

## Thank you!

We appreciate your attendance at the 2018 AASP South Central Regional Conference! This conference is designed to give students and professionals in sport and exercise psychology and related fields the opportunity to network and present current research. The conference also serves as an opportunity to strengthen communication in the region and to build a strong South Central community of Sport Psychology professionals.

This conference is hosted by the UNT Center for Sport Psychology and Performance Excellence and co-sponsored by the UNT Departments of Psychology and Kinesiology, Health Promotion, and Recreation.

## Contact Us

If you have any questions or comments about the conference, please feel free to contact us at:

[aaspsouthcentral@gmail.com](mailto:aaspsouthcentral@gmail.com)

Additionally, if you would like a copy of the presentations abstracts, please contact us at the above email and we can provide an electronic copy.



**University of North Texas Center for Sport Psychology  
and Performance Excellence**

<http://sportpsych.unt.edu/>

(940) 369-7767

[sportpsych@unt.edu](mailto:sportpsych@unt.edu)

# AASP South Central Regional Conference



**March 2<sup>nd</sup> & 3<sup>rd</sup>, 2018**

**University of North Texas  
Denton, TX**

# Conference Schedule

## Friday, March 2<sup>nd</sup>

4:00pm	Registration Begins
4:45pm	Opening and Welcome Speech
5:00pm	<b>Keynote Address:</b> The Doing of Applied Sport Psychology as Sports Scientist <i>Marc Lochbaum, Ph.D.</i>
6:00pm	College Student-Athletes and Changes in Social Support Frameworks During Athletic Careers <i>Bryn Crowder</i>
6:30pm	The Influence of Psychological Priming During Exercise on Affective Valence and RPE <i>Suzanne Pottratz, Ph.D.</i>
7:00pm	<b>Conference Social</b>

## Social at Agua Dulce!

We will be hosting a social immediately following the conclusion of the Friday conference events. This is an opportunity to grab some dinner, connect with other conference attendees, and experience a little piece of Denton, TX!

We have reserved the covered patio area at Agua Dulce exclusively for our social. Agua Dulce offers a wide range of food and drinks. All conference attendees are welcome to attend, and while the focus is on creating a space for attendees to connect, you are welcome to bring a guest, if desired!

**115 S. Elm St.  
Denton, TX 76201**

## Saturday, March 3<sup>rd</sup>

8:30am	Registration and Light Breakfast
9:00am	Validation of a Short Form Subjective Measure of Athlete Well-Being <i>Emily May</i>
9:30am	Achievement Goal Profiles Among Depressed College Freshmen and Their Associations with Health-Related Outcomes <i>Xiaoxia Zhang</i>
10:00am	<b>Break</b>
10:15am	<b>Panel:</b> Consulting in Sport Psychology: Varying Work Environments of CMPCs <i>Drs. Cauthen, Johnson, and Force</i>
11:30am	<b>Lunch</b>
1:00pm	International College Athletes' Perceived Determinants of Their Performance <i>Jessica Lima</i>
1:30pm	An Exploration of Self-Determination Theory in Individual Track and Field Olympic Medalists from the United States of America at the 2012 London Games <i>Derek Marr, Ph.D.</i>
2:00pm	Aerobic Exercise to Enhance the Cognitive Benefit of Alcohol Addiction Treatment <i>Micah Zuhl, Ph.D.</i>
2:30pm	Atypical Career Paths in Sport Psychology <i>Dan Kratz</i>
3:00pm	<b>Break</b>
3:15pm	<b>Keynote Address:</b> The Injured Athlete: A Mind and Body Experience <i>Kathy Heimerdinger, PT, COMT</i>
4:15pm	<b>Closing</b>