sean McCann (2009)	Duncan Simpson (2021)
Heather Barber (2005)	Joy Griffin (2002)	Penny McCullagh (1992)	Robert Smith (1995)
Bonnie Berger (1987)	Diane Gill (1987)	Rick McGuire (2010)	Natalia Stambulova (2014)
Lindsey Blom (2019)	Todd Gilson (2019)	Jon Metzler (2013)	Traci Statler (2015)
Gordon Bloom (2021)	Scott Goldman (2016)	Taryn Morgan (2021)	Joan Steidinger (2021)
Charlie Brown (2010)	Daniel Gould (1987)	Angus Mugford (2016)	Jim Taylor (2004)
Damon Burton (2003)	Kensa Gunter (2020)	Elizabeth Mullin (2018)	Gershon Tennenbaum (2006)
Sarah Castillo (2016)	Doug Hanks (2015)	Maria Newton (2012)	Melissa Thompson (2018)
Melissa Chase (2009)	Stephanie Hanrahan (2010)	Ed O'Connor (2010)	Judy Van Raalte (2002)
Becky Clark (2018)	Charles Hardy (1987)	Carole Oglesby (1987)	Tiffanye Vargas (2019)
Damien Clement (2020)	Bob Harmison (2015)	Margaret Ottley (2018)	Robin Vealey (1989)
Karen Cogan (2004)	Chris Harwood (2007)	Al Petitpas (1993)	Ralph Vernacchia (2001)
Alex Cohen (2018)	John Heil (1998)	Kirsten Peterson (2013)	Amanda Visek (2020)
Steven Danish (1991)	Tim Herzog (2020)	Linda Petlichkoff (1995)	Brent Walker (2015)
Kristen Dieffenbach (2016)	Ken Hodge (2012)	Trent Petrie (2000)	Jack Watson (2012)
Joan Duda (1988)	Jasmin Hutchinson (2017)	Artur Poczwardowski (2015)	Robert Weinberg (1987)
Natalie Durand-Bush (2018)	Cindra Kamphoff (2021)	Alison Pope-Rhodium (2018)	Diane Whaley (2013)
Vicki Ebbeck (2004)	Michele Kerulis (2021)	Alessandro Quartiroli (2021)	Diane Wiese-Bjornstal (2002)
Ed Etzel (2007)	Bruce Klonsky (2021)	Glyn Roberts (1987)	Jean Williams (1987)
Marty Ewing (2010)	Anthony Kontos (2017)	Michael Sachs (1987)	David Yukelson (1987)
Leslee Fisher (2011)	Bart Lerner (2016)	Tara Scanlan (1987)	Leonard Zaichkowsky (1988)
David Fletcher (2014)	Jack Lesyk (2011)	Rob Schinke (2014)	Michael Zito (2020)
Frances Flint (2009)	Charlie Maher (2017)	Jamie Shapiro (2021)	Sam Zizzi (2012)

2022 AASP Award Winners



Dissertation Award

Recognizes the completion of an outstanding dissertation by an AASP doctoral student member

Ryan Sappington

University of Maryland, College Park

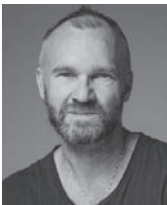


Distinguished International Professional Award

Recognizes an outstanding individual from the international community whose scientific and/or applied work has significantly impacted the field of sport and performance psychology

Stephanie Hanrahan

The University of Queensland, Australia



Distinguished Professional Practice Award

Recognizes a member who demonstrates exceptional quality and innovation in delivering sport and exercise psychology services to the public

Göran Kenttä

The Swedish School of Sport and Health Science



Distinguished Public Communication, Awareness, and Outreach Award

Recognizes efforts to promote, raise awareness of the field/profession, or engage in outreach efforts to non-sport psychology related professional organizations

Peter Olusoga

Sheffield Hallam University, UK & Inland Norway University of Applied Sciences



Distinguished Student Practice Award

Acknowledges outstanding and innovative service delivery in sport and exercise psychology by student member

Kristen Cooper

University of Denver



Dorothy V. Harris Memorial Award

Recognizes an AASP member, in the early stage of his or her professional career, who has made outstanding contributions that are both theoretical and practical

Johannes Raabe

West Virginia University



Early Career Applied Practitioner Award

Recognizes a sport psychology practitioner who has recently entered into the applied field post-graduation.

Alex Auerbach

Toronto Raptors



Inclusion, Diversity, and Excellence in Advocacy and Social Justice (IDEAS) Student Award

Recognizes a student involved in research, service, or applied experiences that focus on diversity, inclusion, social justice, or advocacy in sport and performance psychology

Rena Curvey

University of Kentucky



Kate F. Hays Distinguished Mentor Award

Recognizes outstanding efforts by an AASP member as a mentor/supervisor who has had a significant impact on their mentees in the field.

Robin Vealey

Miami University



Ken Ravizza Performance Excellence Award

Recognizes an individual who embodies exemplary psychological principles associated with performance excellence as demonstrated through consistent achievement, merit or leadership over the course of their career

Tatyana McFadden

20-time Paralympic Medalist



Masters Thesis Award

Acknowledges the completion of an outstanding thesis by an AASP student member

Jessica Jones

Ithaca College



Student/Early Career Professional Science-Practitioner Award

Recognizes student or early career professional who has demonstrated excellence in both the science of applied sport psychology as well as the practice of applied sport psychology

Hayley Perelman

Boston University



Teaching Excellence Award

Acknowledges an exceptional classroom educator in the field of sport, exercise, and performance psychology

Mark Cormier

University of Kentucky

AASP 2022 Conference Student Travel Awards



sponsored by
Routledge/Taylor & Francis
\$750 USD award

2022 Conference Student Travel Award Winners:

Kaleb Cusack, University of North Texas

Danae Frentz, University of Alberta - Canada

Megan Hut, West Virginia University

Anthony Magdaleno, University of Wisconsin-Milwaukee

Kayla Myers, Ball State University

Seth Rose, University of Idaho

Jeff Ruser, Indiana University

Cassandra Seguin, Canadian Forces Morale and Welfare Services

Richard Simpson, Leeds Beckett University - UK

Marie Winter, University of Essex - UK

The Sport Psychologist Young Researcher Award



sponsored by Human Kinetics

\$1,000 USD award

2022 *The Sport Psychologist*
Young Researcher Award Winner:

Carly Block, Florida State University

2022-2023 AASP Research Grants

Macey Arnold, Kasey Chambers, & Trent Petrie,
University of North Texas
*High School and Collegiate Coaches' Attitudes, Perceptions,
and Experiences Related to LGBT Athletes and Their
Sport Participation*
Amount: \$2,000.00

Anthony Magdaleno & Barbara Meyer,
University of Wisconsin-Milwaukee
*Examining the Effect of Services Provided and Years of
Experience on the Stress, Burnout, and Occupational
Recovery of CMPCs*
Amount: \$2,200.00

Alexandra Potts & Faye Didymus,
Leeds Beckett University
*Ecological Momentary Assessment of Elite Sports Coaches'
Psychological Well-Being*
Amount: \$4,000.00

Johannes Raabe & Kim Tolentino, West Virginia University
*NCAA Coaches' Beliefs About Mental Health Service
Utilization: A Mixed-Methods Investigation*
Amount: \$3,000.00

Mustafa Sarkar, Emily Dargue, Julie Johnston, &
Sarah Mallinson-Howard, Nottingham Trent University
*The Effects of Perfectionistic Climate on Perfectionism,
Resilience, Fear of failure, and Psychological Well-Being in
Youth Athletes*
Amount: \$4,200.00

Robyn Trocchio, Texas Christian University
The Effects of Virtual Reality During a Rowing Exercise Task
Amount: \$2,155.00

If you would like to apply for an AASP Award or
Grant, please visit www.appliedsportpsych.org
for deadlines and additional information.

2022-2023 AASP Collaborative Research Grants

Megan Byrd, Brandon Harris & Kaytlyn Johnson,
Georgia Southern University; Chelsea Butters Wooding, North Park
University; Eric Martin, Boise State University
AASP and Answered: Reflections from AASP's Past-Presidents
Amount: \$2,500.00

Saemi Lee, California State University, Los Angeles; Luciana Zuest,
Towson University; Jana Fogaca, Long Beach State University;
Dawn Clifford, Northern Arizona University
*Weight Inclusive Thinking for Fitness Spaces (WIT FITS):
The Effects an Online Intervention on Exercise Professionals'
Anti-Fat Attitudes*
Amount: \$2,500.00

2022-2023 AASP Community Outreach Grants

Jacob Ames & Jasmin Hutchinson, Springfield College
Springfield College Scores/GOALS AASP Community Outreach Grant
Amount: \$1,000.00

Katherine Griffes & Kelsey Terrell, SUNY Oneonta
*Girls Get a Move on: Promoting Life Skills Through Sport and
Physical Activity in Pre-Adolescent Girls*
Amount: \$1,500.00

Jason Kostrna & Sabrina Gomez, Florida International University
Teaching Sportsmanship in an Underprivileged Miami Soccer Club
Amount: \$1,250.00

Melissa Thompson & Laurie Neelis, University of Southern
Mississippi
Mississippi Women's Coaching Academy
Amount: \$1,250.00

2022-2023 AASP Foundation Gualberto Cremades International Research Grants

Diala Elkhazen and Jana Fogaca,
California State University Long Beach
*Passion in Sports and the Quality of Coach-Athlete Relationship
Among Lebanese and American Athletes and Coaches:
A Cross Cultural Study*
Amount: \$500.00

Vedika Jogani and Justine Vosloo, Ithaca College
*Effect of Culture on Athletes Global Self Esteem Who
Participate in Sport Dissimilar to Their Identified Gender:
A Cross Cultural Study*
Amount: \$500.00

IN MEMORIAM

DR. KEITH HENSCHEN



Dr. Keith Henschen, one of the most notable trailblazers in our field and a true professional giant in numerous respects, passed away on Friday, October 22, 2021. It is so difficult to say good-bye to an impactful professor, a mentor, and a colleague, but even more, to one who was a dear

friend. For certain, it is impossible to completely describe what Keith meant to the field of applied sport psychology and to so many people around the world.

It is common knowledge among sport psychology practitioners that one of the most reliable measures of a consultant's success is getting invited back by a team or organization to continue the services as new challenges arise. Keith was invited back more than 30 times by the Utah Jazz, the USA Track and Field National Governing Body, the Brigham Young University Athletic Department, and more than 40 times by the University of Utah Athletic Department.

Additionally, he also served USA Women's Gymnastics, the US Aerials Ski Team, the US Speed Skating Team and the US Men's Alpine Ski Team and attended two summer and three winter Olympic Games where he supported those teams. Uniformly, those he worked with, his clients and his collaborators use phrases such as "highest personal qualities, character, professionalism, ethics, service excellence, and long-lasting impact" when describing Keith Henschen.

For those who did not have the honor of knowing him, Keith was a professor of psychosocial aspects of sports in the Department of Exercise and Sport Science at the University of Utah for 39 years (1971-2010). His academic body of work, primarily in the areas of performance psychology, psychological skills and mental training, and sport psychology for special populations consists of over 200 articles, 40 book chapters, and 13 edited books and monographs. Keith was an often sought out speaker, with over 500 presentations delivered

around the world. His service to the field was far reaching serving as President of the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD) in the late 1990s and as President of the International Society of Sport Psychology (ISSP) from 2001-2005.

His devotion to his graduate students was relentless, mentoring 53 doctoral and 23 master's level professionals who today continue contributing to the field of applied sport and performance psychology in North America and internationally. Keith was widely recognized as one of the most accomplished leaders in the field in both scholarship and practice. He was an ISSP Fellow and the recipient of the ISSP Distinguished International Sport Psychologist Award in 2017, recipient of the AASP Distinguished Professional Practice Award in 2013 and was the AASP Coleman Griffith Lecturer in 2014. One clear example of his innovative contribution to the field (especially, when situated historically) dealt with expanding sport psychology services from purely performance enhancement focused to more holistic personal development (e.g., life skills, well-being, personal growth) – a concept now thought of as a "gold standard" of effective practice, but an innovative and cutting-edge idea in previous decades of practice.

We acknowledge our privilege and true honor in being able to provide this memorium for Keith, as we know numerous individuals would graciously take this opportunity to pay a tribute as well. As much as we made every effort to represent all those whose professional and personal lives were touched by him, we know we have fallen short of this aspiration. We hope that a moment of silence in which you reflect on all Dr. Keith Henschen meant to you will be filled with your own personal heartfelt good-byes.

Submitted respectfully,
Artur Poczwardowski, Traci Statler, and Rich Gordin

IN MEMORIAM

DR. BURTON GIGES



Dr. Burton (Burt) Giges passed away on March 7, 2022 at the age of 97.

Burt was a renowned expert on sport psychology consulting and self-awareness, keynote presenter at professional meetings, author of the book *My Work in Sport Psychology*, and star of sport psychology consulting videos. He used his expertise as a practitioner and scholar to help athletes, students, and colleagues of all levels to pursue their goals and strive to reach their potential.

Burt attended City College of New York and was a member of the fencing team. He then attended New York University College of Medicine and graduated first in his class. Throughout his lifetime, Burt had three distinguished careers. First, he worked as a medical researcher. Next, he focused on mental health, studying psychiatry at the Albert Einstein College of Medicine and becoming Chief Resident and a faculty member. He also served as the director of community mental health services in Westchester, New York and was a distinguished Life Fellow of the American Psychiatric Association. Burt began his third career - in sport psychology - when he was in his 60s. Incorporating a strong theoretical foundation that included psychodynamic, humanistic, existential, cognitive-behavioral, and gestalt approaches into his work, he helped athlete-clients identify and address psychological barriers to goal attainment, with particular attention to the harmful effects of self-critical thoughts. Burt also began attending sport psychology conferences, meeting colleagues, and leading self-awareness workshops, which led to his being appointed Clinical Professor of Psychology at Springfield College, serving as AASP President in 2007-2008, and receiving AASP's Distinguished Professional Practice Award in 2018.

Throughout his life, Burt proved himself to be an outstanding teacher, excellent advisor, in-demand professional speaker, and influential practitioner. Burt's workshop presentations were a highlight of many conferences. In his workshops, Burt would typically invite a volunteer to the stage and would hold a live consulting session. During the session, he would periodically pause, turn to the audience, discuss his thought process, provide several possible directions for the session, and then explain the approach he was choosing to take. Burt would then return to the client to continue their conversation. His ability to share the "art" of sport psychology consulting is something that has been so appreciated that the "Burt Giges Workshop" (featuring other presenters in the interactive format in which Burt excelled) has continued to be a regular feature at AASP's Annual Conference.

During the SARS-CoV-2 pandemic, Burt stayed engaged with students and colleagues. He taught by Zoom and held a Springfield College ID that was current through the last year of his life. When a colleague mentioned their impending retirement, Burt, age 97, said that he might retire in May 2022, too. Although Burt did not make it to his retirement, he spent his working life enjoying special relationships with his wife Ilka (who joined him at some of his teaching and conference gigs), his daughters Elinor and Julie, and their families. Burt had an unwavering belief in individual value and human potential. He will be sorely missed.

Submitted by
Judy Van Raalte, Britt Brewer, and Al Petitpas

IN MEMORIAM

AASP acknowledges the passing of the following members:

Robert Brustad
Bruce Klonsky
Stephen Walker

CMPC CREDIT

The AASP Annual Conference counts for 12 CEUs (3 per day) toward CMPC recertification. In order to claim the credit, turn in your conference registration confirmation email with your recertification materials. You will not receive a separate certificate.

You can earn additional credit by attending the sessions below. In order to claim credit for these, you will be required to sign in, and you will receive a certificate via email after the conference.

If you attend the entire conference, including the three sessions below, you can receive a maximum of 15.25 CEUs.

Ethics Credit - 1.25

Wednesday, October 26, 2:15 - 3:30 pm, Room 204

Navigating Risks and Responsibilities: Case Studies in Sport Psychology

*Karen Cogan, USOPC;
Jenny Conviser, Ascend Consultation in Health Care;
Kensa Gunter, Gunter Psychological Services, LLC;
Christopher Bader, University of Arkansas*

Diversity Credit - 1.0

Thursday, October 27, 11:30 am - 12:30 pm, Room 204

Diversity Lecture - Transgender & Nonbinary Inclusion in Sport: Allyship & Action

Chris Mosier, Triathlete & Transgender Advocate

Mentorship/Supervision Credit - 1.0

Saturday, October 29, 11:30 am - 12:30 pm, Room 202A

It Takes a Village: A Guide for Implementing Effective Peer Mentorship in Applied Sport Psychology Training Programs

*Savanna Ward, Florida State University;
Frances Cacho, Florida State University;
Carly Block, Florida State University;
Graig Chow, University of California, Berkeley;
Nataniel Boiangin, Barry University*

APA CREDITS

APA credits are available to AASP attendees for an additional fee. To obtain APA credits, you must purchase them when you register for the conference. If you registered for APA credit, you received instructions and additional information, including a list of eligible sessions, when you picked up your name badge.

SPEAKER READY ROOM

All speakers delivering computer-based presentations are required to visit the Speaker Ready Room, in Room 201C, to pre-load their presentations based on the schedule below. Since there are over 100 presentations that will be delivered to the Speaker Ready Room over the course of the conference, we ask that you please visit at the prescribed times indicated below so we can assist you appropriately.

Please provide your presentation on a USB drive, and if your presentation contains audio or video, make sure to have a copy of the audio or video source file on your USB.

An AV Tech will be able to assist you with putting your files on a laptop and previewing your presentation. Please note that once your presentation is uploaded in the Speaker Ready Room, you will not be permitted to revise the presentation. Please make all your last-minute changes before coming to the Speaker Ready Room. Once uploaded, your presentation will be available on a PC laptop in your session room in a folder on the desktop named with your session date and time.

If Your Presentation Time Is...	Then Your Scheduled Check-In Time Is...
Wednesday, October 26 between 1:00 pm – 5:00 pm	Wednesday, October 26 between 9:00 am – 11:00 am
Thursday, October 27 between 8:00 am – 1:00 pm	Wednesday, October 26 between 1:00 pm – 5:00 pm
Thursday, October 27 between 1:00 pm – 5:00 pm	Thursday, October 27 between 7:00 am – 11:00 am
Friday, October 28 between 8:00 am – 1:00 pm	Thursday, October 27 between 1:00 pm – 5:00 pm
Friday, October 28 between 1:00 pm – 5:00 pm	Friday, October 28 between 7:00 am – 11:00 am
Saturday, October 29 between 8:00 am – 1:00 pm	Friday, October 28 between 1:00 pm – 5:00 pm
Saturday, October 29 between 1:00 pm – 4:00 pm	Saturday, October 29 between 7:00 am – 11:00 am

SPECIAL INTEREST GROUP (SIG) MEETINGS

Attendees are welcome to attend any SIG meeting; pre-registration is not required.

Groups meet from 12:40 PM - 1:25 PM; and 1:30 PM - 2:15 PM. Check the schedule below for the time your group meets.

Thursday, October 27

12:40 PM - 1:25 PM

Anger & Violence in Sport
Room 201A

Business Ownership
Room 202A

Mindfulness
Room 202 CD

Pride (LGBTQ+)
Room 203A

Study & Practice of Supervision
Room 204

Sports Injury
Room 203BC

1:30 PM - 2:15 PM

Eating Disorders
Room 201A

Exercise Psychology & Wellness
Room 202A

Tactical Populations
Room 202CD

Teaching Sport & Exercise Psychology
Room 203BC

Youth Sport
Room 203A

COMMITTEE & EDITORIAL BOARD MEETINGS

Thursday, October 27

12:30 PM - 2:00 PM

Past Presidents Council & Lunch
Room 200, Convention Center

12:30 PM - 1:30 PM

Hospitality Committee
Sundance 4, Omni

12:30 PM - 1:30 PM

Newsletter Committee
Sundance 1, Omni

12:30 PM - 1:30 PM

Student Development Committee
Sundance 2, Omni

12:30 PM - 1:30 PM

Webinars and Virtual Conference Committee
Sundance 3, Omni

Friday, October 28

7:00 AM - 8:00 AM

Graduate Program Accreditation Committee
Sundance 2, Omni

12:30 PM - 1:30 PM

Certification Review Committee
Room 202CD, Convention Center

12:30 PM - 1:30 PM

Continuing Education Committee
Room 202A, Convention Center

12:30 PM - 1:30 PM

Dorothy V. Harris Memorial Award Committee
Room 201A, Convention Center

12:30 PM - 1:30 PM

Ethics Committee
Room 203A, Convention Center

12:30 PM - 1:30 PM

JASP Editorial Board
Sundance 4, Omni

1:00 PM - 1:45 PM

Sport Psychology Council
Sundance 5, Omni

FULL CONFERENCE SCHEDULE

WEDNESDAY, OCTOBER 26

9:00 AM – 12:00 PM

Room 201A

**CE Workshop: Making Difficult Decisions:
Enhancing Competencies in Psychopathology
for a Long and Successful Career**

*Christine Selby, Springfield College, USA;
Mitch Abrams, Learned Excellence for Athletes, USA;
Hillary Cauthen, Texas Optimal Performance &
Psychological Services, USA*

Pre-registration required; additional fee

1:00 PM - 2:00 PM

Room 202CD

**PAN-01: Level Up: A Push for Holistic Practices
in eSports**

*Changhyun Ko, Team Liquid, USA;
Eric LeNorgant, Team Liquid, USA;
Claudio Godoi, Brazilian Association of Electronic
Sports Psychology, Brazil*

1:00 PM - 2:00 PM

Room 204

**SYM-01: A Resilience Program for First Year
Collegiate Athletes: An Overview of Program
Design, Implementation, Evaluation, and
Implications**

*Eric Martin, Boise State University, USA;
Scott Pierce, Illinois State University, USA;
Samantha Kurkjian, Illinois State University, USA;
Kelly Rossetto, Boise State University, USA;
Liam O'Neil, Utah State University, USA*

1:00 PM - 2:00 PM

Room 202A

**WKSP-01: The Utility of Personality Assessment
in High-Performance Career Fields**

*Lennie Waite, University of St. Thomas, Houston, USA;
Wayne Chappelle, United States Air Force, USA;
Tyler McDaniel, NeuroStat Analytical Solutions, USA*

1:00 PM - 2:00 PM

Room 203A

**WKSP-02: Narrative Resources Leading to
Positive Sport & Exercise Experiences and
Lifelong Exercise Adherence**

Rebecca Busanich, St. Catherine University, USA

1:00 PM - 2:00 PM

Room 201A

**WKSP-03: The Complexity of Treating Eating
Disorders and Perfectionism in Athletes**

*Andrea Barbian, Life's Journey Counseling Services,
USA*

1:00 PM - 2:00 PM

Room 203BC

**WKSP-04: For Them, By Them: Creating
A Community of Practice for Coaches -
The Role of the Sport Psychology Professional**

*Greg Young, IMG Academy, USA;
Duncan Simpson, IMG Academy, USA;
Christian Smith, IMG Academy, USA*

2:15 PM - 3:30 PM

Room 203BC

**FEA-01: Wrestling with Ethics: Navigating
Personal Values and Professional Responsibility**

*Lindsay Ross-Stewart, Strive Sports Academy, USA;
Lindsey Hamilton, IMG Academy, USA;
John E. Coumbe-Lilley, University of Illinois Chicago,
USA;
Kerry Guest, Indiana University, USA*

2:15 PM - 3:30 PM

Room 201A

LEC-01: Injury/Rehabilitation

**LEC-01A: 'Pushing through the Pain Cave':
Lived Experiences of Pain Tolerance in Male
Ultra-Marathon Runners**

Lloyd Emeka, St Mary's University, UK

**LEC-01B: Exploration of Dancers' Post-Injury
Psychological Experiences**

*Marisa Fernandez, Western Washington University,
USA;*

*Linda Keeler, Western Washington University, USA;
Jessyca Arthur-Cameselle, Western Washington
University, USA;*

Pam Kuntz, Western Washington University, USA

**LEC-01C: College Athletes' Experiences with
a Lower Body Re-Injury: A Phenomenological
Investigation**

*Samantha Holder, USA;
Megan Byrd, Georgia Southern University, USA;
Tylar Walker, Georgia Southern University, USA;
Brandonn Harris, Georgia Southern University, USA;
Steve Patterson, Georgia Southern University, USA*

**LEC-01D: Combining Psychoeducation with
Psychoemotional Processing to Facilitate
Psychological Recovery Following Injury**

Timothy White, White House Athletics, USA

2:15 PM - 3:30 PM

Room 202A

LEC-02: Mental Health**LEC-02A: Licensed Sport Psychology Professionals' Roles and Experiences Working within NCAA DI Athletic Departments**

Morgan Eckenrod, University of Southern Mississippi, USA;

Terilyn Shigeno, Adler University, USA;

Rebecca Zakrajsek, University of Tennessee, USA;

Matthew Jones, Southern Illinois University Edwardsville, USA;

Piotr Piasecki, Boston University Wheelock College of Education and Human Development, USA

LEC-02B: Protective Factors and Support Needs for Mental Health Among Young Elite Lean Sports Athletes

Carolina Lundqvist, Linköping University &

The Swedish Olympic Committee, Sweden;

Emelie Eklöv, Linköping University, Sweden;

Sofia Zand, Linköping University, Sweden;

David Schary, Winthrop University, USA

LEC-02C: Examining Practitioners' Perspectives on Access to Professional Psychological Help Services for Division I Male Athletes

Nicole Vana, USA;

Megan Byrd, Georgia Southern University, USA;

Brandonn Harris, Georgia Southern University, USA;

Pamela Wells, Georgia Southern University, USA

LEC-02D: Promoting Student-Athlete Mental Health: It All Starts with Asking the Right Questions

Neil Rajdev, Northwell Health, USA;

Janna Gordon-Elliot, NewYork-Presbyterian

Hospital/ Weill Cornell Medicine, USA;

Russell Camhi, Northwell Health, USA

2:15 PM - 3:30 PM

Room 202CD

PAN-02: Mentorship Mechanics: The Cogs of the Mentee Training Wheel

Julie Hayden-Blackburn, John F. Kennedy School of Psychology at National University, USA;

Michael Gerson, JFKU/ Mission 6 Zero, USA;

Victoria Tomlinson, JFK School of Psychology at NU, USA;

Abby Keenan, Intrepid Performance Consulting, USA;

Sara Erdner, Adams State University, USA;

Lauren Tashman, Align Performance LLC / Valor Performance Inc., USA;

Beny Collins, Realized Performance Consulting LLC, USA

2:15 PM - 3:30 PM

Room 204

WKSP-05: Navigating Risks and Responsibilities: Case Studies in Sport Psychology

Karen Cogan, USOPC, USA;

Jenny Conviser, Ascend Consultation in Health Care, USA;

Kensa Gunter, Gunter Psychological Services, LLC, USA;

Christopher Bader, University of Arkansas, USA

2:15 PM - 3:30 PM

Room 203A

WKSP-06: Addressing Perfectionism in Athletes

Dane Anderson, Options for Southern Oregon, USA

3:45 PM - 5:00 PM

Room 203A

LEC-03: Coaching 1**LEC-03A: Exploring Coaches' Perceptions of the Role of Trauma in Sport Success**

Liz Sanborn, Notre Dame, USA;

Robert Harmison, James Madison University, USA;

Parker Leap, James Madison University, USA

LEC-03B: Coaching in the 'Alternate Universe' of Elite Figure Skating: A Developmental Perspective of Need-Supportive Behavior in the Coach-Athlete Dyad

Diane Benish, West Virginia University, USA;

Tucker Readdy, University of Wyoming, USA;

Matthew Bejar, Mount Mercy University, USA;

Johannes Raabe, West Virginia University, USA

LEC-03C: Stress and Coping Experiences of Professional Soccer Managers During the COVID-19 Pandemic

Sofie Kent, UK;

Tracey Devonport, University of Wolverhampton, UK;

Rachel Arnold, University of Bath, UK;

Faye Didymus, Leeds Beckett University, UK

LEC-03D: An Exploratory Study to Understand Inappropriate Behaviors in Elite Sport

Suzanna Burton-Wyllie, University of Portsmouth, UK;

Chris Wagstaff, University of Portsmouth, UK;

Daniel Brown, University of Portsmouth, UK;

Simon Crampton, English Institute of Sport, UK

3:45 PM - 5:00 PM

Room 202CD

PAN-03: Examining and Mitigating Sexual Misconduct in Sport: Brave Dialogue to Encourage Change

*Tanya Prewitt-White, Dr. Tanya Raquel, USA;
Leslee Fisher, University of Tennessee, USA;
Shannon Mulcahy, York College of Pennsylvania, USA;
Robert Owens, Valor Performance, USA*

3:45 PM - 5:00 PM

Room 204

PAN-04: Supporting the Mental Health of Canada's High-Performance Athletes: A National Approach

*Krista Van Slingerland, Game Plan / Canadian Olympic Committee, Canada;
Connor Primeau, Canadian Sport Psychology Association, Canadian Centre for Mental Health and Sport, Canada;
Cara Button, Canadian Olympic Committee, Canada;
Susan Cockle, Canada;
Karen MacNeill, Canadian Olympic Committee, Canada*

3:45 PM - 5:00 PM

Room 201A

WKSP-08: An Introduction to Consensual Qualitative Research (CQR and CQR-M) for Sport, Exercise, and Performance Psychology

*Thomas Minkler, West Virginia University, USA;
Megan Hut, West Virginia University, USA;
Carol Glass, The Catholic University of America, USA*

3:45 PM - 5:00 PM

Room 202A

WKSP-09: Developing Resilience in Elite Sport: The Role of the Environment and Psychological Safety

Mustafa Sarkar, Nottingham Trent University, UK

4:30 PM - 5:15 PM

Room 200

New Member Meet & Greet

5:30 PM - 7:00 PM

Ballroom B

OPENING KEYNOTE SESSION

Welcome

Lindsey Blom, Ball State University, USA

Conference Overview

Kensa Gunter, Gunter Psychological Services, LLC, USA

Awards & Recognition

Dorothy V. Harris Memorial Award

Johannes Raabe, West Virginia University, USA

Distinguished Student Practice Award

Kirsten Cooper, University of Denver, USA

Kate F. Hays Distinguished Mentor Award

Robin Vealey, Miami University, USA

Student/Early Career Professional Science-Practitioner Award

Hayley Perelman, Boston University, USA

KEYNOTE PRESENTATION

Tatyana McFadden, 20-time Paralympic Medalist, USA

PRESENTATION OF PERFORMANCE EXCELLENCE AWARD

7:00 PM - 9:00 PM

Fort Worth
Convention Center
Events Plaza (Outdoors)

OPENING RECEPTION



THURSDAY, OCTOBER 27

7:00 AM - 8:15 AM

Omni Hotel -
Texas Ballroom

CMPC Breakfast

Open only to current CMPCs.

8:15 AM - 9:30 AM

Room 204

FEA-02: Student Workshop - Do We Have to Talk About It?: Broaching Diversity, Equity, & Inclusion in Sport Psychology

*Aaron Goodson, Duke University Athletics, USA;
Hannah Bennett, Augusta University, USA;
Michael Urban, IMG Academy, USA;
Kerry Guest, Indiana University, USA; Moderator:
Urska Dobersek, University of Southern Indiana, USA*

8:15 AM - 9:30 AM

Room 203A

PAN-05: Community Outreach During a Global Pandemic?? Lessons Learned and Challenges Overcome

Ashley Samson, California State University, Northridge, USA;
 Stefanee Maurice, California Polytechnic State University, USA;
 Mary Fry, University of Kansas, USA;
 Alexander Gamble, Rutgers, USA

8:15 AM - 9:30 AM

Room 203BC

PAN-06: Expert Approaches to Sport Psychology: Theory to Practice at the Olympic and Paralympic Games

Mark Aoyagi, University of Denver, USA;
 Artur Poczwadowski, University of Denver, USA;
 Anne Marte Pensgaard, Norwegian School of Sport Sciences & NOC, Norway;
 Margaret Ottley, West Chester University, USA;
 Alexander Cohen, United States Olympic & Paralympic Committee, USA

8:15 AM - 9:30 AM

Room 202A

WKSP-10: My Imagination Hates Me: Utilizing the ACT Matrix to Improve the Psychological Flexibility of Children and Adolescents and Maximize Their Achievement in Sports and Other Performance Endeavors

David Udelf, Becker, Udelf, and Associates, USA

8:15 AM - 9:30 AM

Room 201A

WKSP-11: 'From the Olympics to the Office and the OR': Applying Sport Psychology Principles to Business and Medical Settings

Sebastian Brueckner, Valor Performance Inc., Germany;
 Amy Lwin, Valor Performance Inc., USA;
 Robert Owens, Valor Performance, USA;
 Lauren Tashman, Align Performance LLC / Valor Performance Inc., USA

8:15 AM - 9:30 AM

Room 202CD

WKSP-12: Sport Psychology in the Media - An Ethical Guide

Michele Kerulis, Northwestern University, USA;
 Harold Shinitzky, Private Practice, USA;
 Susan Eddington, President-Elect, APA Div 46 Media Psychology, USA

9:00 AM - 7:00 PM

Ballroom C

Poster Viewing

9:30 AM - 4:00 PM

Foyer

Exhibits Open

9:45 AM - 11:00 AM

Ballroom B

KEYNOTE SESSION**Awards & Recognition****Distinguished Professional Practice Award**

Göran Kenttä, Swedish School of Sport and Health Science, Sweden

Distinguished International Professional Award

Stephanie Hanrahan, The University of Queensland, Australia

Early Career Applied Practitioner Award

Alex Auerbach, Toronto Raptors, Canada

Outgoing Board Recognition

Sarah Castillo, University of Western States, USA

Ale Quartiroli, University of Wisconsin - La Crosse, USA

Kerry Guest, Indiana University, USA

Outgoing Certification Council Recognition

Brandonn Harris, Georgia Southern University, USA

Nick Galli, University of Utah, USA

Victoria Tomlinson, JFK School of Psychology at NU, USA

Jack J. Lesyk, Ohio Center for Sport Psychology, USA

KEYNOTE PANEL**Title's IX's New Glass Ceiling: Opportunities, Criticisms, and Re-imagining the Empowerment of Women**

Maggie Nichols, World Champion Gymnast, USA

Kelsey Erickson, USA Cycling, USA

Bianca Smith, Boston Red Sox, USA

Moderator: Dolores Christensen, University of Oklahoma Athletics Department, USA

11:30 AM - 12:30 PM

Room 203A

FEA-03: International Symposium - Multicultural Sport Psychology Practice in Globally Diverse Performance Environments

Shameema Yousuf, Empower2Perform, UK;
Stephanie Hanrahan, The University of Queensland, Australia;
Margaret Ottley, West Chester University, USA;
Tsz Lun (Alan) Chu, University of Wisconsin-Green Bay, USA

11:30 AM - 12:30 PM

Room 204

FEA-04: Diversity Lecture - Transgender & Nonbinary Inclusion in Sport: Allyship & Action

Chris Mosier, Triathlete & Transgender Advocate, USA
Moderator: *Hannah Bennett, Augusta University, USA*

11:30 AM - 12:30 PM

Room 202CD

LEC-04: Consulting & Interventions

LEC-04A: Using Virtual Reality Technology in Preparing Olympic Athletes for the Tokyo Games

Karen Cogan, USOPC, USA

LEC-04B: Imagery Experiences of Athletes with Aphantasia, Normal Imagery Ability, and Hyperphantasia

Robert Lynch II, University of Wisconsin Green Bay, USA;
Tsz Lun (Alan) Chu, University of Wisconsin-Green Bay, USA

LEC-04C: Revisiting and Expanding the 4 Ws of Mental Imagery in Sport: Where, When, Why, What, Plus How

Suzanne Vogler, West Virginia University, USA;
Irene Muir, University of Windsor, Canada;
Jarad Lewellen, West Virginia University, USA;
Erika Van Dyke, Springfield College, USA;
Peter Giacobbi, West Virginia University, USA;
Craig Hall, University of Western Ontario, Canada;
Robert Weinberg, Miami University, USA;
Krista Chandler, University of Windsor, Canada

LEC-04D: Evaluation of Traditional and PETTLEP Imagery Interventions for Collegiate Golfers: A Case Study-Mixed Methods Design

Beaux Myers, University of Wisconsin - Green Bay, USA;
Tsz Lun (Alan) Chu, University of Wisconsin-Green Bay, USA

11:30 AM - 12:30 PM

Room 203BC

LEC-05: Collegiate Athletics 1

LEC-05A: Regret in Sport: Learning from the Reflections of Former Collegiate Student-Athletes

Chelsea Wooding, North Park University, USA;
Raymond Prior, RFP Sport & Performance Consulting, USA

LEC-05B: Experiences of Perfectionistic Competitive Collegiate Dancers

Frances Cacho, Florida State University, USA;
Genna Ellinwood, USA

LEC-05C: ‘Something That Can Help Me Be a Better Human’: A Qualitative Exploration of Athletic Trainers’ Personal Use of Sport Psychology Services

Alexander Bianco, University of Tennessee, USA;
Sharon Couch, University of Tennessee, USA;
Rebecca Zakrajsek, University of Tennessee, USA;
Leslee Fisher, University of Tennessee, USA;
Sonya Hayes, University of Tennessee, USA;
Johannes Raabe, West Virginia University, USA

LEC-05D: ‘The Story I’m Telling Myself’: Utilizing Narrative Inquiry in Research and Applied Practice

Danae Frentz, University of Alberta, Canada;
Amber Mosewich, University of Alberta, Canada;
Tara-Leigh McHugh, University of Alberta, Canada

11:30 AM - 12:30 PM

Room 201A

PAN-07: Not Just a “Female Problem:” Male Athletes Experience Eating Disorders, Too

Hayley Perelman, Boston University, USA;
Mitchell DeSimone, Ascend Performance and Development, USA;
Caitlyn Hauff, University of South Alabama, USA;
Cindy Aron, Ascend Consultation in Health Care, LLC, USA;
Amanda Karas, Chargepoint, USA;
Jenny Conviser, Ascend Consultation in Health Care, USA

11:30 AM - 12:30 PM

Room 202A

WKSP-13: Enjoying the Ride: Navigating the Job Search Process in Sport and Exercise Psychology

Michelle Bartlett, West Texas A & M University, USA;
Sean Fitzpatrick, St. Catherine University, USA;
Jamie Shapiro, University of Denver, USA;
Pete Kadushin, Chicago Blackhawks, USA

12:30 PM - 1:30 PM

Committee Meetings

See page 9 for a complete list of meetings and room assignments. Committee meetings take place at the Omni Fort Worth.

12:30 PM - 2:00 PM

Room 200

Past Presidents Luncheon (invitation only)

12:40 PM - 1:25 PM & 1:30 PM - 2:15 PM

Special Interest Group (SIG) Meetings

See page 9 for a complete list of meetings and room assignments.

SIG meetings are open to all attendees

2:30 PM - 3:45 PM

Room 204

FEA-05: 5 Slides in 5 Minutes - Best Practices in Performance Consulting

Sebastian Brueckner, Private Practice, Germany;

Abby Keenan, Intrepid Performance Consulting, LLC, USA;

LaKeitha Poole, Small Talk Counseling & Consulting / Louisiana State University, USA;

Danny Ourian, Hoops Minded & Holy Names University, USA;

Nicole D. Charles-Linen, Private Practice, USA;

Traci Statler, Philadelphia Phillies, USA

2:30 PM - 3:45 PM

Room 201A

FEA-06: Sponsor Session - University of Western States

One on One admissions sessions (stop in – no appointment needed) – Learn about University of Western States Sport and Performance Psychology and Clinical Mental Health Counseling programs and have your personalized questions answered. Program directors, faculty, and current students will be available throughout the session.

2:30 PM - 3:45 PM

Room 203A

FEA-07: Sponsor Session - Magellan

2:30 PM - 3:45 PM

Room 202A

PAN-08: Diversity, Competency, and Trust in eSports: Building 1 team from 5 Michael Jordans

Eric LeNorgant, Team Liquid, USA;

Chang-Hyun Ko, Team Liquid, USA;

Claudio Godoi, Brazilian Association of Electronic Sports Psychology, Brazil

2:30 PM - 3:45 PM

Room 202CD

SYM-02: The LiINK Project: A School Recess Intervention Promoting Healthy, Whole Child Development

Deborah Rhea, Texas Christian University, USA;

David Farbo, Texas Christian University, USA;

Kate Webb, Texas Christian University, USA;

Daryl Campbell-Pierre, Texas Christian University, USA

2:30 PM - 3:45 PM

Room 203BC

WKSP-14: Developing a Protocol for Return to Sport: Mental Health Edition

Taryn Brandt, United States Olympic & Paralympic Committee, USA;

Jessica Bartley, University of Denver, USA

4:00 PM - 5:30 PM

Ballroom A

Graduate Program & Career Fair

4:30 PM - 5:30 PM

Room 200

International Jamboree

The International Jamboree is a social event sponsored by the International Relations Committee, the Diversity Committee, and the Advocacy Committee that will include food, ice breakers, and opportunities to network! It is a gathering of all the diversity-focused special interest groups (SIGs) and committees. This social event is open to all members who want to learn more about the Association's diversity, inclusion, international, and advocacy efforts.

5:30 PM - 7:00 PM

Ballroom C

Poster Session I

6:00 PM - 7:30 PM

Room 203BC

Fellows Meeting

6:00 PM - 9:00 PM

Room 201A

CE Workshop: A Trauma-Informed Approach to Performance - A Necessary Competency for All Sport Psychology Professionals

Meredith Whitley, Adelphi University, USA;

William Massey, Oregon State University, USA;

Megan Bartlett, The Center for Healing & Justice through Sport, USA

Pre-registration required; additional fee

6:00 PM - 9:00 PM

Room 202A

CE Workshop: Mental Health Gatekeeper Training for Mental Performance Consultants

Erin Haugen, Haugen Performance Consulting, PLLC, & University of North Dakota, USA;
Angel Brutus, US Olympic & Paralympic Committee, USA;
Kathryn Lang, Haugen Performance Consulting, PLLC, & University of North Dakota, USA

Pre-registration required; additional fee

6:00 PM - 9:00 PM

Room 203A

CE Workshop: Mindfulness at the Olympic Games - What Do Olympic Athletes Most Desire from Sport Psychology?

Peter Haberl, US Olympic & Paralympic Committee, USA

Pre-registration required; additional fee

6:00 PM - 9:00 PM

Room 202CD

CE Workshop: Real Solutions to Sexual Violence in Sport

Mitch Abrams, Learned Excellence for Athletes, USA

Pre-registration required; additional fee

7:00 PM - 8:30 PM

Room 200

Student Social

FRIDAY, OCTOBER 28

7:00 AM - 8:00 AM

Committee Meetings

See page 9 for a complete list of meetings and room assignments. Committee meetings take place at the Omni Fort Worth.

8:15 AM - 9:30 AM

Room 202CD

FEA-08: CMPC Certification: Eligibility Requirements for New Candidates and Recertification Procedures for Current CMPCs

Jon Metzler, Magellan Federal, USA;
Leilani Madrigal, Long Beach State University, USA;
Vicki Tomlinson, JFK School of Psychology at NU, USA;
Jack J. Lesyk, Ohio Center for Sport Psychology, USA;
Brandonn Harris, Georgia Southern University, USA;
Véronique Boudreault, Université de Sherbrooke, Canada;

Nick Galli, University of Utah, USA;
Judy Goss, Private Practice, USA;
Robert Owens, Valor Performance, USA;
Linda Petlichkoff, LP Performance LLC, USA;
Greg Walker, USA Volleyball, USA;
Sarah Castillo, University of Western States, USA;
Sharleen Hoar, Canadian Sport Institute-Pacific, Canada

8:15 AM - 9:30 AM

Room 201A

FEA-09: 5 Slides in 5 Minutes - Emerging Topics

Carmyn Hayes, University of North Texas, USA;
Macey Arnold, University of North Texas, USA;
Stacy Gnacinski, Drake University, USA;
Erin Silvertooth, Private Practice, USA;

Moderator:: *Chris Stanley, Florida State University, USA*

8:15 AM - 9:30 AM

Room 202B

LEC-06: Exercise/Health/Fitness

LEC-06A: 20 Years Later - Former AAS Users Describe Their Mental Health Post AAS Use

Mario Vassallo, Wayne State University, USA;
Tracy Olrich, Central Michigan University, USA;
Jeffrey Martin, Wayne State University, USA

LEC-06B: 20 Years Later - Former AAS Users Describe Their Physical Implications/Injuries They Experienced Post AAS Use

Mario Vassallo, Wayne State University, USA;
Tracy Olrich, Central Michigan University, USA;
Jeffrey Martin, Wayne State University, USA

LEC-06C: Into Fitness Together With Mindfulness (IFIT-M): A Fitness Based Mindfulness Program for Individuals with Autism Spectrum Disorder

Jacob Jensen, California State University-Northridge, USA;
Brittney Aquino, California State University, Northridge, USA

8:15 AM - 9:30 AM

Room 204

LEC-07: Collegiate Athletics 2**LEC-07A: The Benefits and Outcomes of MSPE Training for both Sport and Daily Life: An In-depth Qualitative Study with a College Rugby Team**

Megan Hut, West Virginia University, USA;
Thomas Minkler, West Virginia University, USA;
Carol Glass, The Catholic University of America, USA;
Hannah Thomas, Montclair State University, USA;
Caroline Weppner, USA;
Claire Flannery, The Catholic University of America, USA

LEC-07B: The Relationship of Social Support, Self-Compassion, and Resilience to Psychological Distress in NCAA Female Athletes During COVID-19

Tsz Lun (Alan) Chu, University of Wisconsin-Green Bay, USA;
Trent Petrie, University of North Texas, USA;
Matthew Mikesell, Premier Sport Psychology, USA;
E. Whitney Moore, Wayne State University, USA

LEC-07C: Exploring the Impacts of Social Media Use on Highly Visible Student-Athletes Well-Being in the NIL-era

Jeff Ruser, Indiana University, USA;
Jesse Steinfeldt, Indiana University, USA;
Eli Friedman, Indiana University, USA

LEC-07D: Is Self Compassion the Antidote for Perfectionism? Understanding the Impact of a Self Compassion Intervention on Perfectionistic Athletes

Carly Block, Florida State University, USA;
Frances Cacho, Florida State University, USA;
Jennifer Forse, University of Pittsburgh, USA;
Graig Chow, University of California, Berkeley, USA

LEC-07E: Resilience and Enhancement in Sport, Exercise, & Training (RESET): The Impact on Student-Athlete Coping, Well-Being, and Perceived Performance

Ashley Kuchar, The University of Texas at Austin, USA;
Kristin Neff, The University of Texas at Austin, USA;
Amber Mosewich, University of Alberta, Canada

8:15 AM - 9:30 AM

Room 203A

PAN-09: Beating Burnout: Student-Centered Pedagogy for Reducing Instructor Workload and Stress

Amber Shipherd, Texas A&M University - Kingsville/Next Level Mind Consulting, USA;
John Coumbe-Lilley, University of Illinois at Chicago, USA;
Chelsea Duncan, James Madison University, USA;
Hannah Bennett, Augusta University, USA;
Frances Cacho, Florida State University, USA;
McKenzie Hahn, Texas A&M University-Kingsville, USA

8:15 AM - 9:30 AM

Room 203BC

PAN-10: A Games Like No Other: A Glimpse into Mental Health Services at the Beijing Olympic and Paralympic Games

Taryn Brandt, United States Olympic & Paralympic Committee, USA;
Emily Clark, United States Olympic & Paralympic Committee, USA;
Julia Cawthra, U.S. Olympic and Paralympic Committee, USA;
Angel Brutus, USOPC, USA;
Jessica Bartley, University of Denver, USA

9:00 AM - 7:00 PM

Ballroom C

Poster Viewing

9:00 AM - 4:00 PM

Foyer

Exhibits Open

9:45 AM - 11:00 AM

Ballroom B

KEYNOTE SESSION

Awards & Recognition

Inclusion, Diversity, and Excellence in Advocacy and Social Justice Student Award

Rena Curvey, University of Kentucky, USA

Distinguished Public Communication, Awareness, and Outreach Award

Peter Olusoga, Sheffield Hallam University, UK & Inland Norway University of Applied Sciences, Norway

Student Diversity Conference Travel Grants

Conference Student Travel Awards

Young Researcher Award

Carly Block, Florida State University, USA

Keynote Presentation

Interview with John Isner

*Top 25 World Ranking for the past 12 years
Winner of 16 career ATP Tournaments and longest match in tennis history*

11:30 AM - 12:30 PM

Room 204

FEA-10: The Burt Giges Workshop: Effective Brief Interventions When Time Is Limited

*Eric Martin, Boise State University, USA;
Aaron Goodson, Duke Athletics, USA;
Chelsea Wooding, North Park University, USA;
Aidan Kraus, Boston University, USA;
Emily Murphy, University of Kentucky, USA;*

Organizers: *Dolores Christensen, University of Oklahoma Athletics Department, USA and Erika Van Dyke, Springfield College, USA*

11:30 AM - 12:30 PM

Room 203BC

FEA:11: Integrated Sport Psychology Services: Perspectives from MLB

*Shana Alexander, San Francisco Giants, USA;
Drew Robinson, former San Francisco Giants player, USA;
Doug Chadwick, Colorado Rockies, USA;
Frances Cardenas, Philadelphia Phillies, USA*

Moderator: *Sarah Castillo, University of Western States, USA*

11:30 AM - 12:30 PM

Room 202A

LEC-08: Youth & High School Sport

LEC-08A: Guided Growth Mindset Imagery- A Novel Proposal: Guided Imagery Skills for Long-term Growth Mindset Development in Sport & Physical Activity

Darrell Phillips, University of Kansas, USA

LEC-08B: 'Proud Parenting' within the Junior Lifeguard Program

*Danielle Belcher, University of Northern Colorado, USA;
Danielle Wong, University of Northern Colorado, USA;
Megan Babkes Stellino, University of Northern Colorado, USA*

LEC-08C: Basic Psychological Need Profiles of High School Athletes and Their Prevalence Across Team Type and Race

*Alec Treacy, UW-Green Bay, USA;
Tsz Lun (Alan) Chu, University of Wisconsin-Green Bay, USA;
Tao Zhang, University of North Texas, Denton, Texas, USA*

LEC-08D: Using Research to Drive Evidence-Informed Initiatives Promoting Equity: An Example from the Swedish Ice Hockey Association's Women & Girls 2030 Initiative

*Amanda Visek, The George Washington University, USA;
Andreas Ivarsson, Halmstad University, Sweden;
John Lind, Swedish Ice Hockey Association, Sweden;
Sara Ridderlund, Swedish Ice Hockey Association, Sweden;
Andreas Stenling, Umeå University, Sweden;
Dennis Bengtsson, Halmstad University, Sweden;
Anders Wahlström, Swedish Ice Hockey Association, Sweden*

11:30 AM - 12:30 PM

Room 202B

LEC-09: Current Issues**LEC-09A: The Application of Performance Psychology and Behavioral Modification to Address Mental Health Needs within the Medical Field**

Ed Garrett, California Baptist University, USA;
Alexandra Clark, Loma Linda University Children's Health, USA

LEC-09B: Understanding Interpersonal Psychological Well-Being in High-Performance Sport

Richard Simpson, Leeds Beckett University, UK;
Faye Didymus, Leeds Beckett University, UK;
Toni Williams, Durham University

LEC-09C: Screening for Trauma and PTSD before Mindfulness-Based Interventions with Athletes: Applied, Clinical and Research Implications

Thomas Minkler, West Virginia University, USA;
Sam Zizzi, West Virginia University, USA;
Zenzi Huysmans, Whole Brain Solutions, USA

LEC-09D: 'What Are Y'all Going to Do When You Get Pregnant and Lose Your Jobs?': One Tale of an Emotionally Abusive Coach and Consultants' Reactions to Him

Victoria Bradshaw, University of Tennessee, USA;
Savannah Miller, UT Knoxville, USA;
Shane Thomson, University of Tennessee, USA;
Leslee Fisher, University of Tennessee, USA

11:30 AM - 12:30 PM

Room 202CD

PAN-11: Two Worlds, One Beat - Intersectional Experiences of Two U.K. Sport Psychology Professionals Uniting to Lead Cultural Change in U.K. Sport and Sport Psychology

Shameema Yousuf, Empower2Perform / Valor Performance, UK;
Peter Olusoga, Sheffield Hallam University, UK;
Alessandro Quartiroli, University of Wisconsin - La Crosse (USA)/University of Portsmouth (UK)

11:30 AM - 12:30 PM

Room 203A

WKSP-15: The Mindfulness Menu: Incorporating Palatable Sessions of Mindfulness into Sport

Michael Gerson, JFKU/ Mission 6 Zero, USA;
Steve O'Neill, Cognishift LLC, USA

11:30 AM - 12:30 PM

Room 201A

WKSP-16: The Downfall of Expectations and the Rise of Intention in Professional and Elite Athletes

Jessica Garza, Ultier, USA;
Amelia Tanner, Ultier, USA;
Shandi Movsky, Ultier, USA

12:30 PM - 1:30 PM

Room 200

Meet the Professionals Lunch

Ticket required; event sold out.

12:30 PM - 1:30 PM

Committee Meetings

See page 9 for a complete list of meetings and room assignments.

1:30 PM - 2:45 PM

Omni - Sundance 3

Graduate Program Director Meeting

This meeting is intended for Program Directors of graduate programs to hear updates around Program Accreditation, the purpose of the new Graduate Program Directors Committee (GPDC) and to discuss CMPC supervision. There will also be time for open discussion and idea sharing.

1:45 PM - 2:45 PM

Room 202CD

FEA-12: Student Workshop - When the Student Becomes the Teacher: Approaches to Developing Mentoring Skills

Duncan Simpson, IMG Academy, USA;
Abby Keenan, Intrepid Performance Consulting, USA;
Savannah Ward, Boston University, USA;
Traci Statler, Philadelphia Phillies, USA;
Lauren Tashman, Alight Performance/Valor Performance, USA;
Taryn Morgan, IMG Academy, USA;
Marc Cormier, University of Kentucky, USA;

Moderator: *Urska Dobersek, University of Southern Indiana, USA*

1:45 PM - 2:45 PM

Room 202B

LEC-10: Professional Issues & Ethics

LEC-10A: Identifying Predictors of the Health and Performance of Certified Mental Performance Consultants

Anthony Magdaleno, University of Wisconsin-Milwaukee, USA;

Barbara Meyer, University of Wisconsin-Milwaukee, USA

LEC-10B: Developing Evidence-Informed Decision Making Skills of Sport and Exercise Psychology Trainees: Supervisor and Supervisee Perspectives

Marie Winter, University of Essex, UK;

Ian Maynard, University of Essex, UK;

Paul Freeman, University of Essex, UK;

Murray Griffin, University of Essex, UK

LEC-10C: Balancing Role Transition for the Applied Sport Psychology Practitioner

Andrew Friesen, Pennsylvania State University, USA;

Tom Patrick, Royal Australian Air Force, Australia

LEC-10D: Ethical and Professional Concerns and Recommendations for the Use of Social Media by Sport and Performance Psychology Practitioners and Researchers

Alexandra Gilbert, John F. Kennedy University, USA;

Gily Meir, University of Western States, USA

1:45 PM - 2:45 PM

Room 203BC

LEC-11: Interventions

LEC-11A: The Development of Psychological Skills Training Program for Future Health Care Professionals

Julia Azure, St. Catherine University, USA;

Sean Fitzpatrick, St. Catherine University, USA;

Rebecca Busanich, St. Catherine University, USA

LEC-11B: Professional Male Rugby Union Players' Perceived Psychological Recovery and Physical Regeneration during the Northern Hemisphere Off-Season

Stephen Mellalieu, Cardiff Metropolitan University, UK;

Paul Sellars, Cardiff Metropolitan University, UK;

Rachel Arnold, University of Bath, UK;

Sean Williams, University of Bath, UK;

Mickael Campo, Université Bourgogne Franche Comté, France;

Deirdre Lyons, Rugby Players Ireland, Ireland

LEC-11C: Effective Delivery of Pressure Training: Perspectives of Athletes and Sport Psychologists

William Low, University of Essex, UK;

Joanne Butt, Liverpool John Moores University, UK;

Paul Freeman, University of Essex, UK;

Mike Stoker, English Institute of Sport, UK;

Ian Maynard, University of Essex, UK

LEC-11D: The Impact of an Online Sport Psychology Intervention for Middle-Distance Runners: Should Self-Regulation or Mindfulness be Prioritized?

Jonathan Lasnier, University of Ottawa, Canada;

Natalie Durand-Bush, University of Ottawa, Canada

1:45 PM - 2:45 PM

Room 204

SYM-03: Systemic Mental Health Literacy: Using Mental Health First Aid® in Sport

Angel Brutus, USOPC, USA;

Erin Haugen, Assessment and Therapy Associates of Grand Forks, PLLC, USA;

Kathryn Lang, Assessment and Therapy Associates of Grand Forks, PLLC, USA

1:45 PM - 2:45 PM

Room 202A

WKSP-17: From Hippie to High-Performance: The Evolution of the Ultimate Frisbee Athlete

Amanda Myhrberg, A Game Sport & Performance Consulting, USA;

Will Drumright, INFocus Sports Training, USA

1:45 PM - 2:45 PM

Room 201A

WKSP-18: Personal Disclosure, Not Always the Enemy: The Versatile Applications of Personal-Disclosure Mutual-Sharing Approaches

Robert Lynch II, University of Wisconsin Green Bay, USA;

Janne Roovers, University Wisconsin-Green Bay, USA;

Tsz Lun (Alan) Chu, University of Wisconsin-Green Bay, USA

1:45 PM - 2:45 PM

Room 203A

WKSP-19: Want to Play Dungeons & Dragons? Using Tabletop Role-Playing Games to Increase Team Cohesion and Problem-Solving Skills

Fernando Lopez, Magellan Federal, USA

3:00 PM - 4:00 PM

Ballroom B

Coleman Griffith Lecture

Ain't I a Legend: A Story for SanKofa and the Comfort Zone

Margaret Ottley, West Chester University, USA

Presidential Address

Bob Harmison, James Madison University, USA

4:15 PM - 5:15 PM

Ballroom B

Business Meeting

5:30 PM - 7:00 PM

Ballroom C

Poster Session II

SATURDAY, OCTOBER 29

8:15 AM - 9:30 AM

Room 201A

FEA-13: How to Publish in AASP Journals

Monna Arvinen-Barrow, University of Wisconsin - Milwaukee, USA

Charles Maher, Cleveland Guardians Baseball Organization, USA

Chris Wagstaff, University of Portsmouth, UK

Rebecca Zakrajsek, University of Tennessee, USA

8:15 AM - 9:30 AM

Room 204

PAN-12: A Comparison of the Psychological Functioning of the Olympic Athlete and the Special Warfare Operator

Lennie Waite, University of St. Thomas, Houston, USA;

Wayne Chappelle, United States Air Force, USA;

Anne Shadle, NY Jets, USA;

Tyler McDaniel, NeuroStat Analytical Solutions, USA

8:15 AM - 9:30 AM

Room 202CD

PAN-13: The Failures That Guided Us: Sharing Vulnerabilities in Ascending to the Elite Level

Trey McCalla, Apogee High Performance, USA;

Angus Mugford, Toronto Blue Jays, USA;

Lindsey Hamilton, IMG Academy, USA;

Hillary Cauthen, Texas Optimal Performance & Psychological Services, USA;

Tanya Bialostozky Azses, W1N the Moment / NY Mets, USA;

Mustafa Sarkar, Nottingham Trent University, UK;

JF Menard, Kambio Performance, Canada

8:15 AM - 9:30 AM

Room 203A

SYM-04: Embodying the Scientist-Practitioner Model: Experiences of Graduate Students at Various Stages of their Development

Annie McConnon, Boston University, USA;

Rebecca Klapper, Boston University, USA;

Dhruv Raman, Doc Wayne Youth Services, USA;

Piotr Piasecki, Boston University Wheelock College of Education and Human Development, USA;

Edson Filho, Boston University, USA

8:15 AM - 9:30 AM

Room 202A

WKSP-20: Recognition, Prevention, and Treatment of Disordered Eating and Body Dissatisfaction in Athletes

Cami Barnes, University of North Texas, USA;

Keely Hayden, University of North Texas, USA;

Taylor Casey, USA;

Kathryn Reitman, University of North Texas, USA;

Scott Martin, University of North Texas, USA

9:45 AM - 11:00 AM

Ballroom B

KEYNOTE SESSION

Awards & Recognition

Master's Thesis Award

Jessica Jones, Ithaca College, USA

Doctoral Dissertation Award

Ryan Sappington, University of Maryland, College Park, USA

Teaching Excellence Award

Marc Cormier, University of Kentucky, USA

Outgoing President Recognition

Lindsey Blom, Ball State University, USA

Recognition of Conference Planning Committee

Keynote Presentation

Megan Bartlett, The Center for Healing and Justice through Sport, USA

11:30 AM - 12:30 PM

Room 202CD

FEA-14: 5 Slides in 5 Minutes - Collegiate Sport

Jan Veinot, University of South Carolina Athletics, USA;

LaTisha Bader, Women's Recovery Center, USA;

Mike Clark, University of Arizona Athletics, USA;

Dayna Charbonneau, Texas Tech Athletics, USA;

Monique Marsh-Bell, Baylor University Athletics, USA

11:30 AM - 12:30 PM

Room 203A

**PAN-14: Critical Conversation:
Navigating the Leap from Graduate School to
Early Career Professional?**

Hannah Bennett, Augusta University, USA;

Megan Byrd, Georgia Southern University, USA;

Meghan Halbrook, Randolph College, USA;

Tammy Sheehy, Bridgewater College, USA

11:30 AM - 12:30 PM

Room 201A

**WKSP-21: How to Integrate Headspace
Mindfulness Resources into Academic and
Performance Environments for High School
Athletes**

Andrew Augustus, West Virginia University, USA;

Sam Zizzi, West Virginia University, USA;

Sam Maniar, Center for Peak Performance, LLC, USA;

Katherine Reedy, SPIRE Institute and Academy, USA

11:30 AM - 12:30 PM

Room 204

WKSP-22: Mental Rehab for Injured Athletes

Carrie Jackson, Carrie Jackson Coaching, LLC, USA

11:30 AM - 12:30 PM

Room 202A

**WKSP-23: It Takes a Village: A Guide for
Implementing Effective Peer Mentorship in
Applied Sport Psychology Training Programs**

Savanna Ward, Florida State University, USA;

Frances Cacho, Florida State University, USA;

Carly Block, Florida State University, USA;

Graig Chow, University of California, Berkeley, USA;

Nataniel Boiangin, Barry University, USA

1:45 PM - 2:45 PM

Room 204

LEC-12: Tactical Populations

**LEC-12A: Facilitating Service Members'
Transition Out of the Military:
A Self-Determination Theory Perspective**

Johannes Raabe, West Virginia University, USA;

*Morgan Eckenrod, University of Southern
Mississippi, USA;*

Emily Cooper, West Virginia University, USA;

Jared Crain, Salesforce Military, USA

**LEC-12B: Yes, We Can Sleep Better: Moving
from Research to Practice to Improve Sleep in
the Military**

*Cassandra Seguin, Canadian Forces Morale and
Welfare Services, Canada;*

*Erin Beatty, Canadian Forces Morale and Welfare
Services, Canada*

**LEC-12C: It's the Network: Using Social
Network Analysis to Examine Squad
Communications during an Army Battle Drill**

*Michael King, Quantum Improvements Consulting,
USA;*

*Eric Sikorski, Quantum Improvements Consulting,
USA;*

*Greg Goodwin, United States Army Combat
Capabilities Development Command, USA*

1:45 PM - 2:45 PM

Room 201A

**PAN-15: Early Career Experiences: Discussing
the Importance of Cultural Competency in the
Field of Sport Psychology**

Duygu Gurleyik, Ozyegin University, Turkey;

Eric Martin, Boise State University, USA;

*Dolores Christensen, University of Oklahoma
Athletics Department, USA;*

Steven Cohen, Magellan Federal, USA;

Celia Naivar-Sen, Ozyegin University, Turkey

1:45 PM - 2:45 PM

Room 202A

WKSP-24: Developing an Ethical Action Plan

*Erin Haugen, Assessment and Therapy Associates
of Grand Forks, PLLC, USA;*

*Kathryn Lang, Assessment and Therapy Associates
of Grand Forks, PLLC, USA*

1:45 PM - 2:45 PM

Room 202CD

WKSP-25: Applying Neuroscience to Enhance Mental Health and Sports Performance

Alex Diaz, Sports Mental Edge, USA;
 Hillary Cauthen, Texas Optimal Performance & Psychological Services, USA

3:00 PM - 4:15 PM

Room 203A

LEC-13: Collegiate Sport**LEC-13A: Understanding How Collegiate Athletes Manage Their Thoughts and Emotions During Peak Athletic Performance**

Joseph Stanley Jr, COMMIT-TO-ACTION, LLC, USA

LEC-13B: FAM (Female Athlete Mentorship): a 1:1 Mentorship Program that Connects Collegiate Student Athletes to the Next Generation of Strong Girls

Lani Silversides, SG United Foundation, USA;
 Ashley Kuchar, The University of Texas at Austin, USA;
 Mary Goring, Mental Bizness LLC, USA;
 Skyler Espinoza, SG United Foundation, USA

LEC-13C: How Did the COVID-19 Pandemic Influence NCAA Athletes' Psychological Skills and States? A Mixed-Method Exploration

Tsz Lun (Alan) Chu, University of Wisconsin-Green Bay, USA;
 Beaux Myers, University of Wisconsin - Green Bay, USA;
 Alec Treacy, UW-Green Bay, USA

3:00 PM - 4:15 PM

Room 204

LEC-14: Coaching 2**LEC-14A: A Guide for Practitioners About How Athletes, Coaches, and Other Performers Can Obtain the Mental Rest They Need**

David Eccles, Florida State University, USA;
 Gabriela Caviedes, USA;
 Thomas Gretton, Florida State University, USA;
 Nate Harris, Florida State University, USA

LEC-14B: 'You Work Too Much!': Examining Group Differences in Workaholism Among NCAA Division I Coaches

Kim Tolentino, West Virginia University, USA;
 Tucker Readdy, University of Wyoming, USA;
 Johannes Raabe, West Virginia University, USA

LEC-14C: Supporting Student-Athlete Mental Health: NCAA Division I Coaches' Experiences, Perceived Role, and Barriers

Kelsey Kinnamon, Florida State University, USA;
 Brandon Harris, Georgia Southern University, USA;
 Megan Byrd, Georgia Southern University, USA;
 Pamela Wells, Georgia Southern University, USA

LEC-14D: Navigating Coach Performance: Experiences of Mental Performance Consultants

Tammy Sheehy, Bridgewater College, USA;
 Leah Washington, Bridgewater College, USA

LEC-14E: Coaches as Orchestrators: Insights into the Coaching and Interpersonal Processes of a Division II Women's Basketball Team

Aubrey Newland, CSU Chico, USA;
 Lori Gano-Overway, James Madison University, USA

3:00 PM - 4:15 PM

Room 201A

PAN-16: The Clinical Sport Psychologist: The (x) Scientist-Practitioner Model of Integrating Sport Psychology in Clinical Doctoral Education and Training Program

Jordan Collins, Saint Louis University, USA;
 Rebecca Steins, Saint Louis University, USA;
 Isabella Fiorenzo, Saint Louis University, USA;
 Joanne Perry, Novant Health Orthopedics and Sports Medicine, USA;
 Michael Ross, Saint Louis University, USA

3:00 PM - 4:15 PM

Room 202A

WKSP-26: The Road Less Traveled in Sport: Conflict Management with EMBRACE (Equity, Mediation, Belonging, Racism & Accountability Conversations in Educational Institutions)

Mary Foston-English, Stanford University & Private Practice, USA

3:00 PM - 4:15 PM

Room 202CD

WKSP-27: Meeting (or Missing) the Moment: Cultural Shifts & Mental Health Stigma among Sport Psychology Practitioners

Joe Mannion, Pepperdine University, USA

4:15 PM - 5:30 PM

Ballroom A

Closing Happy Hour

WEDNESDAY, OCTOBER 26, 2022

TIME	BALLROOMS	ROOM 200	ROOM 201A	ROOM 202A
9:00 am - 12:00 pm			CE Workshop: Making Difficult Decisions - Enhancing Competencies in Psychopathology for a Long and Successful	
1:00 pm - 2:00 pm			WKSP-03: The Complexity of Treating Eating Disorders and Perfectionism in Athletes	WKSP-01: QThe Utility of Personality Assessment in High-Performance Career Fields
2:15 pm - 3:30 pm			LEC-01: Injury/Rehabilitation	LEC-02: Mental Health
3:45 pm - 5:00 pm			WKSP-08: An Introduction to Consensual Qualitative Research (CQR and CQR-M) for Sport, Exercise, and Performance Psychology	WKSP-09: Developing Resilience in Elite Sport: The Role of the Environment and Psychological Safety
4:30 pm - 5:15 pm		New Member Meet & Greet		
5:30 pm - 7:00 pm	Ballroom B - OPENING KEYNOTE: Tatyana McFadden			
7:00 pm - 9:00 pm	Outdoor Events Plaza - Opening Reception			

THURSDAY, OCTOBER 27, 2022

TIME	BALLROOMS	ROOM 200	ROOM 201A	ROOM 202A
7:00 am - 8:00 am	Ballroom C - Poster Setup (until 9 am)		CMPC Breakfast - Fort Worth Ballroom at Omni Hotel	
8:15 am - 9:30 am			WKSP-11: From the Olympics to the Office and the OR': Applying Sport Psychology Principles to Business and Medical Settings	WKSP-10: My Imagination Hates Me: Utilizing the ACT Matrix to Improve the Psychological Flexibility of Children and Adolescents and Maximize Their Achievement in Sports and Other Performance Endeavors
9:00 am - 7:00 pm	Ballroom C - Poster Viewing			
9:45 am - 11:00 am	Ballroom B - KEYNOTE SESSION: (Kelsey Erickson, Maggie Nichols, Bianca Smith)			
11:30 am - 12:30 pm			PAN-07: Not Just a "Female Problem:" Male Athletes Experience Eating Disorders, Too	WKSP-13: Enjoying the Ride: Navigating the Job Search Process in Sport and Exercise Psychology
12:30 pm - 2:15 pm		Past Presidents Lunch (12:30 pm - 2:00 pm)	Special Interest Group (SIG) Meetings - See page 7 for full list.	
2:30 pm - 3:45 pm			FEA-06: Sponsor Session - University of Western States	PAN-08: Diversity, Competency, and Trust in eSports: Building 1 Team from 5 Michael Jordans
4:00 pm - 5:30 pm	Ballroom A - Graduate Program & Career Fair	International Jamboree (4:30 pm - 5:30 pm)		
5:30 pm - 7:00 pm	Ballroom C - Authors Present at Posters			
6:00 pm - 9:00 pm		Student Social (7:00 pm - 8:30 pm)	CE Workshop: A Trauma-Informed Approach to Performance - A Necessary Competency for All Sport Psychology Professionals	CE Workshop: Mental Health Gatekeeper Training for Mental Performance Consultants

ROOM 202CD	ROOM 203A	ROOM 203BC	ROOM 204
PAN-01: Level Up: A Push for Holistic Practices in eSports	WKSP-02: Narrative Resources Leading to Positive Sport & Exercise Experiences and Lifelong Exercise Adherence	WKSP-04: For Them, By Them: Creating A Community of Practice for Coaches - The Role of the Sport Psychology Professional	SYM-01: A Resilience Program for First Year Collegiate Athletes: An Overview of Program Design, Implementation, Evaluation, and Implications
PAN-02: Mentorship Mechanics: The Cogs of the Mentee Training Wheel	WKSP-06: Addressing Perfectionism in Athletes	FEA-01: Wrestling with Ethics: Navigating Personal Values and Professional Responsibility	WKSP-05: Navigating Risks and Responsibilities: Case Studies in Sport Psychology
PAN-03: Examining and Mitigating Sexual Misconduct in Sport: Brave Dialogue to Encourage Change	LEC-03: Coaching 1		PAN-04: Supporting the Mental Health of Canada's High-Performance Athletes: A National Approach

ROOM 202CD	ROOM 203A	ROOM 203BC	ROOM 204
WKSP-12: Sport Psychology in the Media - An Ethical Guide	PAN-05: Community Outreach During a Global Pandemic?? Lessons Learned and Challenges Overcome	PAN-06: Expert Approaches to Sport Psychology: Theory to Practice at the Olympic and Paralympic Games	FEA-02: Student Workshop - Do We Have to Talk About It?: Broaching Diversity, Equity, & Inclusion in Sport Psychology
LEC-04: Consulting & Interventions	FEA-03: International Symposium	LEC-05: Collegiate Athletics 1	FEA-04: Diversity Lecture- Transgender & Nonbinary Inclusion in Sport: Allyship & Action
Special Interest Group (SIG) Meetings - See page 7 for full list.			
SYM-02: The LiiNK Project: A School Recess Intervention Promoting Healthy, Whole Child Development	FEA-07: Sponsor Session - Magellan	WKSP-14: Developing a Protocol for Return to Sport: Mental Health Edition	FEA-05: 5 Slides in 5 Minutes - Best Practices in Performance Consultin
CE Workshop: Real Solutions to Sexual Violence in Sport	CE Workshop: Mindfulness at the Olympic Games - What Do Olympic Athletes Most Desire from Sport Psychology?	Fellows Meeting (6:00 pm - 7:30 pm)	

FRIDAY, OCTOBER 28, 2022

TIME	BALLROOMS	ROOM 200	ROOM 201A	ROOM 202A
8:15 am - 9:30 am		FEA-09: 5 Slides in 5 Minutes - Emerging Topics		
9:00 am - 7:00 pm	Ballroom C - Poster Viewing			
9:45 am - 11:00 am	Ballroom B - KEYNOTE SESSION: (John Isner)			
11:30 am - 12:30 pm			WKSP-16: The Downfall of Expectations and the Rise of Intention in Professional and Elite Athletes	LEC-08: Youth & High School Sport
12:30 pm - 1:30 pm		Meet the Professional Lunch (pre-registration required)		
1:45 pm - 2:45 pm			WKSP-18: Personal Disclosure, Not Always the Enemy: The Versatile Applications of Personal-Disclosure Mutual-Sharing Approaches	WKSP-17: From Hippie to High-Performance: The Evolution of the Ultimate Frisbee Athlete
3:00 pm - 3:30 pm	Ballroom B - COLEMAN GRIFFITH LECTURE: (Margaret Ottley)			
3:30 pm - 4:00 pm	Ballroom B - PRESIDENTIAL ADDRESS (Bob Harmison)			
4:15 pm - 5:15 pm	Ballroom B - Business Meeting			
5:30 pm - 7:00 pm	Ballroom C - Authors Present at Posters			
7:00 pm - 7:30 pm	Ballroom C - Poster Tear Down			

SATURDAY, OCTOBER 29, 2022

TIME	BALLROOMS	ROOM 200	ROOM 201A	ROOM 202A
8:15 am - 9:30 am			FEA-13: How to Publish in AASP Journals	WKSP-20: Recognition, Prevention, and Treatment of Disordered Eating and Body Dissatisfaction in Athletes
9:45 am - 11:00 am	Ballroom B - KEYNOTE SESSION: (Megan Bartlett)			
11:30 am - 12:30 pm			WKSP-21: How to Integrate Headspace Mindfulness Resources into Academic and Performance Environments for High School Athletes	WKSP-23: It Takes a Village: A Guide for Implementing Effective Peer Mentorship in Applied Sport Psychology Training Programs
1:45 pm - 2:45 pm			PAN-15: Early Career Experiences: Discussing the Importance of Cultural Competency in the Field of Sport Psychology	WKSP-24: Developing an Ethical Action Plan
3:00 pm - 4:15 pm			PAN-16: The Clinical Sport Psychologist: The (x) Scientist-Practitioner Model of Integrating Sport Psychology in Clinical Doctoral Education and Training Program	WKSP-26: The Road Less Traveled in Sport: Conflict Management with EMBRACE (Equity, Mediation, Belonging, Racism & Accountability Conversations in Educational Institutions)
4:30 pm - 5:45 pm	Ballroom A - Closing Happy Hour			

ROOM 202B	ROOM 202CD	ROOM 203A	ROOM 203BC	ROOM 204
LEC-06: Exercise/Health/Fitness	FEA-08: CMPC Certification: Eligibility Requirements for New Candidates and Recertification Procedures for Current CMPCs	PAN-09: Beating Burnout: Student-Centered Pedagogy for Reducing Instructor Workload and Stress	PAN-10: A Games Like No Other: A Glimpse into Mental Health Services at the Beijing Olympic and Paralympic Games	LEC-07: Collegiate Athletics 2
LEC-09: Current Issues	PAN-11: Two Worlds, One Beat - Intersectional Experiences of Two U.K. Sport Psychology Professionals Uniting to Lead Cultural Change in U.K. Sport and Sport Psychology	WKSP-15: The Mindfulness Menu: Incorporating Palatable Sessions of Mindfulness into Sport	FEA-11: Integrated Sport Psychology Services: Perspectives from MLB	FEA-10: The Burt Giges Workshop: Effective Brief Interventions When Time Is Limited
LEC-10: Professional Issues & Ethics	FEA-12: Student Workshop - When the Student Becomes the Teacher: Approaches to Developing Mentoring Skills	WKSP-19: Want to Play Dungeons & Dragons? Using Tabletop Role-Playing Games to Increase Team Cohesion and Problem-Solving Skills	LEC-11: Interventions	SYM-03: Systemic Mental Health Literacy: Using Mental Health First Aid® in Sport

ROOM 202B	ROOM 202CD	ROOM 203A	ROOM 203BC	ROOM 204
	PAN-13: The Failures That Guided Us: Sharing Vulnerabilities in Ascending to the Elite Level	SYM-04: Embodying the Scientist-Practitioner Model: Experiences of Graduate Students at Various Stages of their Development		PAN-12: A Comparison of the Psychological Functioning of the Olympic Athlete and the Special Warfare Operator
	FEA-14: 5 Slides in 5 Minutes - Collegiate Sport	PAN-14: Critical Conversation: Navigating the Leap from Graduate School to Early Career Professional?		WKSP-22: Mental Rehab for Injured Athletes
	WKSP-25: Applying Neuroscience to Enhance Mental Health and Sports Performance			LEC-12: Tactical Populations
	WKSP-27: Meeting (or Missing) the Moment: Cultural Shifts & Mental Health Stigma among Sport Psychology Practitioners	LEC-13: Collegiate Sport		LEC-14: Coaching 2

POSTER PRESENTATIONS

BALLROOM C

Each poster board is double-sided with one presentation per side. Poster numbers appear on each board, and boards are arranged in numerical order in Ballroom C.

This year, all posters will be available for viewing from Thursday morning until Friday evening

THURSDAY, OCTOBER 27

Poster Setup (All Posters) - 7:30 AM - 9:00 AM

Poster Viewing - 9:00 AM - 7:00 PM

Authors Present at *ODD* Numbered Posters -
5:30 PM - 7:00 PM

FRIDAY, OCTOBER 28

Poster Viewing - 9:00 AM - 7:00 PM

Authors Present at *EVEN* Numbered Posters -
5:30 PM - 7:00 PM

Poster Teardown (All Posters) - 7:00 PM - 7:30 PM

Coaching

1 'When the Fire is Burning Brightly and Is Struggling to Get Going' Coaches Perceptions of the Motivational Processes in Elite Athletes

Matthew Cullen, UK; Joan Duda, University of Birmingham, UK; Paul Appleton, Manchester Metropolitan University, UK

2 A Qualitative Investigation into the Impact of the Perceived Motivational Climate on Male College Students' Motivations and Experiences While Learning a New Physical Activity-Based Skill

Kyla Wise, Penn State Harrisburg, USA; Elizabeth Kenney, Penn State Harrisburg, USA; Candace Hogue, Penn State University, Harrisburg, USA

4 Coach as MPC? High School Athlete Perspectives on Learning Mental Toughness Skills from Their Coach

Jenelle Gilbert, California State University, Fresno, USA; Brielle Migur, California State University, Fresno, USA; Ashley Dwelle, California State University, Fresno, USA

5 Coaching Styles and Collegiate Athletes' Motivation and Burnout

Kaylyn Herron, University of Wisconsin - Green Bay, USA; Kallie Reckner, University of Wisconsin- Green Bay, USA; Joanna Morrissey, University of Wisconsin-Green Bay, USA

7 Ego-Involving Climate Triggers Inflammatory Response in College Age Students Learning a New Physical Activity-Based Skill, While Learning in a Caring, Task-Involving Climate Elicits Adaptive Responses

Candace Hogue, Penn State University, Harrisburg, USA

9 Emotional Regulation among High School Basketball Coaches

Danny Ourian, Holy Names University, USA

10 Examining How Elite Ice Hockey General Managers Build and Sustain Cultures of Excellence

Gordon Bloom, McGill University, Canada; Aaron Armstrong, McGill University, Canada; Jordan Lefebvre, University of Queensland, Canada; Lee Schaefer, University of Saskatchewan, Canada

11 Exploring the Nature and Features of the Coach-Team Relationship

Samuel Booth, Peak Sport Psychology, USA

12 The Relationship Between Athlete Perceptions of Coach Leadership Behaviors and Athlete Grit

Landon Braun, University of Wisconsin-Milwaukee, USA; Lindsay Ross-Stewart, Southern Illinois University Edwardsville, USA; Barbara Meyer, University of Wisconsin-Milwaukee, USA; Savana Robinson, Southern Illinois University-Edwardsville, USA

13 The Role of Coach Education in Coaching Philosophy Development and Implementation

Kim Ferner, University of North Texas, USA; Lindsay Ross-Stewart, Southern Illinois University Edwardsville, USA; Drew Dueck, Southern Illinois University-Edwardsville, USA

14 Understanding Coaching Behaviors for the Development of Youth Players' Self-Regulatory Abilities

Takuya Hayakawa, Japan Institute of Sport Sciences, Japan; Dunn-Rakes Karee, The University of Tennessee, Knoxville, USA

16 Understanding the Positive and Negative Sides of Coaching through Collaborative Inquiry: One Flourishing Coach's Journey

Jamie Robbins, Methodist University, USA; Daan Polders, University of Mount Olive, USA

Collegiate Sport

17 Anxiety and Academic Functioning in Collegiate Student-Athletes

Jasmine Morigney, Eastern Michigan University, USA; Rusty McIntyre, Eastern Michigan University, USA

18 College Student Athletes and Psychological Well-Being in Retirement

Karolina Shander, The Chrysalis Center, USA; Trent Petrie, University of North Texas, USA; E. Whitney Moore, Wayne State University, USA

- 19 Collegiate Student-Athlete Development through Strong Girls U, a Youth Sports and Mental Skills Community Service Program**
Lani Silversides, SG United Foundation, USA; Ashley Kuchar, The University of Texas at Austin, USA; Skyler Espinoza, SG United Foundation, USA
- 20 Differences Among Relaxation and Imagery Strategies in NCAA Division I Athletes**
Elizabeth Warfield, Texas Christian University, USA; Philip Esposito, Texas Christian University, USA; Robyn Trocchio, Texas Christian University, USA
- 21 Effects of Virtual Reality and Extrinsic Feedback on Collegiate Rowers' Performance and Psychological States**
Ashlyn Fesperman, Boston University, USA; Natalie Robb, Boston University, USA; Edson Filho, Boston University, USA
- 22 Endorsing Negative Sport Performance and the Impact on Health**
Carmyn Hayes, USA; Dafina Chisolm-Salau, University of North Texas, USA; Cachet Lue, University of Minnesota, USA; Cameren Pryor, University of North Texas, USA; Trent Petrie, University of North Texas, USA
- 24 Exploring Athlete's Experiences of Unconditional Positive Self-Regard**
Shelby Miller, USA; Rebecca Zakrajsek, The University of Tennessee, USA; Jeff Cochran, The University of Tennessee, USA; Sondra LoRe, The University of Tennessee, USA
- 25 Exploring the Experiences of Collegiate Athletes in the COVID-19 Era**
Justin Hebert, California State University Chico, USA; Aubrey Newland, CSU Chico, USA
- 26 Is Psychological Strain Related to Athletes' Age?**
Charlotte Payne, Saint Louis University, USA; Emily Wieggers, Saint Louis University, USA
- 28 Mental Health Concerns and Service Utilization among Division I Collegiate Athletes**
Caroline Weppner, USA; Brittany Boyer, University of Texas, USA; Ashley Harmon, University of Texas at Austin, USA; Kylie Lahey, University of Texas at Austin, USA; Chris Brownson, University of Texas at Austin, USA
- 30 Perceptions of Former Collegiate Athletes on Career Transition Programs in the NCAA**
Cameren Pryor, University of North Texas, USA; Matthew Scott, Southern Illinois University Edwardsville, USA; Lindsay Ross-Stewart, Southern Illinois University Edwardsville, USA
- 31 Perceptions of Leadership Style and Likelihood to Disclose Concussion Symptoms: Coaches and Athletes' Perspectives**
Elia Burbidge, Southern Illinois University Edwardsville, USA; Lindsay Ross-Stewart, Southern Illinois University Edwardsville, USA; Savana Robinson, Southern Illinois University Edwardsville, USA
- 32 Preliminary Exploration of Collegiate Baseball Players' Experiences of Perfectionism and Statistics**
Kaytlyn Johnson, Georgia Southern University, USA; Matt Anderson, Georgia Southern University, USA; Adonis Baker, Georgia Southern University, USA; Megan Byrd, Georgia Southern University, USA
- 33 Psychological Hardiness and Subjective Wellness in Division I College Lacrosse**
Paula Parker, Campbell University, Exercise Science, USA; Jennifer Bunn, Sam Houston State University, USA; Jody Langdon, Georgia Southern University, USA; Abigail Cooley, Campbell University, USA
- 34 Qualitative Analysis of the Career Transition Experiences of Intercollegiate Athletes with High Athletic Identity: A Comparison of Athletes with High or Low Religiosity**
Zachary Willis, Magellan Federal, USA; Jessyca Arthur-Cameselle, Western Washington University, USA; Linda Keeler, Western Washington University, USA; Hillary Robey, Western Washington University, USA
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