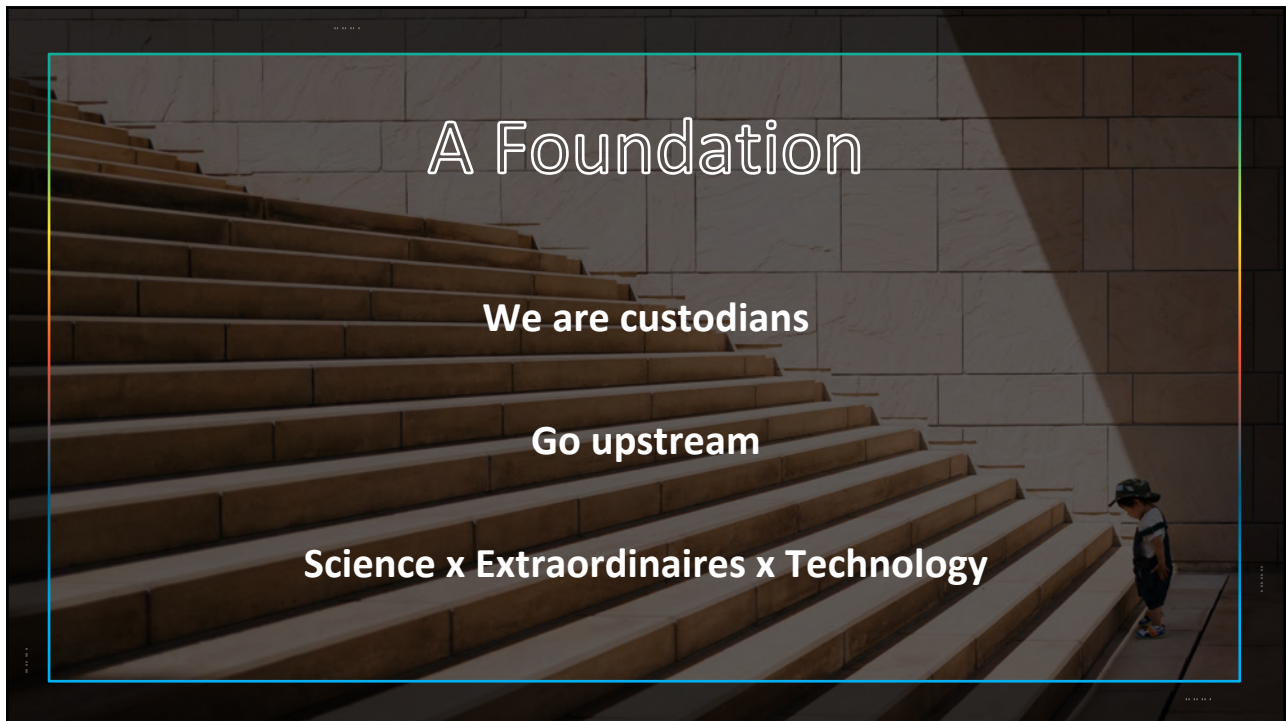


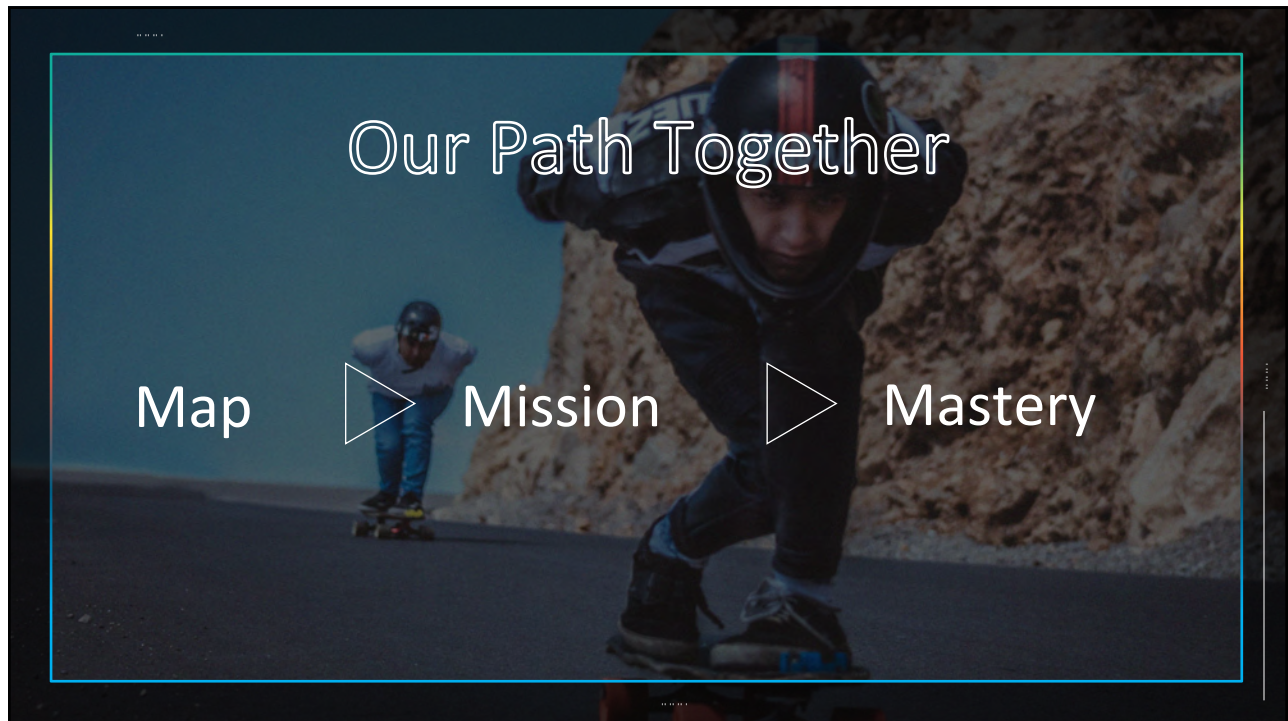
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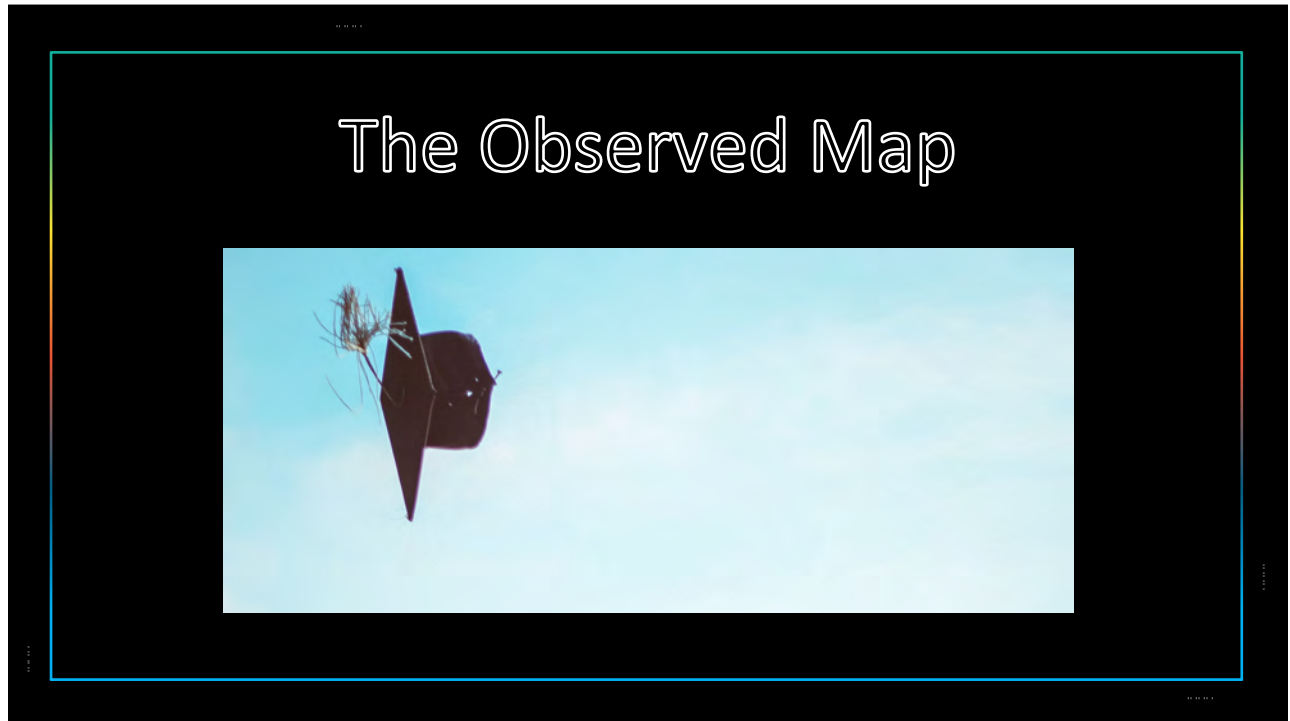
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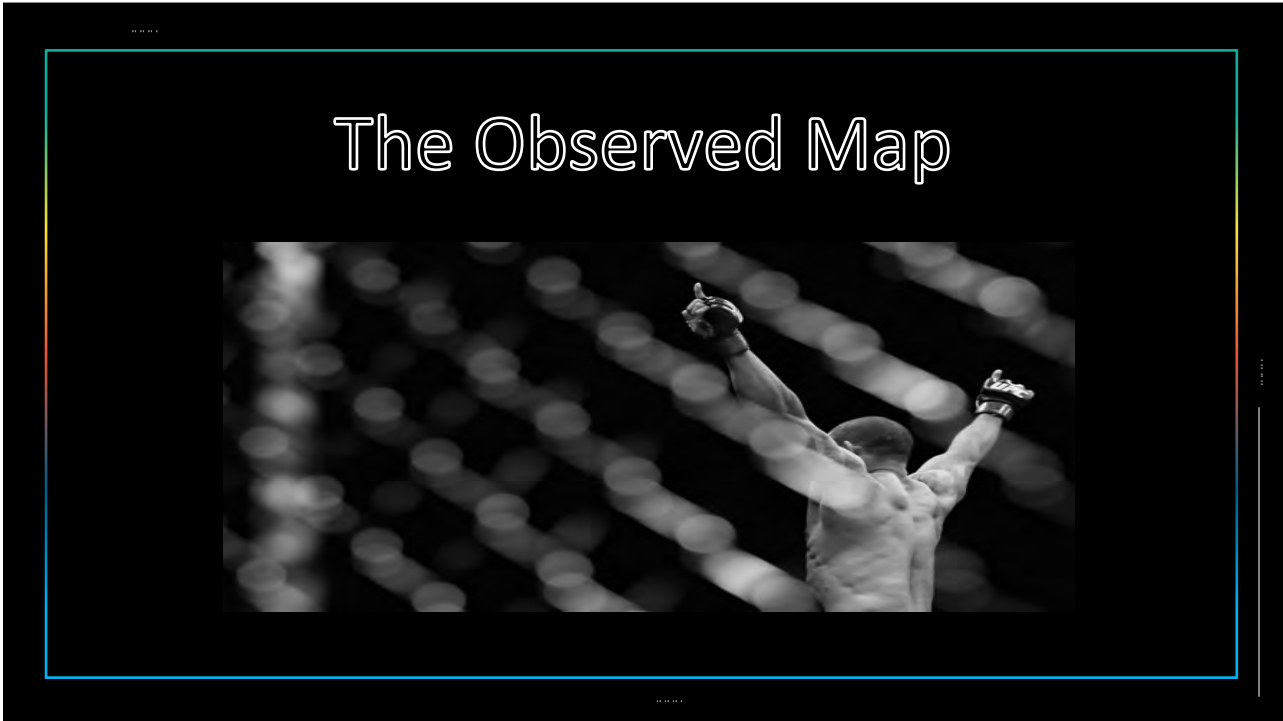
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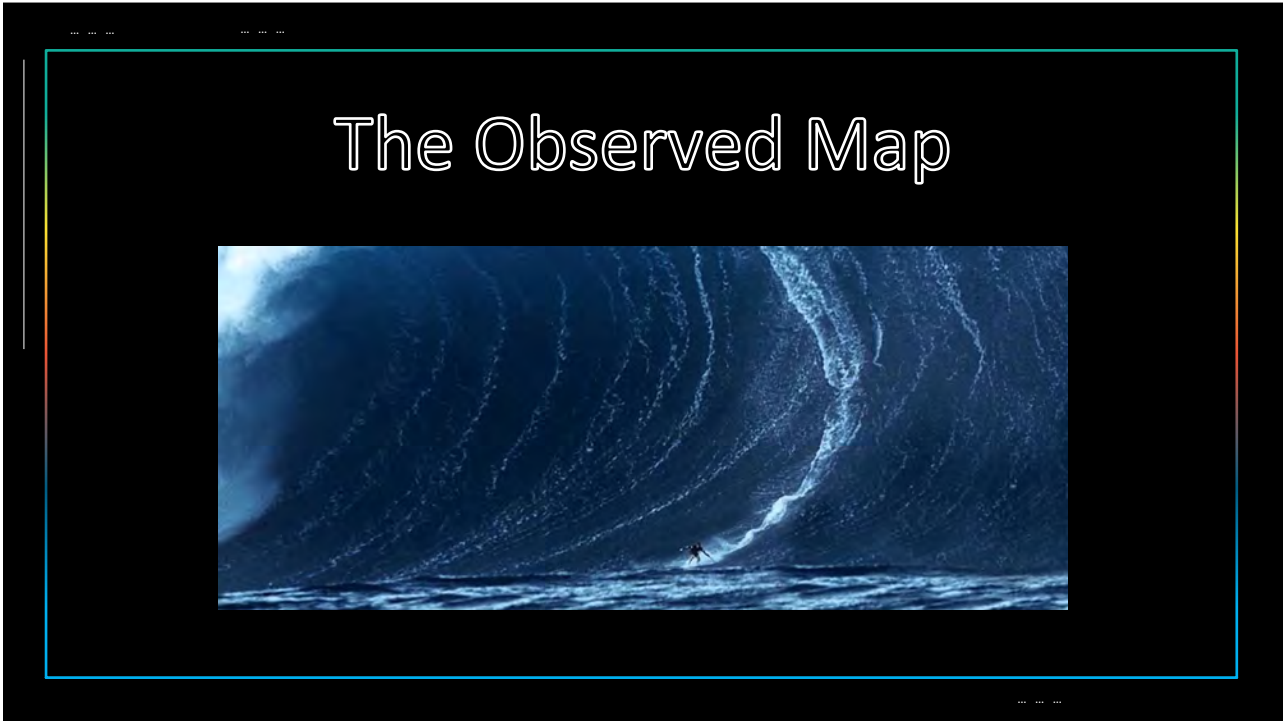
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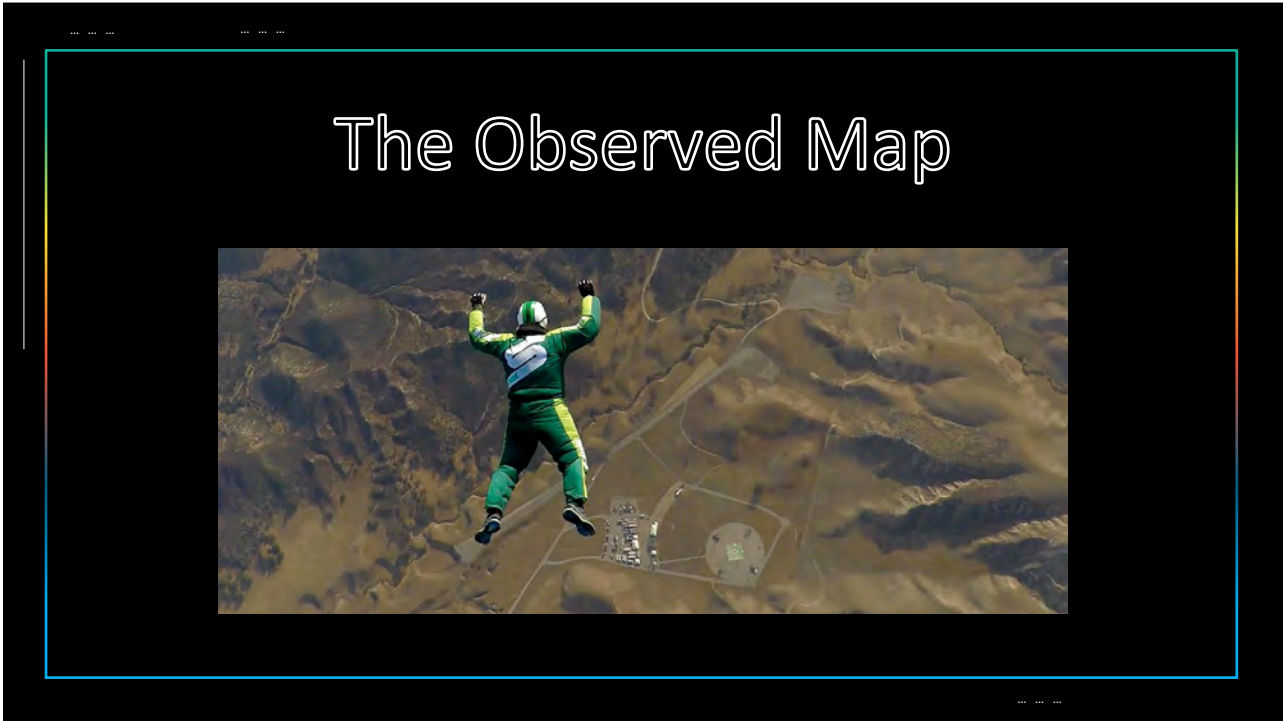
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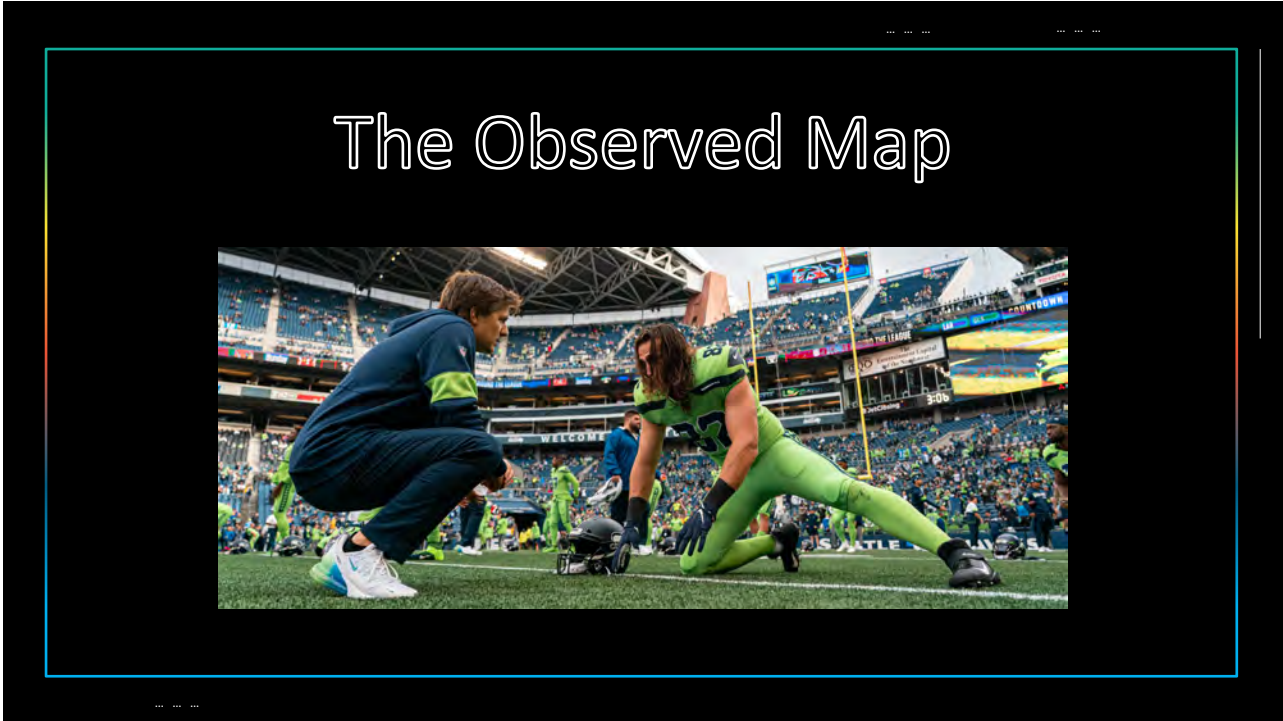
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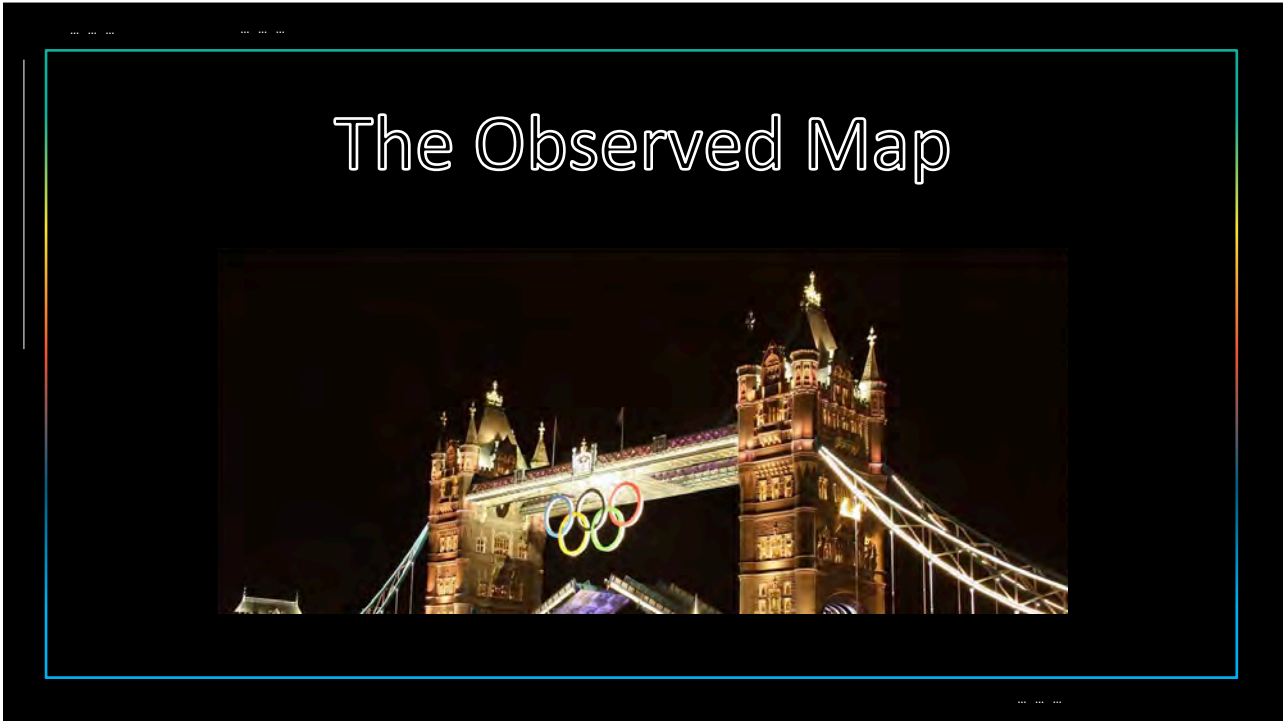
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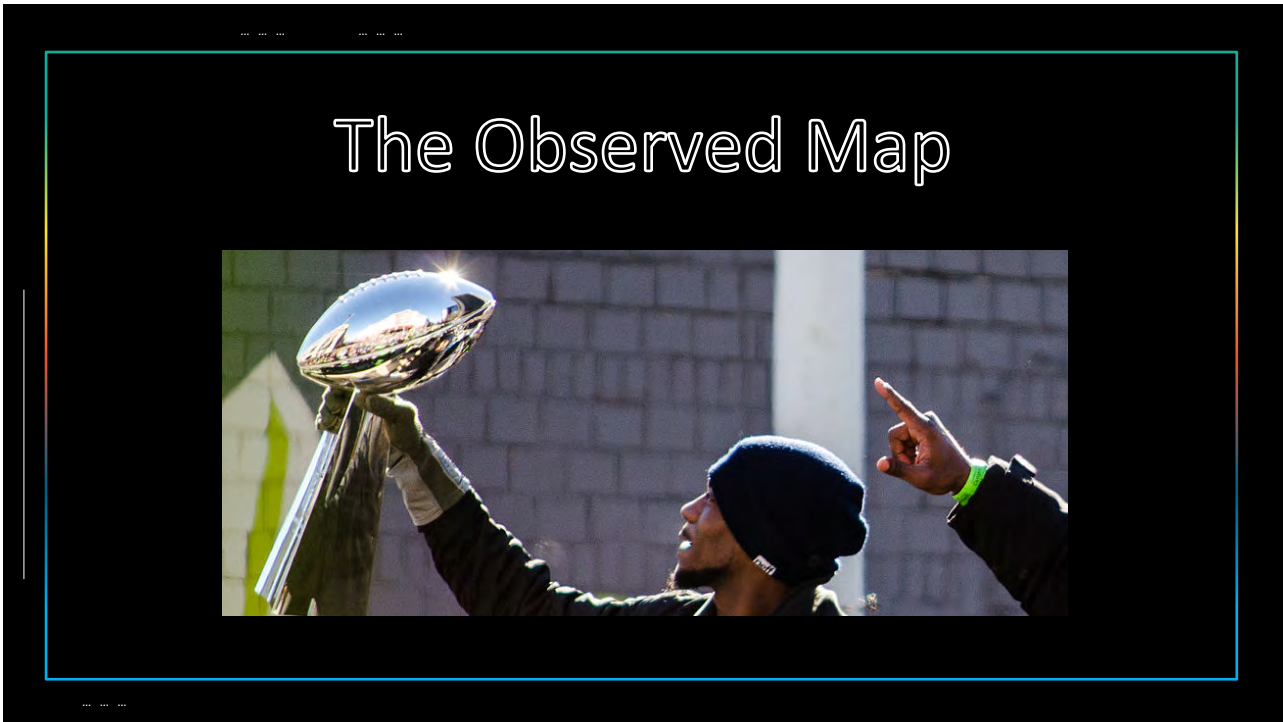
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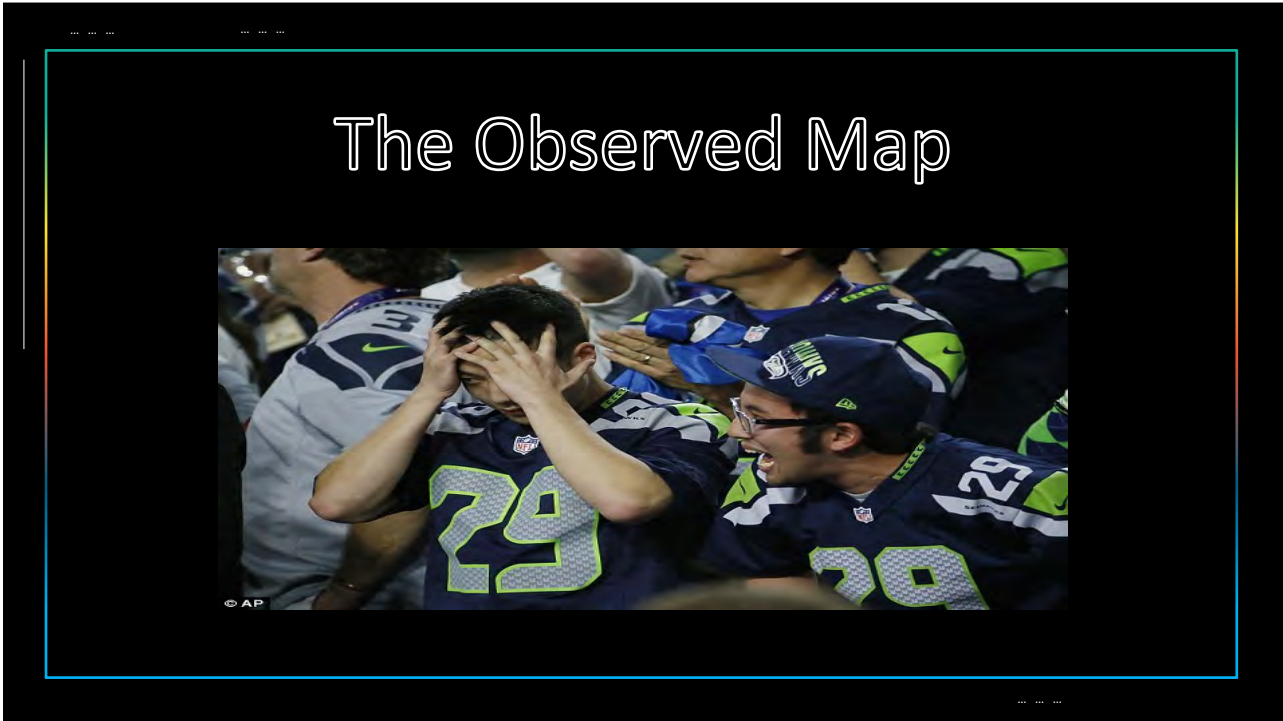
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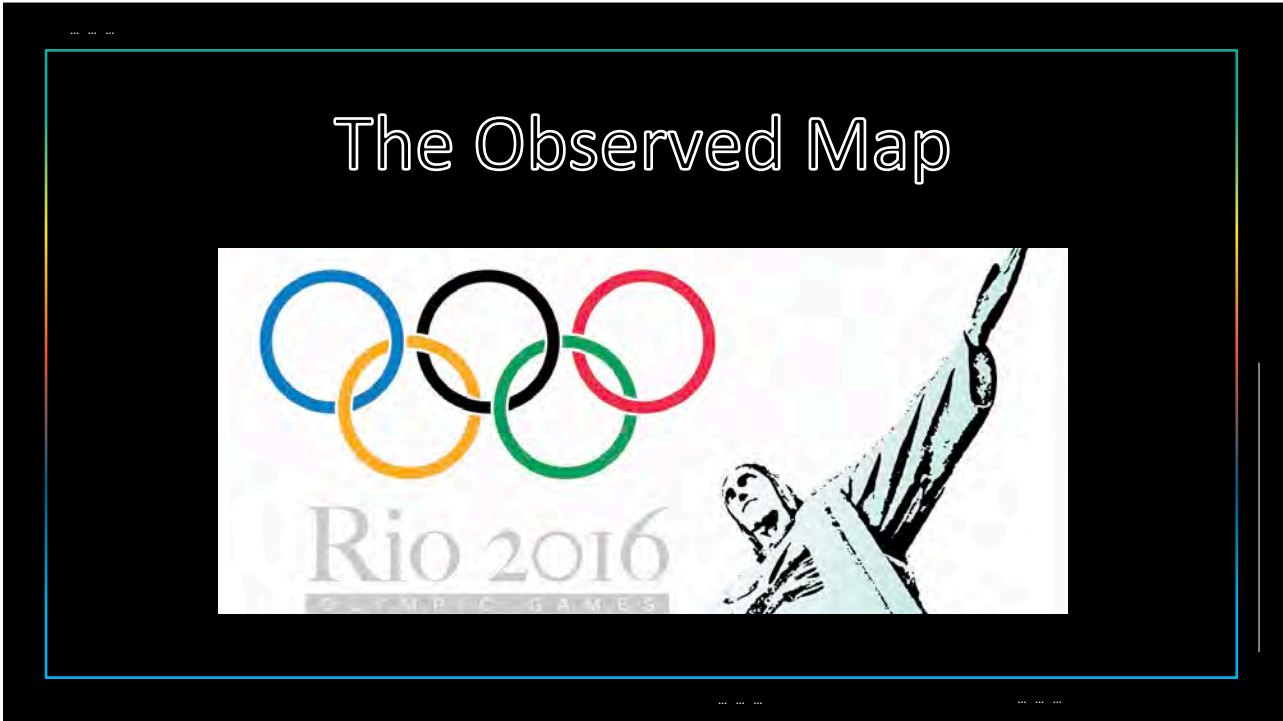


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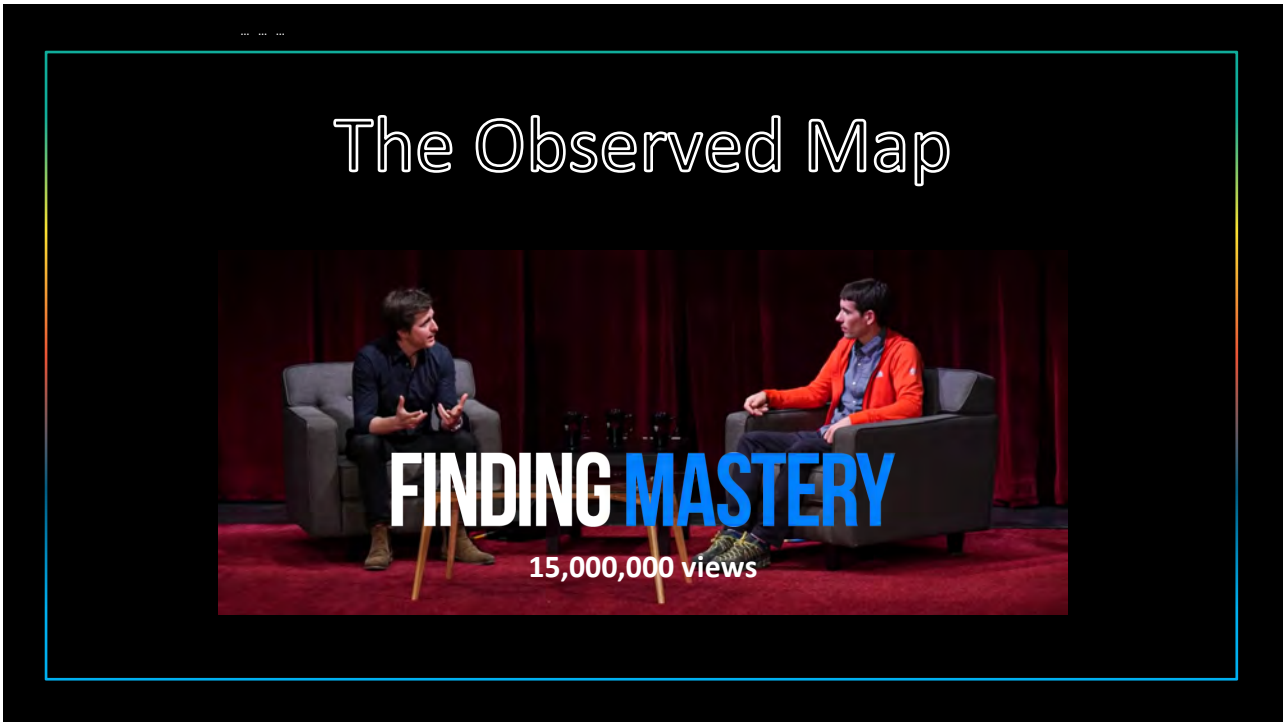


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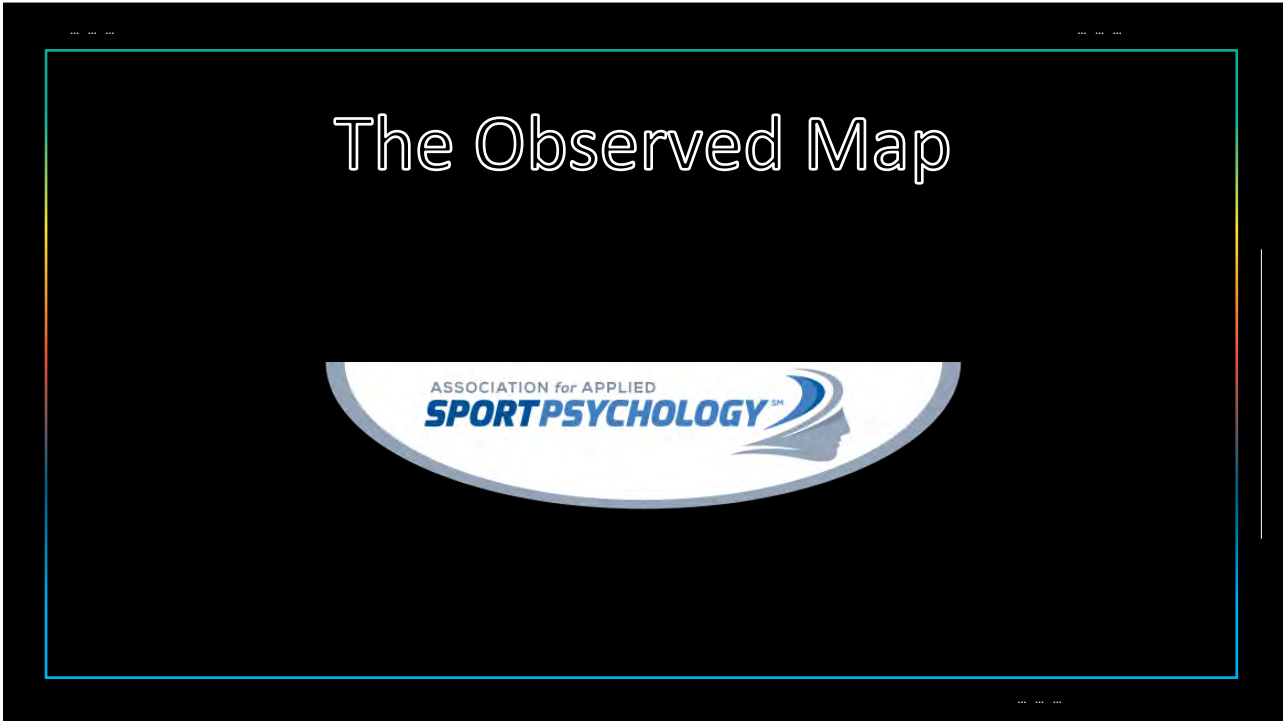




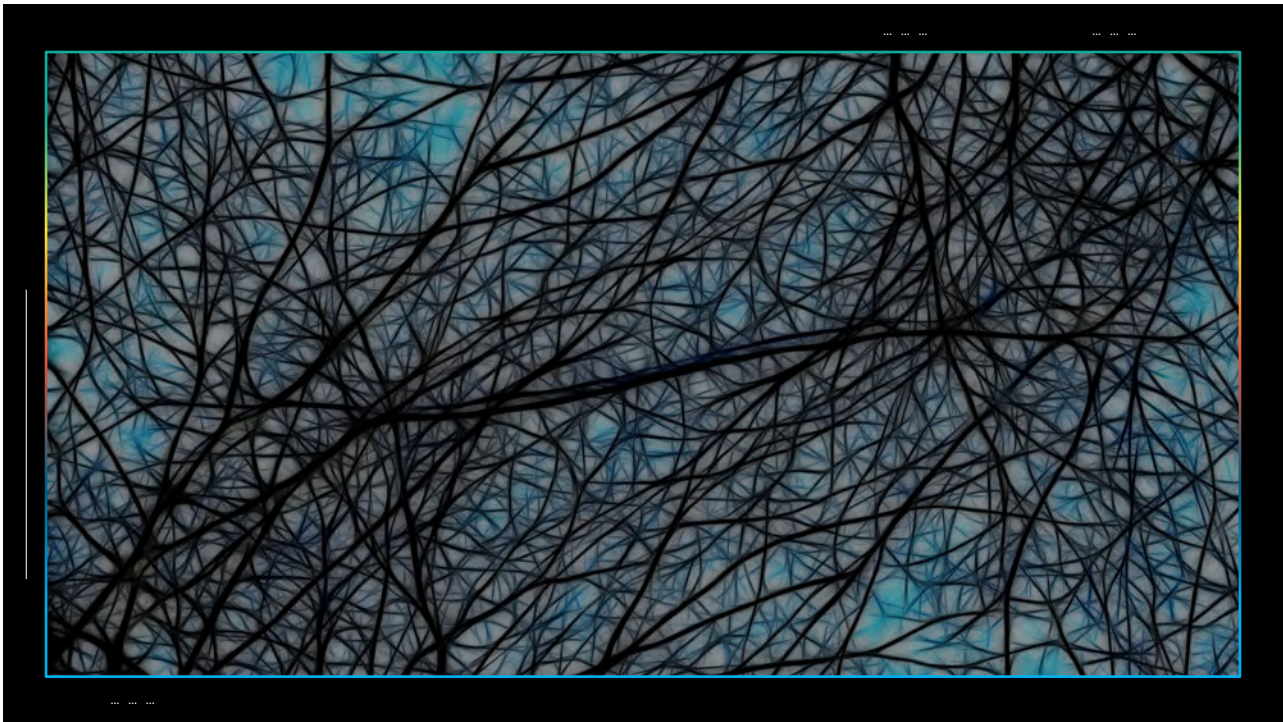
17



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# The Path Ahead

**Want Success? Try These 11 Unusual Success Hacks**

- 3 Ways to Become an Olympian
- How to get a bikini body in just TWO days  
Yes girls, you do still have time to shape up for the beach.
- 100 Incredible Life Hacks That Make Life So Much Easier
- 25 (scientific) happiness hacks

**How to Gain Muscle Without Working Out**

- Secrets To Success: 6 Tips From The Most Successful People
- Unlock your mind's hidden potential with this trick
- 8 Smart Ways to Work a Whole Lot Less

**10 Questions That Will Unlock Your Potential**


**A BEGINNER'S GUIDE TO BIOHACKING**

**Hacking Creativity: Shortcut To A Creative Mental State**

21

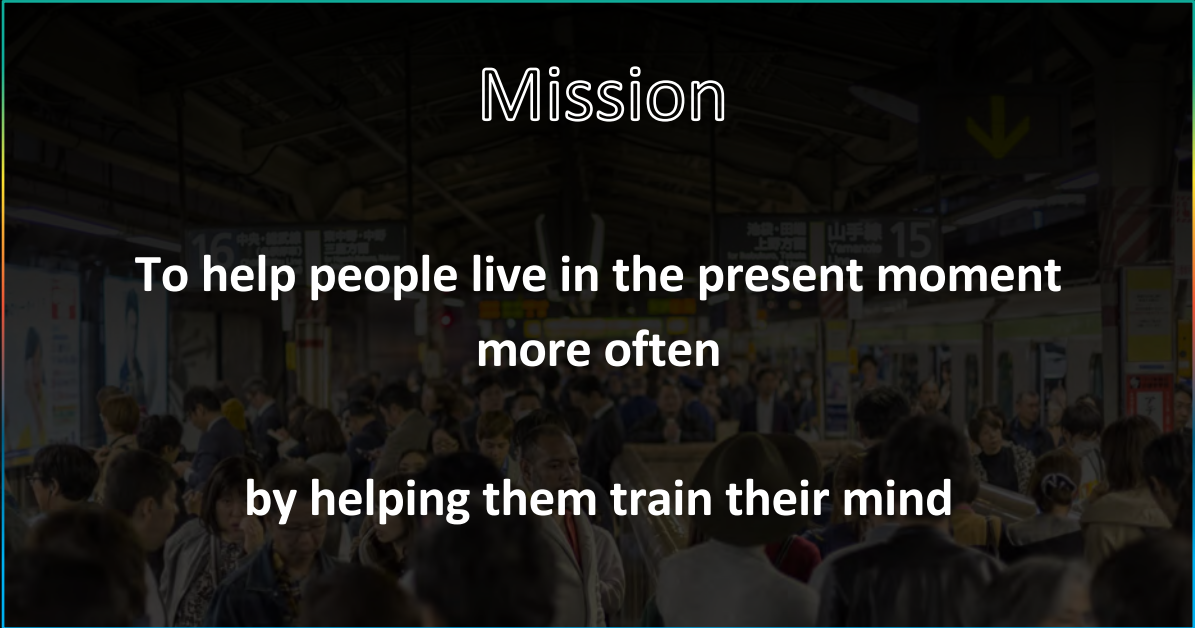
# The Internal Map

Exploring the hard questions in life



Leads to clarity of mission

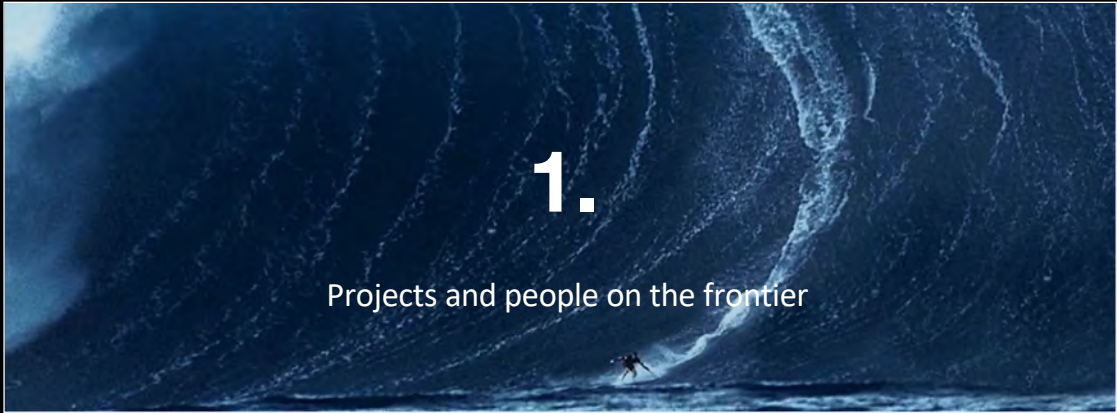
22



# Mission

To help people live in the present moment  
more often  
by helping them train their mind

23



# Working Laboratory

1.  
Projects and people on the frontier

24

# Working Laboratory

**1.**  
Projects and people on the frontier

**2.**  
Training the mind at scale

25

# Working Laboratory


**1.**  
Projects and people on the frontier

**2.**  
Training the mind at scale


**3.**  
**FINDING MASTERS**  
CONVERSATIONS WITH MICHAEL BERVARS  
Celebrate, Learn and Amplify  
LATEST PODCASTS

26


# Working Laboratory




**1.**  
Projects and  
people on the  
frontier



**2.**  
Training the  
mind at scale



**3.**  
Celebrate, Learn  
and Amplify



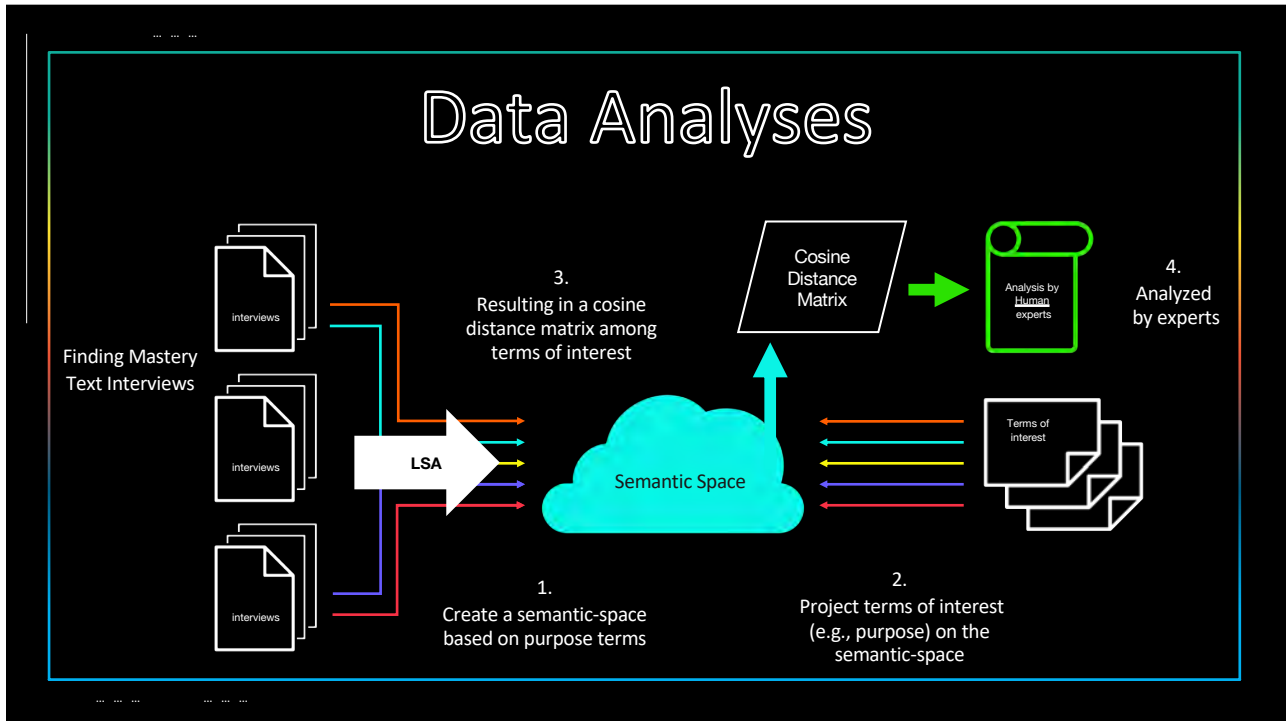
**4.**  
Research

27

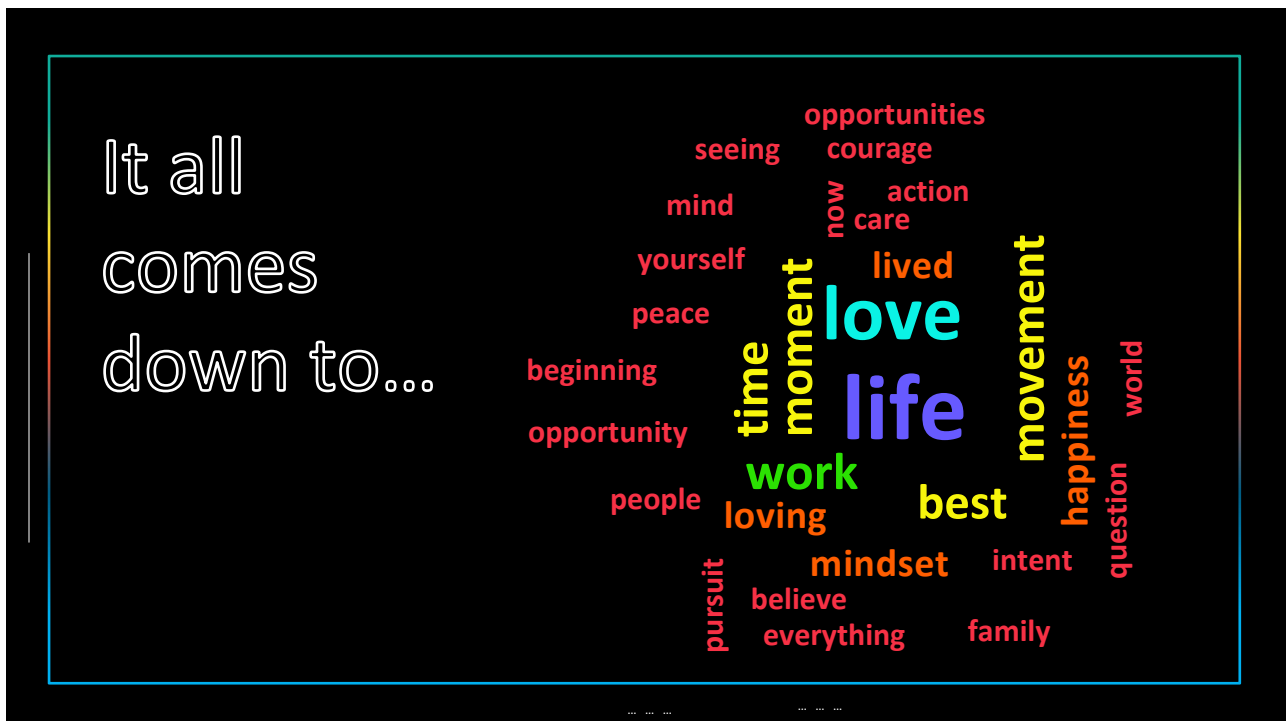
# Finding Mastery

## the path of mastery

28



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# A Deeper Dive

Personal Meaning

Bigger Than You

Actively Pursuing The Goal

Damon, Menon, Bronk, 2003 // Houlitberg, et al., 2018)

The image shows a swimmer in a pool from an overhead perspective. Three rectangular boxes with multi-colored borders are overlaid on the swimmer's arms and torso. The first box on the left contains the text 'Personal Meaning'. The middle box contains 'Bigger Than You'. The third box on the right contains 'Actively Pursuing The Goal'. The title 'A Deeper Dive' is centered at the top in a white, outlined font. At the bottom right, there is a small citation: 'Damon, Menon, Bronk, 2003 // Houlitberg, et al., 2018)'.

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# Path Analyses

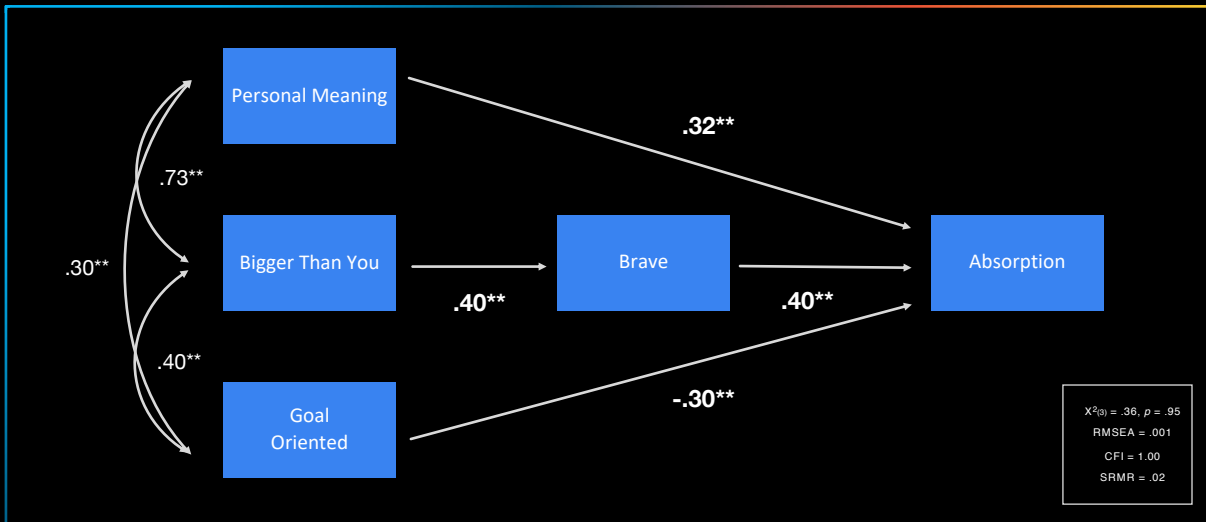
PURPOSE + BEING ABSORBED

The image shows a swimmer underwater, viewed from the side. The water is dark with many small bubbles. The title 'Path Analyses' is centered at the top in a white, outlined font. A large rectangular box with a multi-colored border is overlaid on the swimmer's body. Inside this box, the word 'PURPOSE' is on the left, a plus sign '+' is in the center, and the words 'BEING' and 'ABSORBED' are stacked on the right.

32



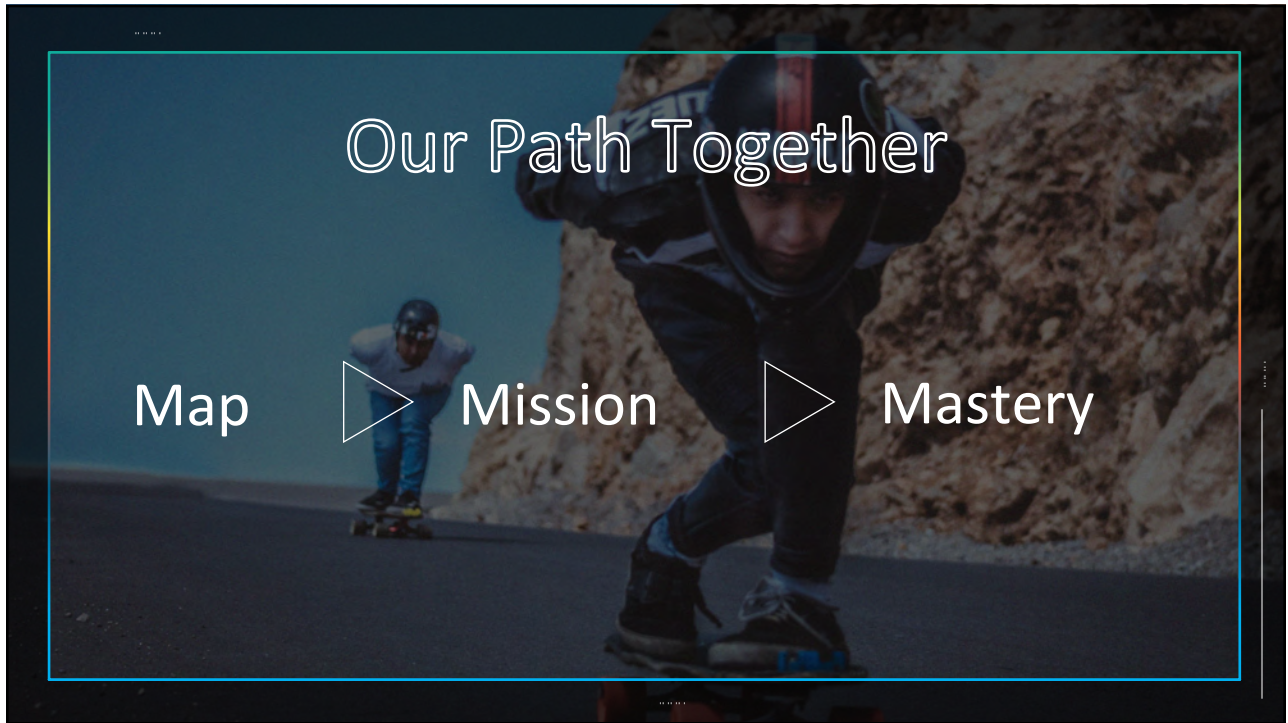
# Levels of Purpose



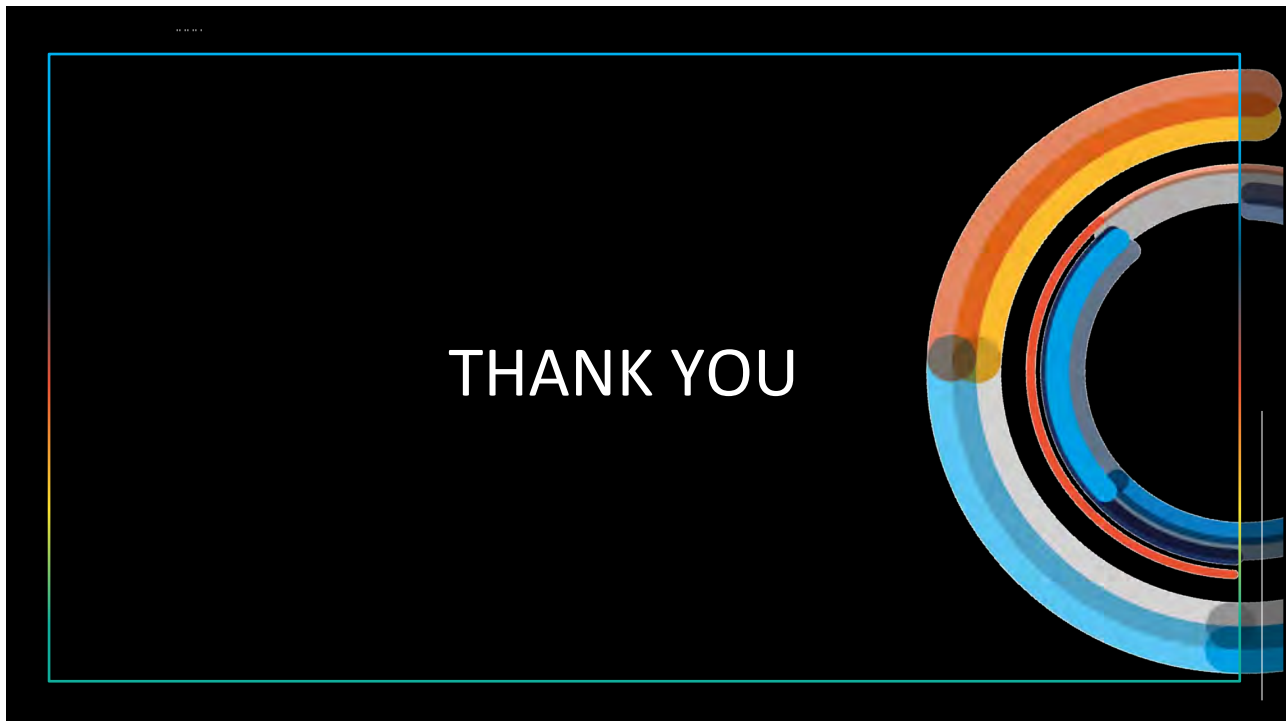
33



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35



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