

McKendree University Student Research Analyzing and Grading 6 Sport Psychology Textbooks

The research was conducted by individual coding, student focus groups, and faculty surveys. Some of this information was presented at the AASP Poster Session (2015). Special thanks to student research assistants Mariah Logan, Dillon Farmer, Brandon Nabors, & Austin Rettke. For more information, you may contact Tami Eggleston.

<b>Book</b>	<b>Author</b>	<b>Year</b>	<b>Publisher</b>	<b>Pages</b>	<b>Chapters</b>	<b>Professional Issues</b>	<b>Sport History</b>	<b>Behavior</b>	<b>Anxiety</b>
Foundations of Sport and Exercise Psychology	Robert S. Weinber & Daniel Gould	2011	Human Kinetics	625	24	Chapter 19	Chapter 1	Chapters 13,16	Chapters 4,12,14,19
Sport Psychology Concepts and Applications Seventh Addition	Richard H. Cox	2012	McGraw Hill	564	19	Chapters 1,12	Chapter 1	Chapters 3,6,7,10	Chapters 7,9,11
Sport Psychology From Theory to Practice Fifth Addition	Mark H. Anshel	2012	Pearson	382	15	Chapter 10	Chapter 1	Chapters 10,13,14	Chapters 6,7,14
Sport Psychology Second Edition	Nicholas T. Gallucci	2014	Psychology Press	679	23	Chapter 18	Chapter 1	Chapters 5,15	Chapter 4,11
Sport Psychology Fourth Edition	Arnold LeUness	2008	Psychology Press	660	28	Chapter 2	Chapters 3,4	Chapter 5	Chapters 6,7,8
Applied Sport Psychology Personal Growth to Peak Performance Seventh Edition	Jean M. Williams & Vikki Crane	2015	McGraw Hill	552	24	Chapter 23	Chapter 1	Chapters 13,14,15	Chapter 12

<b>Motivation</b>	<b>Psychology of Sports</b>	<b>Aggression</b>	<b>Psychological Assessment</b>	<b>Different Athletes</b>	<b>Doping</b>	<b>Female Experience</b>	<b>Youth Sport</b>	<b>Coaching</b>	<b>Exercise</b>
Chapters 3,5,6,15	Chapters 2,11,13,24	Chapter 23	Chapters 2,8,21	Chapters 1,10,19	Chapter 20	Chapters 10,20	Chapters 22,24	Chapters 6,7,8,9,10,22	Chapters 17,18,20
Chapters 3,4,10	Chapters 2,8,11,14	Chapter 13	Chapters 9,12,18	Chapters 1,15	Chapter 19	Chapter 1	Chapter 5	Chapters 5,15,16	Chapters 17,19
Chapters 4,13	Chapters 2,4,13	Chapter 9	Chapters 8,15	Chapter 7	Chapter 2	Chapters 7,10	Chapter 3	Chapters 3,6,11,12,13	Chapters 14,15
Chapters 2,8,9	Chapters 6,7,10,12,14,23	Chapter 7	Chapters 17	Chapter 20	Chapter 16	Chapter 19	Chapter 21	Chapter 22	Chapter 3
Chapters 9,10,13	Chapters 11,12	Chapters 13,14	Chapters 15,16	Chapters 17,18,19	Chapter 20	Chapters 21,22	Chapters 23,24	Chapters 25,26	Chapters 27,28

Chapter 4	Chapters 8,9,10,11,13,22	Chapter 15	Chapters 16,19,21,	Chapters 7,18	Chapter 20	Chapter 18	Chapter 2	Chapters 2,3,5,6,17	Chapter 24
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Visually Appealing A-D	Graphs and Tables A-D	Applications	Pros	Cons	Overall Score A-D
B	C	No	Colored pages draw interest. Topics are outlined well and covers important topics	Relatively long with no applications	B
B	B	Yes	Small, easy to understand, engaging, and not vague	Not the most visually appealing	B
C	C	Yes	Book is perfect length. Easy to understand and apply.	Not too visually appealing	C
C	C	Yes	Great applications, well structured, and easy to understand	Long in length and does not have many tables and graphs	C

C	C	No. Some suggested readings	Detailed. Relatively easy to understand. Sturdy Book	Book is too long. Not visually appealing	C
D	D	Yes, but limited	Short book but touches on important topics	No pictures, little to no graphs, seems bring at first sight	D