

Program- April 23, 2016

- **4:05-4:25- Abstract Presentation: "Role of Perceived Social Support, Touch, and Efficacy Beliefs in Team Shared Mental Model"**
 - Presenter: Michael Baker (California State University, Fullerton)
- **4:30-4:50- Abstract Presentation: "The Influence of Exercise and Physical Activity on the Symptoms of Posttraumatic Stress Disorder"**
 - Presenter: Kelly Jensen (California State University, Chico)
- **5:00-5:30-Invited Presentation: "Integrating Mental Skills into Military Training"**
 - Presenter: Travis Tilman (Active Duty Army Officer and Ph.D. student at University of California Los Angeles)
- **5:35-6:05-Invited Presentation: "Lessons Learned from the Mental Game of the PGA Tour: Q & A"**
 - Presenter: Neale Smith (Process Performance)
- **6:10-7:00- Invited Presentation: "Reflections and Lessons Learned from Sport Psychology Consulting"**
 - Presenter: Dr. Ken Ravizza (Chicago Cubs)
- **7:00-7:05- Closing Remarks**

The California State University, Fullerton Sport Psychology Club would like to thank everyone for their attendance and participation.

Special Thanks To:

Dr. Traci Statler, Jen Schumacher, Zach Brandon, Ceci Clark, Justin Su'a, Dr. Ken Ravizza, Dr. Lenny Wiersma, Dr. Andrea Becker, Dr. Sarah Castillo, Dr. Eric Bean, Travis Tilman, and Neale Smith



CALIFORNIA STATE UNIVERSITY
FULLERTON

California State University, Fullerton Sport Psychology Club
Presents:

AASP West Regional Conference



April 22-23, 2016
KHS 199



Program-April 22-23, 2016

- **1:00-3:00- Pre-Conference Workshop: "It's All Fun and Games: Using Initiative Based Activities to Promote Team Cohesion"**
 - Presenters: Dr. Traci Statler, Zach Brandon, and Jen Schumacher (California State University, Fullerton)
- **3:00-4:00- Registration/Check In**
- **4:00-4:15- Welcoming Remarks**
- **4:15-5:15- Keynote Presentation:**
 - Presenter: Ceci Clark (Performance Coach, Cleveland Indians)
- **5:25-5:55- Invited Presentation: "From Science to Practice: A Mindfulness Intervention with Women's College Volleyball"**
 - Presenter: Dr. Sarah Castillo (Professor, National University)
- **6:00-6:45- Invited Presentation: "CREATEing an Effective Mental Skills Training Session"**
 - Presenters: Zach Brandon and Jen Schumacher (California State University, Fullerton)
- **7:30-9:30-Networking Social @ Oggi's Pizza and Brewing Company**
 - 2595 E Chapman Avenue, Fullerton, CA

Saturday, April 23, 2016

- **8:30-9:00- Late Check In**
- **9:00-9:10- Welcoming Remarks**
- **9:10-10:10- Keynote Presentation "The Process: Failing and Learning Along the Way"**
 - Presenter: Justin Su'a (Mental Performance and Leadership Coach, Boston Red Sox)
- **10:20-10:50- 5 Slides in 5 Minutes Presentations:**
 - **"Dominant Personality Traits and Coping Methods of a Female Basketball Player Undergoing Knee Rehabilitation"**
 - Presenter: Madison Silver (California State University, Long Beach)
 - **"Motivational Interviewing Curriculum for Health-Related Majors"**
 - Presenter: Miranda Weir (California State University, Chico)

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- **"Esports Gender Dynamics: How Criticism is Influenced by Gender and Player Performance"**
 - Presenter: Jeffrey Schulze and Angela Kim (California State University, Northridge)
- **10:55-11:15- Abstract Presentation: "Anxiety in the Brazilian Jiu-Jitsu Athlete"**
 - Presenter: Nader Tannir (University of Missouri)
- **11:20-11:40- Abstract Presentation: "Managing Hostile Aggression: Coaches' Perspectives"**
 - Presenter: Carra Johnson (California State University, Long Beach)
- **11:45-12:45-Invited Presentation: "Old Habits Die Hard: Common Myths in Sports"**
 - Presenters: Dr. Andrea Becker and Dr. Lenny Wiersma (California State University, Fullerton)
- **12:45-2:00- Lunch**
- **2:00-2:20- Abstract Presentation: "The Freshman Athlete Experience: Making the Transition from High School to Division I Athletics"**
 - Presenters: Katelyn Brenner, Ivan Sanchez, Natalie Garrison, Daniel Freeman, & Dr. Jacob Jensen (California State University, Northridge)
- **2:25-2:45- Abstract Presentation: "Impact of Family Relationships on College Student-Athlete Success: Coaches' Perspectives"**
 - Presenters: Vikea McKamie, Holly Sirota, & Dr. Ashley Samson (California State University, Northridge)
- **2:50-3:20- Invited Presentation: "Construction and Delivery of a Day Long Mental Skills Workshop"**
 - Presenters: Aaron Watenmaker, Frances Cacho, Seth Rose, Chelsea Rodriguez, Thomas Amato, Briana Hubbard, and Jenny Marler (California State University, Fullerton)
- **3:25-3:55- Invited Presentation: "Chameleon Consulting: Adapting Content for Different Environments"**
 - Presenter: Dr. Eric Bean (Director of Organizational Performance, HigherEchelon)