

The 2023 AASP Northeast Regional Conference was a culmination of student/professional development, research, and applied work. The conference integrated multiple disciplines, including culturally informed sport/performance psychology, exercise psychology, athletic counseling, mental health, strength and conditioning, coaching, youth sport, athletic administration and athletic training. Our aim in drawing from these various fields was to foster collaboration, promote the importance of interdisciplinary knowledge in student/professional development, and bridge the gap between research and practice within the field of sport and performance psychology.

In addition to attending presentations and social events, conference goers were also provided two keynote opportunities centering diversity and inclusion in the realm of sport and performance psychology. Specifically, Dr. Justine Vosloo from Ithaca College presented on cultural humility, inclusion, and belonging in the realm of sport and performance psychology in consideration of the COVID-19 pandemic. Additionally, Dr. Meghan Halbrook from Randolph College, Dr. Lee Arakawa, Dr. Liz Mullin, and Joe Kennedy from Springfield College participated in a panel to answer questions/discuss applied professional/consultant efficacy in working with diverse populations.

Attendees were asked to complete a conference evaluation survey. Of the 18 responses, 17 said that they would recommend the AASP NE Regional Conference to others. Most came for networking and personal growth/development. When it came to satisfaction with various aspects of the conference, the majority were "very satisfied" or "satisfied" with registration, conference content, and the venue. When it came to networking/entertainment opportunities, 14 still indicated they were "very satisfied" or "satisfied", but there were a few that indicated "neutral" and one that expressed dissatisfaction. We feel we can attribute this to the weather on Friday night, and the virtual format on Saturday. We offered a social event Friday evening, but many decided to go home to avoid the snowstorm. On Friday morning, we made the call to switch Saturday to virtual due to the weather, meaning our speed networking event and luncheon were canceled. When asked to share additional comments, a few attendees expressed appreciation for the organization of the conference, the adaptability/switch to virtual (for the safety of attendees), the food, and opportunity to connect/interact with others.