

## 2020 AASP Northeast Regional Conference Final Report

To Whom it May Concern:

The 2020 AASP Northeast Regional Conference took place at Springfield College on Friday, March 6<sup>th</sup> and Saturday, March 7<sup>th</sup>. This report provides some important information regarding the conference.

Number of Attendees: 90

Undergraduate Students: 7

Graduate Students: 45

Professionals: 29

Springfield College Alumni: 7

Number of Schools Represented: 19

The conference program included:

- 3 Keynote Presentations
  - Dr. Tiff Jones – *How to Teach and Incorporate Mentality Zones into Sport Practices*
  - Dr. Angel Brutus – *Baggage Claim: Embracing Work with Clients of Diverse Backgrounds*
  - Dr. Nate Zinsser – *Delivering Applied Sport Psychology Services in Collegiate, Military and Professional Settings*
- 4 Lecture Sessions (two students and two professionals)
- 4 Paper Sessions (e.g. ten students and one professional)
- 4 Workshops (two students and two professionals)
- The conference also included an attendee dinner, breakfast, lunch, a trivia game and raffle prizes

According to a post-conference survey that was given to attendees, things that were most enjoyed at the conference included:

- The keynote speakers and content of presentations
- Networking opportunities for students and professionals
- Social gathering Friday night which included food, a trivia game, and raffle prizes
- Conference was well-organized
- Registration process

The conference grant of \$500 was used to partially cover the following expenses:

Conference Attendee Social \$938.40

On behalf of the conference planning committee, we want to thank you for providing us with the funding which made it possible to hold this successful and valuable conference.

Thank you.

Sincerely,

Gabrielle Salvatore & Emily Tyler, Conference Planning Co-Chairs

**2020 Association for Applied Sport Psychology Northeast Regional Conference**

