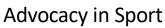
Forging Space for





Angela Hucles Mangano AASP Conference 2019 Portland, OR

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What is Sport?

Activity? Place? Exercise?

- Activity/Game
- Profession
- Culture/Society
- Place
- All of the Above

What is Sport?



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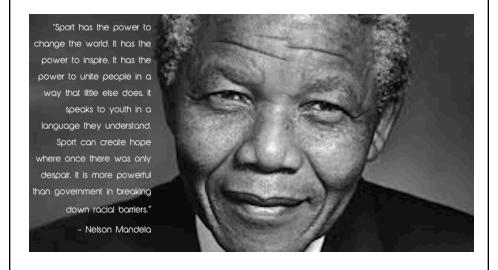
What is Sport?

What I've learned to be true is that:

Sport is

the vehicle that allows opportunities to be physically healthy, mentally strong, socially competent, and self-confident.

The Power of Sport



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Power of Sport

- Language Translator
- Therapeutic
- Life Lessons
- Empowers & Unifies
- Provides a Platform

Sport Translates Language

SPORT ALLOWS UNSPOKEN COMMUNICATION

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Sport Translates Every Language







Sport as Therapy

Research Backs Physical & Mental Health of Sports

Safe Space

Vulnerability & Strength

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Life Lessons

- Different ways of learning
- Individual growth and lessons
- Group and team lessons
- Skill development in safe spaces

Goal setting Work ethic Time management

Self-efficacy Overcoming adversity Moving Past Defeat

Self-awareness Different personalities How to Trust

Confidence Leadership

Empowerment Through Sport





Empowers
Individuals
&
Unifies
Groups

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SPORT IS ONE OF THE GREATEST PLATFORMS

Sport as a Platform



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Why We Must Forge Space for Advocacy...NOW

Advocacy Over the Years

Advocacy Culture

We're Awake!





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ADVOCACY OVER THE YEARS



Advocacy Culture: Equal Pay



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Advocacy Culture: Black Lives Matter



Advocacy Culture: Equal Pay



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ADVOCACY CULTURE

WE'RE AWAKE

ADVOCACY CULTURE: We're Awake



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So What Do We Need to Do?

- Allow Opportunities in Youth Development
- Spokespeople
- Be Present
- Life Cycles of Athletes



